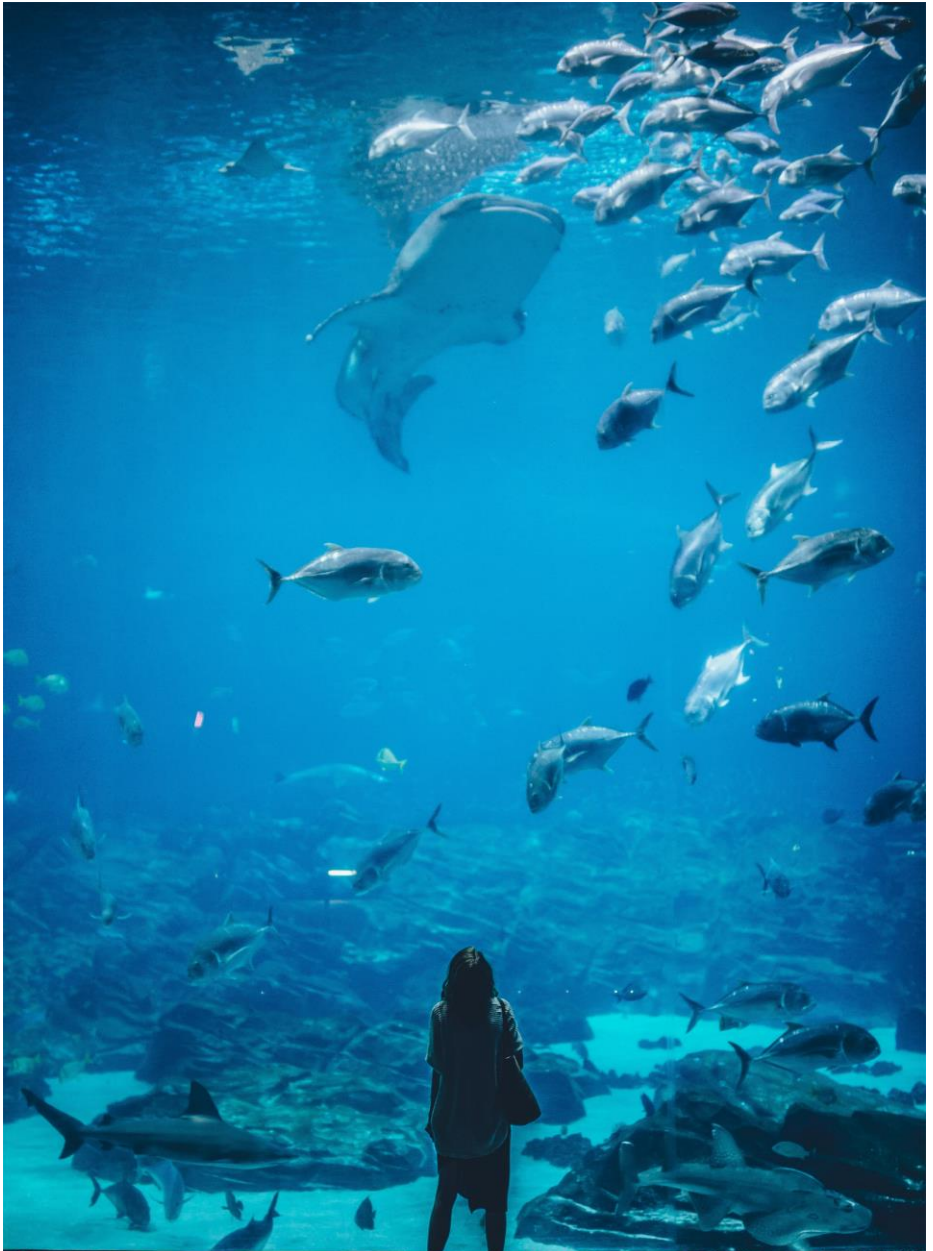




PARKWAY
UNITED CHURCH OF CHRIST



www.parkwayucc.org

September 13, 2026

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- 3 Birthdays and Anniversaries
- 4 10:00am Worship
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- 19 Prayer List

Limitless Love | Courageous Action | Spirited Inquiry

Purpose Statement

Parkway United Church of Christ strives to be an inclusive community embracing: spiritual nourishment, open-minded inquiry, courageous action, and interfaith partnerships to fulfill God's calling to create a just world for all.

Congregational Statement

Parkway United Church of Christ, with God's grace, seeks to be a congregation that includes all persons, regardless of race, ethnic, or socio—economic background while respecting differences of gender, marital status, age, sexual orientation, and mental and physical ability. We aspire to act justly, to love mercy, and to walk humbly with our God. We invite all to share in the life and leadership, ministry, fellowship, worship, sacraments, responsibilities and blessings of participation in our open and affirming congregation.

PARKWAY UNITED CHURCH of CHRIST

2841 North Ballas Road | St. Louis, MO 63131 | 314-872-9330 [p] | 314-872-9014 [fax]
parkwayucc.org | contact@parkwayucc.org

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Joyce Ruiz, *Alzheimer's Assn Faith Outreach Ambassador* [JoyceRuiz7@gmail.com]

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Deb Reinhardt, *LGBTQ+ Faith Alliance* [lgbtfaithalliance@aol.com]

John Nourse, *Pastor Emeritus*

Welcome to Parkway

Thank you for joining us this morning! If you are with us virtually, please let us know you are here by commenting in the chat or sending an email.

Welcome Children We invite children to full participation in worship. We also have activity bags for young children to use while they are here.

Bell Rung During Lord's Prayer A tradition begun when farmers working in surrounding fields would stop their work and join in prayer.

Worship Serving Today

Scripture Reader is Andy Lowenthal.

Flowers given by Barb Harris in honor of Marge Ibanez.

Treats provided by Gabriel and Shaine Requadt.

Our Prayer Chaplain this morning is Lynn Mark.



If you would like to volunteer for any of these serving opportunities or join the corresponding group, please scan the QR code and click on the **Serving Opportunities Calendar**. Thanks!

Subscribe to our email lists Sign up at www.parkwayucc.org

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Mental Health Support

988 (new nationwide 3-digit number similar to 911... call or text)

24/7 Crisis Hotline 800-273-8255 (TALK) | 800-SUICIDE: 800-784-2433

24/7 Missouri Department of Mental Health 800-811-4760

Text 741741 and someone will text right back...www.crisistextline.org

Behavioral Health Network of Greater St Louis 314-449-6713

The numbers below are called Warmlines (not Hotlines).

They are peer run by people with lived experience.

Not all of them are 24/7/365

Teen Warm Line: 1 800-248-8336

Black Warm Line: 1-800-604-5841 (They are divested from the police)

Trans Warm Line: 1-877-565-8860

Project Return Warm Line: 1-800-448-9777 (run away)

Learn more about warm lines: <https://warmline.org/warmdir.html>

Birthdays

9/13 Mark Sableman

9/15 Barb Harris

9/17 Joy Watkins-Enriquez

9/17 Pam Walker

9/19 Killian Lawson

9/19 Ben McDougall

9/19 Suzie Schulenburg

Anniversary

9/18 Kim & Dan Weas

9/18 Karla & Pete Shelton

16th Sunday *after* Pentecost

Sunday, September 13, 2026 | 10:00am | Sanctuary & YouTube Live
When you see the (*), please rise in body or spirit - depending on your comfort.

Prelude Variations on *O Waly Waly* arranged by Thomas Fielding

Welcome Let us know you are here!

Meditation We must not become what we are fighting. ~Valarie Kaur

Passing the Peace of Christ

“May the peace of Christ be with you.”

(We are intentional about bringing more peace into the world.)

Lighting of the Candles & Ringing of the Bell

Welcome Song *Awesome God*



Scripture Matthew 8:21b-35 | New Revised Standard Version Updated

And when Jesus got into the boat, his disciples followed him. A windstorm suddenly arose on the sea, so great that the boat was being swamped by the waves, but he was asleep. And they went and woke him up, saying, “Lord, save us! We are perishing!” And he said to them, “Why are you afraid, you of little faith?” Then he got up and rebuked the winds and the sea, and there was a dead calm. They were amazed, saying, “What sort of man is this, that even the winds and the sea obey him?”

When he came to the other side, to the region of the Gadarenes, two men possessed by demons came out of the tombs and met him. They were so fierce that no one could pass that way. Suddenly they shouted, “What have you to do with us, Son of God? Have you come here to torment us before the time?”

Now a large herd of swine was feeding at some distance from them. The demons begged him, “If you cast us out, send us into the herd of swine.” And he said to them, “Go!” So they came out and entered the swine, and suddenly, the whole herd stampeded down the steep bank into the sea and drowned in the water. The swineherds ran off, and, going into the town, they told the whole story about what had happened to the men possessed by demons. Then the whole town came out to meet Jesus, and when they saw him they begged him to leave their region.

*Call to Worship

One: We gather as people who long to be free - free from fear, oppression, violence, and all that diminishes life.

Many: We remember our God who leads people out of bondage and toward freedom.

One: We acknowledge that even our longing for justice can sometimes become entangled with our desire for revenge.

Many: We listen for Jesus, who speaks of mercy and forgiveness, yet never asks us to call evil good or harm acceptable.

One: We want to embody a grace that is neither naïve nor cheap.

Many: We seek courage to name what is wrong, wisdom to seek accountability, and grace enough to refuse the cycle of hatred.

One: We make ourselves available to the Holy Spirit who leads us toward a freedom that makes room for life - for all.

All: Let us worship our God together - Creator, Christ and Spirit.

*Song Lord, Speak to Me | #426 Red Hymnal

1. Lord, speak to me, that I may speak, in liv - ing
2. O lead me, Lord, that I may lead, the wan - d'ring
3. O teach me, Lord, that I may lead, the pre - cious
4. If I should find the fall of one, a source of

e - choes of thy tone; As thou hast sought, so let me
and the wa - v'ring feet; O feed me, Lord, that I may
things thou dost im - part; And wing my words, that they may
pride, a vic - t'ry won, make soft my heart, when their tears

seek, then err - ing chil - dren lost and lone.
feed thy hun - g'ring ones with man - na sweet.
reach, the hid - den depths of man - ny a heart.
fall, what's done to one, is done to all.

*Opening Prayer

Holy One, you are the God of liberation, the God who hears the cry of those who suffer and leads your people toward freedom. Yet we know that our hearts are complicated. We can celebrate our own deliverance while secretly hoping that those who harmed us will suffer. Meet us in that complicated place. Teach us the difference between justice and revenge, between forgiveness and forgetting, between mercy and cheap grace. Give us a faith strong enough to withstand hard questions and compassionate enough to keep seeking one another's humanity. May we follow Jesus toward a mercy that does not deny harm, but breaks the cycle that allows harm to keep multiplying. Amen.

*Response *Spirit of the Living God*

Spirit of the living God fall afresh on me;

Spirit of the living God fall afresh on me.

Melt me, mold me, fill me, use me!

Spirit of the living God fall afresh on me.

Spirit of the living God move among us all;

Spirit of the living God make us one in love;

humble, caring, selfless, sharing.

Spirit of the living God fill our lives with love!

Children's Time For children under the age of 3, parents are invited to take them to Room 06 (upper level) where one of our teachers will meet them at the door. Children and youth will gather in Room 13 (lower level) for the Opening Session. Children from age 3 to 2nd grade will then go to Room 12, children from 3rd to 5th grade will stay in Room 13, and youth from 6th to 12th grade will go to Room 15. For children in Room 06, parents please pick them up after worship. Children and youth from age 3 thru high school can be met in the Gathering Space just outside the Sanctuary after worship, as the teachers will bring them back upstairs after class.

Blessing the Children *Jesus Loves the Little Children*

Je - sus loves the lit-tle chil - dren; all the chil-dren of the
world. e - v'ry child in e - v'ry land, Je - sus
holds them by the hand. Je - sus loves the lit - tle chil - dren of the
world.

Scripture Exodus 14:19-31 | Common English Bible (CEB)

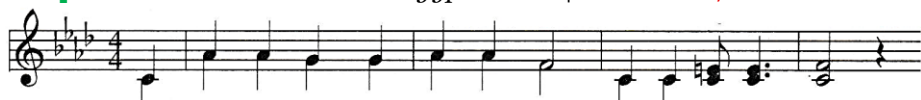
God's messenger, who had been in front of Israel's camp, moved and went behind them. The column of cloud moved from the front and took its place behind them. It stood between Egypt's camp and Israel's camp. The cloud remained there, and when darkness fell it lit up the night. They didn't come near each other all night.

Then Moses stretched out his hand over the sea. The Lord pushed the sea back by a strong east wind all night, turning the sea into dry land. The waters were split into two. The Israelites walked into the sea on dry ground. The waters formed a wall for them on their right hand and on their left. The Egyptians chased them and went into the sea after them, all of Pharaoh's horses, chariots, and cavalry. As morning approached, the Lord looked down on the Egyptian camp from the column of lightning and cloud and threw the Egyptian camp into a panic. The Lord jammed their chariot wheels so that they wouldn't turn easily. The Egyptians said, "Let's get away from the Israelites, because the Lord is fighting for them against Egypt!"

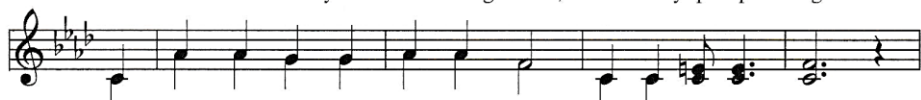
Then the Lord said to Moses, "Stretch out your hand over the sea so that the water comes back and covers the Egyptians, their chariots, and their cavalry." So Moses stretched out his hand over the sea. At daybreak, the sea returned to its normal depth. The Egyptians were driving toward it, and the Lord tossed the Egyptians into the sea. The waters returned and covered the chariots and the cavalry, Pharaoh's entire army that had followed them into the sea. Not one of them remained. The Israelites, however, walked on dry ground through the sea. The waters formed a wall for them on their right hand and on their left.

The Lord rescued Israel from the Egyptians that day. Israel saw the Egyptians dead on the seashore. Israel saw the amazing power of the Lord against the Egyptians. The people were in awe of the Lord, and they believed in the Lord and in this servant Moses.

Response *When Israel Was in Egypt's Land* | #334 Red Hymnal



1. When Is - rael was in E - gypt's land, Let my peo-ple go!
2. "Thus saith the Lord," bold Mo - ses said: Let my peo-ple go!
3. "No more shall they in bond-age toil," Let my peo-ple go!



Op - pressed so hard they could not stand, Let my peo-ple go!
"If not, I'll smite your first-born dead," Let my peo-ple go!
"Let them come out with E - gypt's spoil," Let my peo-ple go!



Go down, Mo - ses, Way down in E - gypt's land,



Tell old Phar - aoh, Let my peo-ple go!

Scripture Exodus 15:1b-11, 20-21 | Common English Bible (CEB)

Then Moses and the Israelites sang this song to the Lord:

I will sing to the Lord, for an overflowing victory!

Horse and rider God threw into the sea!

The Lord is my strength and my power;

and has become my salvation.

This is my God, whom I will praise,

the God of my ancestors, whom I will acclaim.

The Lord is a warrior;

the Lord is God's name.

Pharaoh's chariots and his army he hurled into the sea;

his elite captains were sunk in the Reed Sea

The deep sea covered them;

they sank into the deep waters like a stone.

Your strong hand, Lord, is dominant in power;

your strong hand, Lord, shatters the enemy!

With your great surge you overthrow your opponents;

you send out your hot anger; it burns them up like straw.

With the breath of your nostrils the waters swelled up,

the floods surged up in a great wave;

the deep waters foamed in the depths of the sea.

The enemy said, "I'll pursue, I'll overtake,
 I'll divide the spoils of war.
 I'll be overfilled with them.
 I'll draw my sword; my hand will destroy them."
 You blew with your wind; the sea covered over them.
 They sank like lead in the towering waters.
 Who is like you among the gods, Lord?
 Who is like you, foremost in holiness,
 worthy of highest praise, doing awesome deeds?

Moment of Silent Reflection

Sermon

Commissioning of Our WISE Team

Welcoming, Inclusive, Supportive, Engaged

<https://www.mhn-ucc.org/becoming-wise/>

A Time of Prayer *There's a Wideness in God's Mercy* | #298 *Red Hymnal*



1. There's a wide-ness in God's mer - cy, Like the wide-ness of the sea;
2. For the love of God is broad-er Than the mea-sures of the mind;



There's a kind-ness in God's jus-tice, Which is more than lib - er - ty.
 And the heart of the E - ter-nal Is most won - der - ful - ly kind.



There is no place where earth's sor-rows Are more felt than up in heaven;
 If our love were but more faith-ful, We would glad-ly trust God's Word;



There is no place where earth's fail-ings Have such kind-ly judg - ment given.
 And our lives re - flect thanks-giv-ing For the good-ness of our Lord.

Pastoral Prayer & Prayers of the People, Lord's Prayer

Our [Creator/Mother/Father/Holy One] **who art in Heaven, hallowed be thy name. Thy kingdom come, thy will be done on Earth as it is in Heaven. Give us this day our daily bread; and forgive us our debts as we forgive our debtors; and lead us not into temptation but deliver us from evil. For thine is the Kingdom and the power and the glory forever. Amen.**

[A variety of names for God are welcome here – including in the Lord's Prayer.]

Stewardship Moment Planting Seeds

Offering Our Gifts to God



If you have an offering today, please place it in the plate on the stand next to the communion table before the end of the closing hymn. There are offering plates in the Gathering Space outside the sanctuary too. Thank you for your generosity.

www.parkwayucc.org/giving

Offering Interlude *Forgive Our Sins, as We Forgive*

Text by: Rosamond E. Herklot

Music: Jessie Seymore Irvine, Crimond

Arranged by Aria Thomé

*Response *Make Me a Servant* | #2176 *Blue Songbook*

Musical notation for the song 'Make Me a Servant' in 3/4 time, key of D major. The melody is written on a single staff with a treble clef. The lyrics are: 'Make me a ser-vant, hum-ble and meek, Lord, let me lift up those who are weak. And may the prayer of my heart al-ways be: Make me a ser-vant, make me a ser-vant, make me a ser-vant to-day.' The notation includes various note values (quarter, eighth, and half notes) and rests, with a final double bar line at the end of the phrase 'to-day'.

*Prayer of Dedication

Holy One, receive these gifts as signs of our desire to join your work of liberation. Use them to free the burdened, restore what is broken, protect the vulnerable, and build communities where justice and compassion belong together.

Give us the harder gifts, too: courage to confront what is wrong, humility to examine our own hearts, and wisdom to know that forgiveness is not the same as excusing harm.

When our faith raises difficult questions, keep us from easy answers. Make our faith sturdy enough for scrutiny, honest enough to admit what we do not understand, and generous enough to choose life over revenge.

May what we offer help create a world where fewer people are driven into the sea in the first place. Amen.

***Song of Parting** *Where Cross the Crowded Ways of Life* | #408 v1,4-6 Red Hymnal



1. Where cross the crowd - ed ways of life, Where sound the
2. In haunts of wretch - ed - ness and need, On shad - owed
3. From ten - der child - hood's help - less - ness, From hu - man
4. The cup of wa - ter given for Thee Still holds the



cries of race and clan, A - bove the noise of
thresh - olds fraught with fears, From paths where hide the
grief and bur - dened toil, From fam - ished souls, from
fresh - ness of Thy grace; Yet long these mul - ti -



self - ish strife, We hear Thy voice, O Son of Man.
lures of greed, We catch the vi - sion of Thy tears.
sor - row's stress, Thy heart has nev - er known re - coil.
tudes to see The sweet com - pas - sion of Thy face.

5. O Master, from the mountainside,
Make haste to heal these hearts of pain;
Among these restless throngs abide,
O tread the city's streets again;
6. Till all the world shall learn Thy love,
And follow where Thy feet have trod;
Till glorious from Thy heaven above
Shall come the city of our God.

***Benediction**

***God's Light Goes Forth**

***Music for Going Forth** *Germany, from Gardiner's Sacred Melodies*

Arranged by Samuel Metzger

Announcements

Please use the form at www.parkwayucc.org/communications for all announcements for our media. Bulletin and eNews deadline: noon Monday.

Our Communications Team is very active and is exploring all kinds of avenues. Please subscribe to our YouTube Channel today. Our YouTube Channel is [@parkwayuccstl](#). There is a subscribe button under the main heading and brief description of our church. Thank you! Questions? Please contact barbharris@charter.net or cynthianouri@gmail.com

Planting Seeds Initiative

Hopefully, you have had a chance to review the materials for this initiative on contributing to Parkway's future. Materials about all of this are in the Gathering Space.

Questions: See Mark Sableman, Kris Impastato, or Sally Dodge at msableman@att.net, kristina.impastato@gmail.com, s.dodge@hotmail.com

Speaker Series Occasional opportunities after worship at 11:15am

“The Eads Bridge, a Revolution in American Bridge Building,” by Chris Naffziger.

TODAY | 11:15am | Heritage Room

Chris Naffziger is an historian of the built environment in St. Louis. His background is in Italian Renaissance and Baroque art. He has worked in various museums including the National Gallery of Art and the Saint Louis Art Museum. He currently writes for his blog *St. Louis Patina* and *St. Louis Magazine*. He gave a lecture last year here at Parkway UCC. The Eads Bridge is one of the most recognizable landmarks in St. Louis and one of the oldest spans across the Mississippi River. But its story also figures into the broader architectural and engineering trends that were developing throughout the world. In this lecture, Chris will explain how the Eads Bridge revolutionized bridge building in America, while transforming the city of St. Louis at the same time.

“Making a Home: Art, Design, and the Life You Choose,” by Renee Flanders.

Sunday, September 20 | 11:15am | Heritage Room

This is our second “This Old House” speakers series program. Our speaker, local artist Renee Flanders, tells the story of transforming a neglected house into a personal sanctuary through art, design, and an openness to possibility. Illustrated with renovation images and personal narrative.

Ms. Flanders is an artist and interior designer whose work emphasizes authenticity and thoughtful design. Her approach reflects a belief that beauty, when taken seriously, can shape how we live and experience our homes.

All programs are held in the Heritage Room, following worship and ending around 12:15pm. Grab a cup of coffee and a pastry and join us.

Questions or suggestions for a program? Richard Scherrer at 90fivetpr@gmail.com

Shaw Neighbors for Neighbors: Supporting Immigrant Families

TODAY | 2-4pm | 4200 Blaine Ave, St. Louis

Join MaTovu for an afternoon of live music, community, and solidarity at a benefit concert supporting our immigrant neighbors.

Enjoy performances by:

- Greenwood Trio
- Wild Mountain Thyme Machine with Lukas Simpson

Every dollar raised will be donated to Abide in Love STL, a local organization that supports detained immigrants and their loved ones. Snacks and drinks will be available by donation throughout the afternoon. Silent auction featuring your favorite local visual artists.

Tickets are available on a sliding scale from \$20-\$40, or you can make an additional donation through the QR code. For more info, contact Dawn Jones-Goldstein dawn.michelle.jones@gmail.com



Every Child's Hope Golf Classic – September 14

ECH's annual Golf Classic is one of their signature fundraising events. While they have enough volunteers for the day-of, they need support in sharing the information for in-kind donations and sponsorships

Thank you for the countless ways you support Every Child's Hope. They look forward to meeting many of you soon and working together throughout the year. If you ever have questions or would like to get more involved, please don't hesitate to reach out.

For more info, reach out to Ashley Milam aviehmnn@gmail.com

Come Join with TAD for the book discussion on Atmosphere

1st & 3rd Tuesday | 1:45pm fellowship | 2:00-3:00pm discussion

Zoom Link (312) 626-6799; Meeting ID: 898 7822 0593; Passcode: 393204

Please join us on **Tuesday, September 15**, for fellowship, learning, and fun with TAD as we continue our discussion of Atmosphere by Taylor Jenkins Reid, starting at Summer 1983 (page 222 - end). Atmosphere is an epic novel set against the backdrop of the 1980s space shuttle program, about the extraordinary lengths we go to live and love beyond our limits. An ambitious young woman named Joan Goodwin is content with her life as a professor of physics and astronomy until she comes across an ad seeking the first women scientists to join NASA's space shuttle program. Joan is selected for the program, and through her experiences begins to question everything she thinks she knows about her place in the observable universe.

We'd love to have you join us on Zoom on September 15! Feel free to stop in at 1:45pm for fellowship before the book discussion starts. For more info, reach out to Jackie Eiffert jeiffert2@gmail.com

Ordination Service for Gabriel Requadt!

You are cordially invited to the Ordination Service of Gabriel Requadt next **Sunday, September 20, at 3pm**, here at Parkway UCC. All are welcome! Gabriel has accepted a position as the Senior Minister at Immanuel UCC in Sedalia, MO. There will be a reception afterwards. For any questions, or if you'd like to help, please reach out to Gabriel or Carol Cobb gabriel@parkwayucc.org or ccjcobb@aol.com

Fall Friendship Dinners Signup

It's time once again to schedule our Fall Friendship Dinners. You can sign up to be both a host and a guest, or just sign up to be a host or a guest. Please also indicate if you are interested in a kids included family-friendly potluck event to be held at the church. There is a sign-up poster on the bulletin board or you can sign up using this QR code. Please provide your contact information; hosts need to indicate how many guests they can accommodate. The deadline to sign up is **Sunday, September 20**. The Friendship Dinner Committee will meet to organize the groups. Dinners are being planned for September, October, or November. IDEAS: host a potluck dinner, meet at a restaurant, or have an appetizer meal. For additional information or to sign up, please contact Kathy Burcham at kathleenburcham@sbcglobal.net



Coffee and Conversation at Panera

Monday, Sept 21 | 2pm | Panera on Manchester Rd, Des Peres by 270
Join us for a beverage and sweet treat. Come connect! No need to RSVP - just show up!

Upcoming dates:

Tuesday, Oct 20 at 2pm

Wednesday, Nov 11 at 10am

Monday, Dec 7 at 2pm

Wednesday, Jan 20, 2027 at 10am

Questions? Contact kevin@parkwayucc.org; 314-872-9330

Pen Pals Needed to Write LGBTQ Inmates in Missouri

The LGBTQ+ Faith Alliance is starting an initiative to write LGBTQ+ inmates in Missouri state prisons. The interfaith coalition, in response to news of trans inmates no longer having access to hormone replacements (HRT), this summer partnered with Black & Pink- description - an organization that advocates on behalf of incarcerated queer, trans, and HIV-positive individuals-and PROMO Missouri to write messages of encouragement. Dozens of inmates have asked for a pen pal. Learn more about becoming a pen pal to an LGBTQ+ inmate during an upcoming training, **7pm on Sept 21** by Rev. Jason Lydon, a Unitarian Universalist minister and movement leader based in the greater Chicago area. To receive the Zoom link, please RSVP to Jeanette Mott Oxford of the Prison Ministry Team at Epiphany United Church of Christ. Zer email is jmo.mott.oxford@gmail.com

Tuesday Evening Dialogue

2nd and 4th Tuesdays | 6-8pm | Heritage Room

Zoom Meeting ID: 849 4403 9731; Passcode: 792617

Please join us for our next TED session on **Tuesday, Sept 22** as we wrap up our discussion on the novel *The Measure* by Nikki Erlick. It starts with what seems to be an ordinary day, however, everyone in the world opens their front door that day to find a small wooden box. This box holds your fate inside: the answer to the exact number of years you will live. In an instant, the world is thrust into a collective fantasy. The author introduces complex characters whose decisions and lives interweave with one another. This book is described as an enchanting, uplifting and invigorating story about family, friendship, hope and destiny that encourages us to live life to the fullest. We will be discussing the last third of this book which is from page 230 Chapter Jack to end.

Please join us at 6pm for Potluck Supper followed by Book Discussion at 7pm. If you can't make it in person, please join us on Zoom.

For questions contact Helen Race at raceh@att.net

Women of Faith Supper with Interfaith Partnership STL

Thursday, Sept 24 | 6-8pm | 717 Weidman Rd, Ballwin, MO



You are invited to the Women of Faith Supper at the Mahatma Gandhi Cultural Center of Saint Louis. The 2026 supper will focus on "The Origin of and Respect for Women's Dignity," a panel discussion featuring representatives from the Hindu, Baha'i, and Ahmadiyyah Muslim traditions. The conversation will explore the historical and spiritual roots of women's dignity across these faiths, and how respect for women's roles continues to

be a shared value in interfaith dialogue. Register and learn more through the QR code.

Prayer Corner an opportunity to pray with someone

Friday, September 25 | 6:30-8:30am | New Sanctuary

Drop-in Prayer Time. Kevin will be in the Prayer Corner in the Sanctuary. Come on by if you'd like to pray together.

If you see someone else there, simply wait a bit in the Gathering Space.

Upcoming dates:

Saturday, Oct 10 from 8-10am

Tuesday, Nov 17 from 3-5pm

Monday, Dec 14 from 7-9pm

Wednesday, Jan, 2027 13 from 10am-12pm

We can arrange a phone call or Zoom for another time if you'd like.

Just reach out to kevin@parkwayucc.org; 314-872-9330

Life Line Screening Event

Friday, Sept 25 | 8am-5pm | 2841 N Ballas Rd, St. Louis, MO 63131

You're invited to a Life Line Screening event! It will be held here at PUCC. Anyone **age 40 and older** is invited to participate. Screenings are simple and painless, with special pricing of **\$129** for four kinds of screenings:

- Carotid Artery Disease
- Atrial Fibrillation
- Abdominal Aortic Aneurysm
- Peripheral Artery Disease

Appointments are required. To schedule, call **800-324-9458** and use promo code **HABCO01**, visit **LLSA.SOCIAL/HABC**, or text **"circle"** to **216-279-1607**.

Go AWOL this Fall - Adventurous Women Out Late

Come build connections with women this fall with some fun upcoming events!

- Saturday 9/26: "Little Women" at The Rep - Carpool from church at 3pm (show at 4pm). \$30. Ten tickets total. Register through QR code.
- Sunday 10/18: Harvest Festival at Tower Grove Park - Carpool after church.
- Friday 11/13: Dinner out
- Sunday 12/13: Allegro—More details to come in early November.



For more info, contact Carmen Bumgarner cfbum@charter.net

St Louis Metro CROP Hunger Walk

Sunday, September 27 | 2-3pm | 475 E Lockwood Ave, Webster Groves

The annual SL Metro CROP Hunger walk is rapidly approaching. Parkway UCC has consistently been a leading supporter of the walk which is greatly appreciated. CROP Hunger Walks are held in over 500 communities raising millions to eradicate hunger and poverty in over 35 countries. 25% of the funds raised stay locally to fight hunger and this year will be donated to Circle of Concern, Webster Rock Hill Ministries and a new organization, Growing Food Growing People. The remaining 75% supports the global mission of



Church World Service (CWS) which is used to reduce hunger, poverty, displacement and disaster. Please join us either in person or virtually to walk, give and change the world, one step at a time. Use the QR code to donate or join the Parkway UCC team. For more info, reach out to Pam Manning pmanning5078@gmail.com

Volunteers needed for The Longest Table Dinner

We're celebrating Good Neighbors Week with a community-wide dinner on **Sept 30** at Dayspring Baptist Church and we need you on our hospitality team.

Parkway United Church of Christ is partnering with our neighbor, Dayspring Baptist Church (1001 Municipal Centre Drive, Town & Country, Mo.) for The Longest Table. This free, catered dinner will be from **6:30-8pm** and we need helpers from both congregations to assist with set up, greeting, checking in, clean up, and serving as table captains. The table captain leads small table discussions of eight to ten people using a provided script.



Use the QR code to sign up to be part of our hospitality team. The event organizer soon will have an RSVP website for those interested in attending The Longest Table dinner, so stay tuned. Questions? Please contact www.stlavp.org/the-longest-table

September 2026 Alzheimer's News Another Alzheimer's blood test gets OK from the FDA

The US Food and Drug Administration has cleared Roche and partner Eli Lilly's blood test to help identify signs of Alzheimer's disease in people age 55 and older with cognitive decline.

The test, Elecsys pTau217, is a biomarker blood test that can help doctors identify patients who are likely or unlikely to have Alzheimer's related brain changes, Roche said, August 24, 2026.

The FDA clearance follows European approval for the test in May.

Labcorp and Quest Diagnostics have said they plan to offer the test through their laboratory networks, potentially expanding availability.

Elecsys pTau217 is not intended to be used as a standalone diagnostic test, and results should be interpreted alongside other clinical information, Roche said.

Just like when a doctor orders a cholesterol test, do they ever order only 1 test? No – they order a panel of tests and that is the strategy now to minimize confusion and improve clinical diagnostic and risk prediction accuracy.” Said Alzheimer’s prevention researcher Dr. Richard Isaacson, director of research at the Institute for Neurodegenerative Diseases in Florida.

For more details on current and future Alzheimer's research, visit **alz.org/Research**. You can learn more by going to **www.alz.org/help-support/resources** or the Alzheimer's Helpline which is accessible 24/7 via 800-272-3900 and staffed by master's level clinicians to assist with crisis situations, decision making, and disease information. Tools and support are also available in Spanish.

Want to learn more about the Alzheimer's Association and what they do here in St. Louis? Visit **www.alz.org** and/or contact PUCC's Faith Outreach Ambassador with the Alzheimer's Association, Joyce Ruiz at **joyceruiz7@gmail.com**

And remember, the Walk To End Alzheimer's is **October 31** at the Chesterfield Amphitheater. Please register on-line at **www.alz.org**. And join the Parkway UCC team.

Parkway Cooks Swing into Action

As you may remember, after the May 2025 Tornado, many St. Louis residents in North St. Louis were made homeless. A group called 314 Oasis was formed through grants to help citizens with home repair advice, housing, and food. A group of Parkway UCC members volunteered to assist with some lunches for forty clients this fall. Including Linda Tossing, Kris McKenzie, Deborah Reinhardt, Diane Brost, Harold Cobb and myself. Our first day to provide a meal is **October 9**. We will gather at 9:30am in the Parkway kitchen to assemble some hearty sandwiches, sides, fruit, and, of course, brownies from our own Sweet Bakers.

Please feel free to join us in the assembly line of making sandwiches, slicing tomatoes, and putting lunches together in brown paper bags. A group will head down to their offices on Delmar to help serve around 10:50am. If you wish to help, we will need a case of bottled water, 40 bananas, 40 apples, 48 case assortment of chips. If you can assist with any of these donations, please contact Carol Cobb **ccjcobb@aol.com**. We have some donations from Parkway members, but appreciate additional help. Other lunch prep days include Nov 13 and possibly Dec 11.

WISE: A United Church of Christ Ministry

Our church is looking at the possibility of becoming a WISE church as set forth by our UCC (WISE = Welcoming, Inclusive, Supportive, Engaged)

Our team will be reaching out to you with opportunities to participate in this journey. More to come!

Thanks! Questions? Contact **kevin@parkwayucc.org**

Habitat for Humanity We Need Your Help

Habitat St. Louis has committed to the construction of 40 adjacent to the tornado affected area of St. Louis. We need finances to do these jobs and people to come and build them. We need managers to lead. Experience is not necessary. Habitat will find a job for you and train you to do it if needed. Be part of Parkway's long and productive history with Habitat for Humanity St. Louis. For more info on how you can help, contact Tom McKenzie **mckenzie1947@att.net** or go to **https://www.habitatstl.org/**

Prayer List

Wednesday, September 9, 2026

Celebrations

Gabriel Requadt - called to be pastor at Immanuel UCC, Sedalia, MO;
Ordination here at 3pm on September 20 – all are invited!

Concerns

Evelyn Buretta - healing after fall and multiple broken bones in AZ.

Acacia Health Ctr at Sagewood; 4555 Mayo Blvd; Phoenix AZ 85050

John/Joyce Ruiz Family - mourning his oldest brother who just died.

Barb Harris and friends as they grieve and give thanks for Marge.

Jean Mueller - healing after eye surgery.

Bedo Family - dealing with multiple losses/griefs (Yakel).

The floods in Nepal and Tibet - grief, recovery, healing, hope.

Ongoing chaos in the Middle East, Ukraine and Russia.

US military and families - **Sera Watkins** and **Anthony Williams**.

25th Anniversary of the 9/11 Tragedies.

Continuing

Alex Wiseman - living with autoimmune challenges.

Lori Connors - ongoing health concerns and challenges.

Cindy and Ralf Wessel and family - grief.

Carole Gwyn - ongoing health issues (David's mother).

Vicki Boehmer - healing after recent heart surgery (McMillon).

Judy Brueggemann - continuing health challenges (Brad's mother).

Jonathan - healing after head trauma during mission in Iran (Beck).

Regina Santos Avila - that she feels love and light (Wagner-Muns).

Lorraine and Dick Lewis - healing, strength, stamina (Litzinger).

Kari Ward - recovering from surgery (Litzinger).

Thiemann family - grieving/celebrating Bob; Sharon's cancer care.

John "Pink" Floyd and family - as he receives cancer treatments.

Bob & Jan - health, wholeness, peace, joy (Laura Waite's grandparents).

Laura Gywauli - living with acute myeloma leukemia (Reinhardt).

Randy Cosby - healing as multiple myeloma has returned (Reinhardt).

Jeff Wentworth - nearing the end of his life; hospice care (Grove).

Derek - end stage alcoholism; grace for his father David (Akers).

Rebecca - continued healing after brain surgery (Bowermaster).

Phil & Amy, daughter B - loving one another thru his cancer journey.

Mark McKenzie - for healing, clarity, refreshment (Tom's brother).

Emi - 5 year-old with Children's Hospital for chemo (McConnell).

Kenton & Teal Blacksten - K's many health challenges due to diabetes

John & Nancy Tallyn - his heart condition; her recurring leukemia.

Renee Pellegrino & family - as she deals with multiple health issues.

Danny Venverlo - awaiting a kidney transplant (McDougall).

Haack's doctor and his wife Christine - her ongoing health crisis.

Rebecca Ray - that her book on suicide prevention will be published.

Bill & Nancy Darland - his ongoing health issues.

Gail, Bill and Christopher Haack - chronic health challenges.

Home-Centered/Care Facility/Rehab Center

Lewis Junior Burcham - *Liberty Village*, 6955 State Route 162, Room 302B, Maryville, IL 62062; 618-900-3624 [birthday, January 15]

John Nourse *The Village at Cape Albeon*; 3300 Lake Bend Dr, #166; Valley Park, MO 63088 [birthdate: October 26]

Pat Owens - *Mason Pointe* - 13190 South Outer Forty Rd, #2303; Town and Country, MO 63017; 314-323-7194 [birthdate: February 18]

Ruth Peace - 3723 Hickory House Lane; StL, MO 63125; 557-243-5699; meadletter222@gmail.com [birthdate: August 8]

Naomi Runtz - 272 N Lindbergh Blvd; StL MO 63141; 314-993-0469 naomiruntz@sbcglobal.net [birthdate: August 30]

Gladys Sims - *Friendship Village* - 15200 Village View Dr, #2418; Chesterfield, MO 63017; 636-898-8873 [birthdate: July 4]

Ellie Svenson - *Mason Pointe* - 13190 South Outer Forty Rd, #2213; Town and Country, MO 63017; 314-323-7194 [birthdate: June 19]

Judy Waddell - 13510 Weston Park Dr; STL, MO 63131; 314-369-4885 [birthdate: August 13]

Other

Pres Trump, VP Vance, Congress, all local, national, world leaders.

Our trans siblings as they deal with harmful state/federal policy plans.

All who depend on USAID programs that have been eliminated.

The “me too” Movement - shining a light on sexual abuse.

All people who live with mental illness & those dealing with meds.

Caregivers of all shapes and sizes.

PUCF Family struggling with employment; healthcare costs and limits.

Our Missouri Mid-South Conference and St Louis Assn UCC

Gun violence and other violence across the US and other lands.

Conversations about the Death Penalty in the United States.

Victims of Natural and Created Disasters around the world.

Healing of relationships between the public and the police.

Our St Louis neighbors finding their way after May '25 tornado

All lawfully present non-permanent refugees who were legally resettled in the US prior to January 2025 who have lost their SNAP food benefits (May 1) and will lose their Medicaid benefits (October 1). They will also lose eligibility for ACA Marketplace subsidies (January 2027) because their Green Card applications have been paused (Livengood).

Peace and Justice near and far.

US Military around the globe.

Uganda and The Congo in a time of Ebola.

Prayer Chaplain Ministry here at Parkway UCC.