



PARKWAY
UNITED CHURCH OF CHRIST



www.parkwayucc.org

August 9, 2026

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Limitless Love | Courageous Action | Spirited Inquiry

Purpose Statement

Parkway United Church of Christ strives to be an inclusive community embracing: spiritual nourishment, open-minded inquiry, courageous action, and interfaith partnerships to fulfill God's calling to create a just world for all.

Congregational Statement

Parkway United Church of Christ, with God's grace, seeks to be a congregation that includes all persons, regardless of race, ethnic, or socio—economic background while respecting differences of gender, marital status, age, sexual orientation, and mental and physical ability. We aspire to act justly, to love mercy, and to walk humbly with our God. We invite all to share in the life and leadership, ministry, fellowship, worship, sacraments, responsibilities and blessings of participation in our open and affirming congregation.

PARKWAY UNITED CHURCH of CHRIST

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Deb Reinhardt, *LGBTQ+ Faith Alliance* [lgbtfaithalliance@aol.com]

John Nourse, *Pastor Emeritus*

Welcome to Parkway

Thank you for joining us this morning! If you are with us virtually, please let us know you are here by commenting in the chat or sending an email.

Welcome Children We invite children to full participation in worship. We also have activity bags for young children to use while they are here.

Bell Rung During Lord's Prayer A tradition begun when farmers working in surrounding fields would stop their work and join in prayer.

Worship Serving Today

Scripture Reader is Kari Borgmann.

Flowers given by Ralf and Cindy Wessel in memory of their son, Tyler.

Treats provided by Karen Mariani.

Our Prayer Chaplain this morning is Gabriel Requadt.



If you would like to volunteer for any of these serving opportunities or join the corresponding group, please scan the QR code and click on the **Serving Opportunities Calendar**. Thanks!

Subscribe to our email lists Sign up at www.parkwayucc.org

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Mental Health Support

988 (new nationwide 3-digit number similar to 911... call or text)

24/7 Crisis Hotline 800-273-8255 (TALK) | 800-SUICIDE: 800-784-2433

24/7 Missouri Department of Mental Health 800-811-4760

Text 741741 and someone will text right back...www.crisistextline.org

Behavioral Health Network of Greater St Louis 314-449-6713

The numbers below are called Warmlines (not Hotlines).

They are peer run by people with lived experience.

Not all of them are 24/7/365

Teen Warm Line: 1 800-248-8336

Black Warm Line: 1-800-604-5841 (They are divested from the police)

Trans Warm Line: 1-877-565-8860

Project Return Warm Line: 1-800-448-9777 (run away)

Learn more about warm lines: <https://warmline.org/warmdir.html>

Birthdays

8/9 David Gwyn

8/9 Kevin Cameron

8/11 Elijah Gwyn

8/11 Blake Lyons

8/12 Roy Williams

8/12 Alexander Roesler

8/13 Dan Burkhardt

8/13 Judy Waddell

8/13 David Sontag

8/13 Ryan

Seetharaman

8/14 Suzanne Waddell

8/14 Sue Stohr

8/15 Dottie Dwyer

Anniversaries

8/9 Douglas Reynolds & Greg Schmelig

8/10 Kris & Tom McKenzie

8/11 Charles & Sue Moellering

8/13 David & Jill Schatz

8/15 Julie & Thad Stappenbeck

11th Sunday *after* Pentecost

Sunday, August 9, 2026 | 10:00am | Sanctuary & YouTube Live

When you see the (*), please rise in body or spirit - depending on your comfort.

Prelude "Confidence," *Song Without Words Op. 14 No. 4*, by Felix Mendelssohn

Welcome Let us know you are here!

Meditation I tell my students, "When you get these jobs that you have been so brilliantly trained for, just remember that your real job is that if you are free, you need to free somebody else. If you have some power, then your job is to empower somebody else. This is not just a grab-bag candy game."
~Toni Morrison

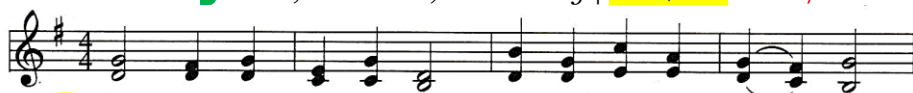
Passing the Peace of Christ

"May the peace of Christ be with you."

(We are intentional about bringing more peace into the world.)

Lighting of the Candles & Ringing of the Bell

Welcome Song *Come, Christians, Join to Sing* | #150, v1-2 Red Hymnal



1. Come, Chris-tians, join to sing Al - le - lu - ia! A - men!
2. Come, lift your hearts on high; Al - le - lu - ia! A - men!
3. Praise yet our Christ a - gain; Al - le - lu - ia! A - men!



Loud praise to Christ our King; Al - le - lu - ia! A - men!
Let prais - es fill the sky; Al - le - lu - ia! A - men!
Life shall not end the strain; Al - le - lu - ia! A - men!



Let all, with heart and voice, Be - fore His throne re - joice;
He is our guide and friend; To us He'll con - de - scend;
On heav-en's bliss - ful shore His good - ness we'll a - dore,



Praise is His gra-cious choice; Al - le - lu - ia! A - men!
His love shall nev - er end; Al - le - lu - ia! A - men!
Sing - ing for - ev - er - more, "Al - le - lu - ia! A - men!"

Scripture Luke 8:43-48 | Common English Bible

A woman was there who had been bleeding for twelve years. She had spent her entire livelihood on doctors, but no one could heal her. She came up behind Jesus and touched the hem of his clothes, and at once her bleeding stopped.

"Who touched me?" Jesus asked.

When everyone denied it, Peter said, "Master, the crowds are surrounding you and pressing in on you!"

But Jesus said, "Someone touched me. I know that power has gone out from me."

When the woman saw that she couldn't escape notice, she came trembling and fell before Jesus. In front of everyone, she explained why she had touched him and how she had been immediately healed.

"Daughter, your faith has healed you," Jesus said. "Go in peace."

***Call to Worship**

One: Come, all who have come carrying questions.

Many: We come with hope, fear, and longing.

One: Come, all who have reached out for healing, all who have wondered if faith is enough.

Many: Christ meets us with compassion, not judgment.

One: Come, all who have stepped into uncertain waters, all who have felt the wind grow stronger than your confidence.

Many: Christ reaches out a steady hand and says, "Do not be afraid."

One: In this community, we are invited to trust, to be seen, to be known, and to become.

Many: The Spirit calls us beyond fear, meets us in love, and journeys with us always.

One: Be sure of this. May this truth ground you, nurture you, and move through you to others.

All: Let us worship our God together - Creator, Christ and Spirit.

***Song** *She Suffered Twelve Long Years*

(tune: *The God of Abraham Praise*)

She'd suffered twelve long years! She longed to be made whole.
The pain to body, mind and spirit tore her soul.
She felt the weight of shame, the lonely days of doubt.
Till one day she heard Jesus' name and she reached out.

As Jesus walked along, a crowd was gathering fast.
The people jostled close to him as he walked past.
She would not call his name; perhaps a touch would do.
She brushed against his clothing's hem as he passed through.

As soon as she reached out, she felt her body healed.
She knew the kingdom blessing of God's love revealed.
And Jesus sensed it, too. "Who touched me?" Jesus said.
The woman came and told the truth with fear and dread.

Yet Jesus' words were kind: "Now daughter, go in peace.
Your faith has made you well and healed you from disease."
He sent her on her way, her health and hope restored.
Her life was changed from her encounter with the Lord.

We've suffered many years from things that should not be;
We're ill in our own lives and in society.
Lord Jesus, now we pray that you will heal us, too.
Give us the faith to reach out, fully trusting you.

***Opening Prayer**

God of healing and courage, You meet us in crowded places and lonely seas. You notice those the world overlooks, and You reach toward those who feel they are sinking. As we gather today, help us bring our whole selves - our confidence and our doubts, our gratitude and our grief, our dreams and our fears. Teach us to trust Your presence, not because life is free from storms, but because Your love never lets us go. Open our hearts to receive Your grace, our minds to imagine new possibilities, and our hands to become signs of hope for others. May this time of worship renew us to live with compassion, justice, and courage. Amen.

***Response** *Spirit of the Living God*

**Spirit of the living God fall afresh on me;
Spirit of the living God fall afresh on me.
Melt me, mold me, fill me, use me!
Spirit of the living God fall afresh on me.**

Children's Time For children under the age of 3, parents are invited to take them to Room 06 (upper level) where one of our teachers will meet them at the door. Children and youth will gather in Room 13 (lower level) for the Opening Session. Children from age 3 to 2nd grade will then go to Room 12, children from 3rd to 5th grade will stay in Room 13, and youth from 6th to 12th grade will go to Room 15. For children in Room 06, parents please pick them up after worship. Children and youth from age 3 thru high school can be met in the Gathering Space just outside the Sanctuary after worship, as the teachers will bring them back upstairs after class.

Blessing the Children *God, You Are Our God*

God, you are our God, and we will e - ver praise you. God, you are our

God, and we will e - ver praise you. we will seek you in the mor - ning, and

learn to walk in your ways, and step by step you'll lead us, we will

fol - low you all of our days.

The musical score is written on four staves in G major (one sharp) and 4/4 time. The melody is simple and repetitive, suitable for children's songs. The lyrics are written below the notes, with hyphens indicating syllables that span across multiple notes.

Scripture Matthew 14:22-33 | Common English Bible

Right then, Jesus made the disciples get into the boat and go ahead to the other side of the lake while he dismissed the crowds. When he sent them away, he went up onto a mountain by himself to pray. Evening came and he was alone.

Meanwhile, the boat, fighting a strong headwind, was being battered by the waves and was already far away from land.

Very early in the morning he came to his disciples, walking on the lake.

When the disciples saw him walking on the lake, they were terrified and said, "It's a ghost!" They were so frightened they screamed.

Just then Jesus spoke to them, "Be encouraged! It's me. Don't be afraid."

Peter replied, "Lord, if it's you, order me to come to you on the water."

And Jesus said, "Come."

Then Peter got out of the boat and was walking on the water toward Jesus.

But when Peter saw the strong wind, he became frightened. As he began to sink, he shouted, "Lord, rescue me!"

Jesus immediately reached out and grabbed him, saying, "You man of weak faith! Why did you begin to have doubts?"

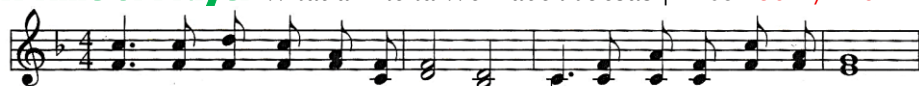
When they got into the boat, the wind settled down.

Then those in the boat worshipped Jesus and said, "You must be God's Son!"

Moment of Silent Reflection

Sermon

A Time of Prayer *What a Friend We Have in Jesus* | #403 Red Hymnal



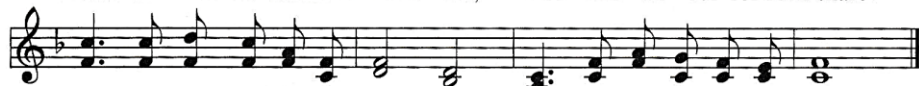
1. What a friend we have in Je - sus, All our sins and griefs to bear!
2. Have we tri - als and temp-ta - tions? Is there trou-ble an - y - where?



What a priv - i - lege to car - ry Ev - ery-thing to God in prayer!
We should nev - er be dis - cour - aged: Take it to the Lord in prayer!



O what peace we of - ten for - feit, O what need-less pain we bear,
Can we find a friend so faith - ful, Who will all our sor-rows share?



All be-cause we do not car - ry Ev - ery-thing to God in prayer!
Je - sus knows our ev-ery weak - ness; Take it to the Lord in prayer!

Pastoral Prayer & Prayers of the People

Lord's Prayer

Our [Creator/Mother/Father/Holy One] **who art in Heaven, hallowed be thy name. Thy kingdom come, thy will be done on Earth as it is in Heaven. Give us this day our daily bread; and forgive us our debts as we forgive our debtors; and lead us not into temptation but deliver us from evil. For thine is the Kingdom and the power and the glory forever. Amen.**

[A variety of names for God are welcome here – including in the Lord's Prayer.]

Mission Moment MMSUCC Offering for Shannondale Barb Harris

Offering Our Gifts to God



If you have an offering today, please place it in the plate on the stand next to the communion table before the end of the closing hymn. There are offering plates in the Gathering Space outside the sanctuary too. Thank you for your generosity.

www.parkwayucc.org/giving

Offering Interlude *On Eagles' Wings* by Michael Joncas;
Keith Doll - voice and guitar

***Response** *Make Me a Servant* | #2176 *Blue Songbook*

Make me a ser-vant, hum-ble and meek, Lord, let me
lift up those who are weak. And may the prayer of my
heart al-ways be: Make me a ser-vant, make me a
ser-vant, make me a ser-vant to-day. _____

***Prayer of Dedication**

Generous God, we offer these gifts with grateful hearts, knowing they are only a small part of all that You have entrusted to us. Bless these offerings, and bless the lives that have given them. Use them to bring healing where there is pain, welcome where there is exclusion, courage where there is fear, and hope where despair has settled. Help us remember that the greatest gifts we bring are not only what we place in the offering plate, but the compassion we share, the justice we pursue, the risks we take for love, and the hands we extend to one another. May all that we have - and all that we are - serve Your vision of a world made whole. Amen.

***Song of Parting** *God of Grace and God of Glory* | #420 Red Hymnal



1 God of grace and God of glo - ry, on your peo - ple
 2 From the e - vils that sur - round us and as - sail the
 3 Cure your chil - dren's war - ring mad - ness; bend our pride to
 4 Set our feet on loft - y plac - es; gird our lives that
 5 Save us from weak res - ig - na - tion to the e - vils



pour your power; crown your an - cient church - 's sto - ry;
 Sav - ior's ways, from the fears that long have bound us—
 your con - trol. Shame our reck - less, self - ish glad - ness,
 they may be ar - mored with all Christ - like grac - es,
 we de - plore; let the search for your sal - va - tion



bring its bud to glo - rious flower. Grant us wis - dom, grant us cour - age,
 free our hearts for faith and praise. Grant us wis - dom, grant us cour - age,
 rich in things and poor in soul. Grant us wis - dom, grant us cour - age,
 in the fight to set us free. Grant us wis - dom, grant us cour - age,
 be our glo - ry ev - er - more. Grant us wis - dom, grant us cour - age,



for the fac - ing of this hour, for the fac - ing of this hour.
 for the liv - ing of these days, for the liv - ing of these days.
 make our bro - ken spir - its whole, make our bro - ken spir - its whole.
 in the quest for lib - er - ty, in the quest for lib - er - ty.
 serv - ing you whom we a - dore, serv - ing you whom we a - dore.

***Benediction**

***God's Light Goes Forth**

***Music for Going Forth** *O God You Are Our God*

Make a Joyful Noise!

Summer Sundays - come at 9am to practice and sing in the worship service.

1st Sunday: Soprano and Alto voices.

(Historically "women's voices," properly "higher voices")

2nd Sunday: Tenor and Bass voices.

(Historically "men's voices," properly "lower voices")

3rd Sunday of the month: All voices! Come "try it on" if you are interested in becoming involved in Parkway's quickly growing Music Ministry program!

4th Sunday: PUCC instrumentalists and/or small ensembles of singers.

Want to learn more? Contact aria@parkwayucc.org

Announcements

Please use the form at www.parkwayucc.org/communications for all announcements for our media. Bulletin and eNews deadline: noon Monday.

Our Communications Team is very active and is exploring all kinds of avenues. Please subscribe to our YouTube Channel today. Our YouTube Channel is [@parkwayuccstl](https://www.youtube.com/@parkwayuccstl). There is a subscribe button under the main heading and brief description of our church. Thank you! Questions? Please contact barbharris@charter.net or cynthianouri@gmail.com

Help PUCer Elisabeth Doty, New Teacher in Mississippi

Thank you to so many of you for following up about Elisabeth's request for help as she begins the adventure of teaching high school math through the Mississippi Teacher Corps (<https://www.mtc.olemiss.edu/>). Want to help? Please reach out to kevin@parkwayucc.org

Job posting Christian Education and Youth Director

A great opportunity for a part-time 20 hours/week Christian Education and Youth Director. We are a faithful people with a warm heart and generous spirit. We are an intentionally inclusive congregation in a great facility in a prime location. We want to become even more vital and relevant to children, teens and adults. Please contact us if you would like to know more

– employment@parkwayucc.org

Parkway United Church of Christ ~ 2841 N Ballas Rd, St Louis, MO 63131; parkwayucc.org; 314-872-9330

TED back from Summer Break ~ See You on August 11

Tuesday Evening Dialogue is wrapping up their Summer Break. It's been a good time to pick our own summer reads. When we resume, we will share our cool book adventures.

We will start up again on **August 11** and will get back to our usual schedule of meeting in the Heritage Room on the 2nd and 4th Tuesday of every month at 6pm for Potluck Supper followed by 7pm book discussion. We meet in person and also have Zoom available at each meeting.

We'll see you on August 11.

For questions contact Helen Race at raceh@att.net

Eden Thrive Conference 2026

Saturday, August 15 | 9:30am-3pm | 475 E. Lockwood Ave. STL, MO 63119

You are invited to THRIVE 2026, a one-day conference and resource fair at Eden Theological Seminary designed to inspire, equip, and sustain leaders who are making a difference in their communities! Sample non-credit educational programs for yourself. Network and reflect with other leaders. Imagine how these resources can help your congregation or nonprofit organization meet your own goals. Connect with a community committed to thriving together.

Or online via Zoom through Eden's blended educational format. Registration through QR code or on Campus.



Speaker Series Occasional opportunities after worship at 11:15am

"Fighting to preserve the rule of law: a St. Louis lawyer's year as President of the American Bar Association" by Bill Bay.

Sunday, August 16 | 11:15am | Heritage Room

Bill Bay, born and raised in St. Louis, has long been a leader in the American Bar Association (ABA) and assumed the role of president in 2024-25. The ABA is the largest voluntary professional association of lawyers, judges, and law students in the world, founded in 1878. Bring your questions and comments for Bill about the role of lawyers in the life of America. We thank Bill's law partner and Parkway member, Mark Sableman, for arranging Bill's appearance.

"Whether its Abracadabra or Alakazam, Magic is a Wonderful Art," by Tim Shegitz.

Sunday, August 23 | 11:15am | Heritage Room

Did you know that our newest tenant at Parkway Church is the St. Louis Chapter of the International Brotherhood of Magicians? Its Vice President is St. Louis magician Tim Shegitz. He brings decades of magical wisdom and wonder with every appearance. As a regular performer requested at the world-famous Magic Castle of Hollywood, Tim has entertained both professional magicians and fans alike.

All programs are held in the Heritage Room following worship. Grab your coffee and a treat and come join us. Questions? Richard Scherrer at

90fivetpr@gmail.com

Join With TAD For Another Year of Fellowship, Learning, Fun

1st & 3rd Tuesday | 1:45pm fellowship | 2:00-3:00pm discussion

Zoom Link (312) 626-6799; Meeting ID: 898 7822 0593; Passcode: 393204

TAD is kicking off another year of fellowship, fun, and learning through reading and discussion. Will our next book be spiritual, historical, biographical, or something else? Please check the eNews or Bulletin next week to find out our next book, or email **jeiffert2@gmail.com**. Join us on

Tuesday, August 18 at 1:45 pm for fellowship or from 2-3pm for book discussion. We'd love to have you.

Come Have Lunch in Labadie With the Adventurers

Wednesday, August 19 | 11am-2pm | 123 Front Street, Labadie, MO 63055

The Adventurers invite you to join with a group of fun-loving PUCCers on Wednesday, August 19th, and head out to the Hawthorne Inn in Labadie.

We'll meet at PUCC for carpooling at 10 or at the Hawthorne Inn at 11 if you prefer to drive separately. We'll enjoy a drive out to the small town of Labadie, a delicious lunch in the cool surroundings of the Hawthorne Inn on a hot August day, and good conversation. Please RSVP to Jackie Eiffert, **jeiffert2@gmail.com** by **August 16**. We hope you can join us!

Coffee and Conversation at Panera

Friday, Aug 21 | 10am | Panera on Manchester Rd, Des Peres by 270

Join us for a beverage and sweet treat. Come connect! No need to RSVP - just show up!

Upcoming dates:

Monday, Sep 21 at 2pm

Tuesday, Oct 20 at 2pm

Wednesday, Nov 11 at 10am

Monday, Dec 7 at 2pm

Wednesday, Jan 20, 2027 at 10am

Questions? Contact **kevin@parkwayucc.org**; 314-872-9330

Go AWOL this Fall - Adventurous Women Out Late

Come build connections with women this fall with some fun upcoming events!

- Saturday 8/22: Lunch at Tea Party - Carpool from church at 11am.
- Saturday 9/26: "Little Women" at The Rep - Carpool from church at 3pm (show at 4pm). \$30. Ten tickets total. Register through QR code.
- Sunday 10/18: Harvest Festival at Tower Grove Park - Carpool after church.
- Friday 11/13: Dinner out
- Sunday 12/13: Allegro—More details to come in early November.



For more info, contact Carmen Bumgarner **cfbum@charter.net**

Rainbow Bridge Remembrance Day

August 27 | 6pm | 11735 Denny Road, Sunset Hills, MO

Recognizing that the loss of a beloved pet is a grief many people carry quietly, St. Lucas United Church of Christ is hosting its first Rainbow Bridge Remembrance Day Worship Service.

Established in 2015 and inspired by the beloved poem "Rainbow Bridge", Rainbow Bridge Remembrance Day honors the lives of beloved pets and animal companions while acknowledging the very real grief that accompanies their loss. For countless families, the death of a cherished pet is a profound loss that often goes unrecognized.

Grounded in the Christian promise that love is stronger than death, St. Lucas UCC is offering this community worship service as a place of compassion, healing, and hope where people can gather to worship God, remember beloved companions, mourn their loss, celebrate their lives, and give thanks for the unconditional love they shared.

The service includes scripture, music, a reflection, an original spoken-word piece, opportunities for personal prayer, and a blessing of items brought in remembrance of beloved pets. A voluntary offering will benefit a local animal-related nonprofit. The Rainbow Bridge Remembrance Day Worship Service is free and open to all people. They are welcoming to all and are dedicated to transforming the world as the hands and feet of Christ. Learn more at **www.stlucasucc.org**... Kevin is one of the pastors leading this service.

VBS ~ Vacation Bible Summer Overview

Jesus calls us to “love your neighbor as yourself,” and Leviticus 19:34 extends that command: “You shall love the immigrant as yourself.”

This VBS explores God’s call to welcome and care for immigrants and strangers. Migration is woven throughout Scripture. Abram and Sarai journeyed to a new land, Ruth left Moab and joined God’s people, and even Jesus was a refugee when his family fled Herod’s violence. These stories remind us that God is present with people on the move. Today, people continue to immigrate in search of safety and hope. Jesus teaches that when we welcome the stranger, we welcome him. Through service and justice, we live out God’s love in the world. Every two weeks, our Sunday School will explore a new lesson through crafts, games, science, music, and more, culminating in a youth-led worship service on **August 30**.

We hope your children will find joy, meaning, and spiritual growth in VBS!

Prayer Corner an opportunity to pray with someone

Monday, August 31 | 7-9pm | New Sanctuary

Drop-in Prayer Time. Kevin will be in the Prayer Corner in the Sanctuary.

Come on by if you'd like to pray together.

If you see someone else there, simply wait a bit in the Gathering Space.

Upcoming dates:

Friday, Sept 25 from 6:30-8:30am

Saturday, Oct 10 from 8-10am

Tuesday, Nov 17 from 3-5pm

Monday, Dec 14 from 7-9pm

Wednesday, Jan, 2027 13 from 10am-12pm

We can arrange a phone call or Zoom for another time if you'd like.

Just reach out to kevin@parkwayucc.org; 314-872-9330

Back-to-School Supply Drive, and Golf Classic for ECH

Back-to-School Drive (Now–September 11)

Every Child’s Hope is currently collecting school supplies and backpacks to help children and families begin the school year with confidence. Whether you're able to donate supplies, share the drive with friends or coworkers, or simply help spread the word, every act of support has an impact.

Use the QR code containing [most needed items](#) and Amazon Wish List.



Every Child's Hope Golf Classic – September 14

ECH’s annual Golf Classic is one of their signature fundraising events. While they have enough volunteers for the day-of, they need support in sharing the information for in-kind donations and sponsorships

Thank you for the countless ways you support Every Child's Hope. They look forward to meeting many of you soon and working together throughout the year. If you ever have questions or would like to get more involved, please don't hesitate to reach out.

For more info, reach out to Ashley Milam aviehmanna@gmail.com

August 2026 Alzheimer's News New drug could stop the disease

An Alzheimer's drug could prevent dementia before symptoms show, with research suggesting it could clear toxic brain plaques in just three months. Trontinemab, a medicine given as a monthly infusion, will be offered to about 1,600 people with no memory problems who are at high risk of the disease, to see whether it can stave off symptoms.

People aged 55 and over who are "cognitively unimpaired" but have biomarkers linked to the development of Alzheimer's will be invited to take part.

Trontinemab, works by removing sticky amyloid plaques that aggregate in the brain and cause the degenerative disease.

Research presented at the Alzheimer's Association International Conference in London found that blood tests could identify healthy older adults at the greatest risk of the disease.

Dr. Maria Carrillo with the Alzheimer's Association, said "This is the future of Alzheimer's care, targeting the earliest stages of the disease, including in its silent stage before memory issues arise. This is when treatments may have the greatest benefits - perhaps even keeping people from ever experiencing dementia symptoms."

People who receive a positive test have an almost eight in ten chance of developing cognitive impairment within a decade, data shows.

Trontinemab is the next-generation version of lecanemab and donanemab, the first Alzheimer's drugs shown to slow disease progression.

Trontinemab has been designed to reach the brain more efficiently than its predecessors and appears to have fewer side effects, so could require less monitoring, bringing costs down.

The new research suggests Trontinemab can remove amyloid plaques much more quickly than existing treatments.

Trontinemab is administered through a drip in a hospital and analysis suggests brains of patients receiving the highest dose would be free of dementia causing amyloid after these monthly infusions.

Top up doses every three months are enough to keep plaque levels low for 18 months, data show.

It has yet to be seen whether the drug's ability to remove plaque also prevents cognitive decline in the way shown with the previous Alzheimer's drugs.

The prevention study for Trontinemab, known as PrenenTRON, will recruit cognitively healthy volunteers in countries across the world aged between 55 and 80.

Volunteers will have tested positive for elevated levels of the biomarker p-tau217, which is found in the blood and linked to Alzheimer's disease.

Evidence presented at the conference showed that using blood tests for p-tau 217 provides up to 95% accuracy at predicting Alzheimer's disease.

Dr. Rachel Buckley said the new generation of treatments being trialed was "wonderful", adding that she hoped to see success in cognitively unimpaired individuals in the coming 12 to 24 months. "If these trials are positive, the game changes," she told at an event organized by the Women's Alzheimer's Movement.

For more details on current and future Alzheimer's research, visit **alz.org/Research**. You can learn more by going to **www.alz.org/help-support/resources** or the Alzheimer's Helpline which is accessible 24/7 via 800-272-3900 and staffed by master's level clinicians to assist with crisis situations, decision making, and disease information. Tools and support are also available in Spanish.

Want to learn more about the Alzheimer's Association and what they do here in St. Louis? Visit **www.alz.org** and/or contact PUCC's Faith Outreach Ambassador with the Alzheimer's Association, Joyce Ruiz at **joyceruiz7@gmail.com**

WISE Team Inquiry: A United Church of Christ Ministry

Our church is looking at the possibility of becoming a WISE church as set forth by our UCC (WISE = Welcoming, Inclusive, Supportive, Engaged)

We are at the start of this journey and are hopeful it will be a blessed one.

If you are interested in being considered for the WISE Team that would play a formative role in this exploration and study, please scan or click the QR code.



We will have our initial meeting in early August.

Thanks! Questions? Contact **kevin@parkwayucc.org**

Join the PUCC Safety Team!

The Safety Team is looking for a few more members to help ensure Parkway UCC remains a safe, welcoming place for everyone on the premises during our Sunday Morning Experience.

As a team member, you will build relationships with Council members, church staff, the congregation, building renters, and local emergency services (medical, fire, and police).

What You'll Do:

- **Learn:** Get trained on the safety procedures and technology currently in use at Parkway.
- **Serve:** Be onsite one Sunday a month from 9:00 AM to 12:00 PM. (*Note: This includes a 9:00 AM walkthrough with the on-duty police officer and serving as a safety observer during worship*).
- **Guide:** Direct the congregation during unexpected events (such as severe weather, medical emergencies, fire evacuations, or building intruders). You will be responsible for calling 911 and guiding others, not directly handling the emergency itself.
- **Connect:** Attend occasional Safety Team get-togethers.

Have a conversation or contact any of these people if you have questions!

- Lisa Davidson **davidsonls@wustl.edu**
- Phillip Waite **pwaite82@gmail.com**
- Nick McMillon **mcmillon2004@att.net**
- Karen Mariani **ksmariani59@gmail.com**
- Rich Race **racerichardg@gmail.com**

Prayer List

Wednesday, August 5, 2026

Celebrations

Kylian Arnie Livengood born to Dan Livengood & Brittany Hagedorn
Pauline Nguyen - first baby due; Evelyn Buretta there to welcome/help
Students, families, teachers, administrators, staff as school comes soon.

Concerns

Vivienne Reed - patient healing after major jaw surgery last week.
Pam Walker - healing after other knee replacement surgery.
Cindy Wessel and family as her mother recuperates from a fall.
Kari Ward - recovering from surgery (Litzinger).
Fain Family - meaningful, joyful employment that supports them all.
Thiemann family - grieving/celebrating Bob; Sharon's cancer care.
John "Pink" Floyd and family - as he receives cancer treatments.
The Wildfires in Canada - all those impacted and the helpers.
Ongoing chaos in the Middle East, Ukraine and Russia.
US military and families - **Sera Watkins** and **Anthony Williams**.

Continuing

Alex Wiseman - living with autoimmune challenges.
Lori Connors - ongoing health concerns and challenges.
Carole Gwyn - ongoing health issues (David's mother).
Vicki Boehmer - healing after recent heart surgery (McMillon).
Judy Brueggemann - continuing health challenges (Brad's mother).
Jonathan - healing after head trauma during mission in Iran (Beck).
Sharon and Chuck - facing a number of health challenges (Rogers).
Sam Harned - fighting a return of cancer after years in remission.
Bob & Jan - health, wholeness, peace, joy (Laura Waite's grandparents).
Ed and Mary Calcaterra - as he receives hospice care (Litzinger).
Laura Gywauli - living with acute myeloma leukemia (Reinhardt).
Rita Holly - waiting for transplant match (Nouri).
Randy Cosby - healing as multiple myeloma has returned (Reinhardt).
Jeff Wentworth - nearing the end of his life; hospice care (Grove).
Derek - end stage alcoholism; grace for his father David (Akers).
Rebecca - continued healing after brain surgery (Bowermaster).
Phil & Amy, daughter B - loving one another thru his cancer journey.
Mark McKenzie - for healing, clarity, refreshment (Tom's brother).
Emi - 5 year-old with Children's Hospital for chemo (McConnell).
Kenton & Teal Blacksten - K's many health challenges due to diabetes
John Ruiz's oldest brother and wife - healing in Cape Girardeau.
John & Nancy Tallyn - his heart condition; her recurring leukemia.
Renee Pellegrino & family - as she deals with multiple health issues.
Danny Venverlo - awaiting a kidney transplant (McDougall).
Haack's doctor and his wife Christine - her ongoing health crisis.
Rebecca Ray - that her book on suicide prevention will be published.
Bill & Nancy Darland - his ongoing health issues.
Gail, Bill and Christopher Haack - chronic health challenges.

Home-Centered/Care Facility/Rehab Center

Lewis Junior Burcham - *The Glenwood*; 1635 N. Baltimore Ave #25; Mt. Zion, IL 62549; 217-864-1757 [birthday: January 15]

John Nourse *The Village at Cape Albeon*; 3300 Lake Bend Dr, #166; Valley Park, MO 63088 [birthdate: October 26]

Pat Owens - *Mason Pointe* - 13190 South Outer Forty Rd, #2303; Town and Country, MO 63017; 314-323-7194 [birthdate: February 18]

Ruth Peace - 3723 Hickory House Lane; StL, MO 63125; 557-243-5699; meadletter222@gmail.com [birthdate: August 8]

Naomi Runtz - 272 N Lindbergh Blvd; StL MO 63141; 314-993-0469 naomiruntz@sbcglobal.net [birthdate: August 30]

Gladys Sims - *Friendship Village* - 15200 Village View Dr, #2418; Chesterfield, MO 63017; 636-898-8873 [birthdate: July 4]

Ellie Svenson - *Mason Pointe* - 13190 South Outer Forty Rd, #2213; Town and Country, MO 63017; 314-323-7194 [birthdate: June 19]

Judy Waddell - 13510 Weston Park Dr; STL, MO 63131; 314-369-4885 [birthdate: August 13]

Other

Pres Trump, VP Vance, Congress, all local, national, world leaders.

Our trans siblings as they deal with harmful state/federal policy plans.

All who depend on USAID programs that have been eliminated.

The “me too” Movement - shining a light on sexual abuse.

All people who live with mental illness & those dealing with meds.

Caregivers of all shapes and sizes.

PUCC Family struggling with employment; healthcare costs and limits.

Our Missouri Mid-South Conference and St Louis Assn UCC

Gun violence and other violence across the US and other lands.

Conversations about the Death Penalty in the United States.

Victims of Natural and Created Disasters around the world.

Healing of relationships between the public and the police.

Our St Louis neighbors finding their way after May ’25 tornado

All lawfully present non-permanent refugees who were legally resettled in the US prior to January 2025 who have lost their SNAP food benefits (May 1) and will lose their Medicaid benefits (October 1). They will also lose eligibility for ACA Marketplace subsidies (January 2027) because their Green Card applications have been paused (Livengood).

Peace and Justice near and far.

US Military around the globe.

Uganda and The Congo in a time of Ebola.

Prayer Chaplain Ministry here at Parkway UCC.

Gabriel Requadt - ‘ordainable pending call’; interviewing with churches now.

MEMORY KEEPERS



Dementia Caregiver Therapy Group

This clinician-led group offers dementia caregivers a space to share experiences, ask questions, and participate in guided discussion with others walking a similar path.

About this Program

- 8 sessions (September-December)
- Twice monthly on Thursdays
- Space limited to 10 people
- Located at Community Christian Church
623 Meramec Station Road, Ballwin, MO, 63021
- Virtual group available upon request
- Medicare and some other insurances are accepted
Private pay rate is \$25/session

TOPICS INCLUDE

- STRESS AND EMOTIONAL REGULATION
- CAREGIVER SELF CARE
- NON-PHARMACOLOGICAL SUPPORT FOR THE PERSON WITH DEMENTIA
- DEALING WITH DIFFICULT BEHAVIORS
- ISOLATION & LONELINESS
- FAMILY CONFLICT & DYNAMICS
- DAILY COPING
- RESILIENCE & BUILDING A SUPPORT TEAM
- SAFETY
- AMBIGUOUS LOSS & END OF LIFE CARE

Lead Facilitator:
Cheryl Kinney, LCSW, MSW
Co-Founder, Memory Keepers, LLC



**To enroll, call or email Cheryl Kinney, MSW, LCSW at
314-266-9131 or
cheryl@memorykeepers.org**

Summer Driving

Freeman Palmer

[Jesus taught them, saying,] “Enter through the narrow gate. For wide is the gate and broad is the road that leads to destruction, and many enter through it. But small is the gate and narrow the road that leads to life, and only a few find it.” - Matthew 7:13-14 (NIV)

It's that time of the year. Summer. Longer days. Shorter nights. It is the season for summer road trips: vacation destinations, family reunions, day trips for sightseeing, picnicking, hiking, swimming—just about anything. The open road is my happy place, whether I am going somewhere or nowhere in particular.

I am hardly alone. According to Hertz, gas prices notwithstanding, a whopping 64% of Americans are on a road trip this summer. That is a lot of company. More than likely they will be on wider roads—main highways, interstates—crisscrossing the country at 60+ miles an hour on expressways with four to twenty-six lanes. (Interstate 10, the Katy Freeway in Houston, is the widest highway in the world.)

During his Sermon on the Mount, Jesus describes two entrances that open to roads. One is broad. One is narrow. Wider roads can be blessings when one needs to get there from here by a certain time. Yet they can encourage speeds that bypass beautiful scenery, create pollution-intensifying traffic jams, and induce stress while navigating busy lanes and others whose driving habits can range from obnoxious to dangerous. These wide-road conditions might not be destructive per se, but they can be life depleting.

Narrow roads have blessings of their own. They provide the chance to appreciate the splendor of trees, streams, and wildflowers. They have far less traffic and can create far less anxiety. In my experience, two-lane roads foster a sense of mindfulness and presence that enables more appreciation of the journey itself. This summer, whether on a physical journey or a spiritual one, opting for the narrow road can be life giving.

Prayer

Great Way Maker, during summer and any season, lead us on a road that leads to life. Amen.

Consider signing up to receive these UCC daily devotions
from our God is Still Speaking writers:

<https://www.ucc.org/daily-devotional/>

