





www.parkwayucc.org

May 17, 2026

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Limitless Love | Courageous Action | Spirited Inquiry

Purpose Statement

Parkway United Church of Christ strives to be an inclusive community embracing: spiritual nourishment, open-minded inquiry, courageous action, and interfaith partnerships to fulfill God’s calling to create a just world for all.

Congregational Statement

Parkway United Church of Christ, with God’s grace, seeks to be a congregation that includes all persons, regardless of race, ethnic, or socio—economic background while respecting differences of gender, marital status, age, sexual orientation, and mental and physical ability. We aspire to act justly, to love mercy, and to walk humbly with our God. We invite all to share in the life and leadership, ministry, fellowship, worship, sacraments, responsibilities and blessings of participation in our open and affirming congregation.

PARKWAY UNITED CHURCH of CHRIST

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Welcome to Parkway

Thank you for joining us this morning! If you are with us virtually, please let us know you are here by commenting in the chat or sending an email.

Welcome Children We invite children to full participation in worship. We also have activity bags for young children to use while they are here.

Bell Rung During Lord's Prayer A tradition begun when farmers working in surrounding fields would stop their work and join in prayer.

Worship Serving Today

Scripture Reader is Dana Delibovi.

Flowers given by Andy & Sharon Lowenthal in celebration of their 45th Anniversary.

Treats provided by Laura & Phil Waite.

Our Prayer Chaplain this morning is Emma Zyriek-Rhodes.



If you would like to volunteer for any of these serving opportunities or join the corresponding group, please scan the QR code and click on the **Serving Opportunities Calendar**. Thanks!

Subscribe to our email lists Sign up at www.parkwayucc.org

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Mental Health Support

988 (new nationwide 3-digit number similar to 911... call or text)

24/7 Crisis Hotline 800-273-8255 (TALK) | 800-SUICIDE: 800-784-2433

24/7 Missouri Department of Mental Health 800-811-4760

Text 741741 and someone will text right back...www.crisistextline.org

Behavioral Health Network of Greater St Louis 314-449-6713

The numbers below are called Warmlines (not Hotlines).

They are peer run by people with lived experience.

Not all of them are 24/7/365

Teen Warm Line: 1 800-248-8336

Black Warm Line: 1-800-604-5841 (They are divested from the police)

Trans Warm Line: 1-877-565-8860

Project Return Warm Line: 1-800-448-9777 (run away)

Learn more about warm lines: <https://warmlines.org/warmdir.html>

Birthdays

5/18 Felix Waite

5/18 Alex Wiseman

5/21 Thomas Clifford

5/21 Elisabeth Doty

5/21 Kurt Oehler

Anniversaries

5/18 Meera & Roy Williams

5/19 John & Joyce Ruiz

5/20 David & Jessica Gwyn

5/20 Kim & Ross Livengood

Mental Health Sunday

Sunday, May 17, 2026 | 10:00am | Sanctuary & YouTube Live

When you see the (*), please rise in body or spirit - depending on your comfort.

Prelude *Swannanoa Waltz* by Rayna Gellert. Special thanks to violinist Rich Race

Welcome Let us know you are here!

Meditation God, grant me the serenity to accept the things I cannot change; the courage to change the things I can; and the wisdom to know the difference. ~Reinhold Niebuhr

Passing the Peace of Christ

“May the peace of Christ be with you.”

(We are intentional about bringing more peace into the world.)

Lighting of the Candles & Ringing of the Bell

Welcome Song *Be Still, My Soul* | #488 New Century Hymnal



1 Be still, my soul: for God is on your side; bear pa-tient-
2 Be still, my soul: for God will un-der-take to guide in
3 Be still, my soul: the hour will soon be here when we shall



ly the cross of grief or pain; Leave to your God to
fu-ture days as in the past. Your hope, your con-fi-
be with God whom we a-dore, with dis-ap-point-ment



or-der and pro-vide; in ev-ery change God
dence let noth-ing shake; all now mys-te-rious
gone, no grief nor fear, sor-row re-placed with



faith-ful will re-main. Be still, my soul: your best e-ter-nal
shall be clear at last. Be still, my soul: the waves and winds still
joy for-ev-er-more. Be still, my soul: when change and tears are



friend through thorn-y ways leads to a joy-ful end.
know how Je-sus' pow-er ruled them long a-go.
past, all safe and bless-ed we shall meet at last.

Scripture John 16:25-33 | New International Version

Though I have been speaking figuratively, a time is coming when I will no longer use this kind of language but will tell you plainly about my [Mother]. In that day you will ask in my name. I am not saying that I will ask the [Mother] on your behalf. No, the [Mother herself] loves you because you have loved me and have believed that I came from God. I came from the [Mother] and entered the world; now I am leaving the world and going back to the [Mother].”

Then Jesus’ disciples said, “Now you are speaking clearly and without figures of speech. Now we can see that you know all things and that you do not even need to have anyone ask you questions. This makes us believe that you came from God.”

“Do you now believe?” Jesus replied. “A time is coming and in fact has come when you will be scattered, each to your own home. You will leave me all alone. Yet I am not alone, for my [Mother] is with me.

“I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world.”

***Call to Worship** (Adapted by Rev. Carolyn C. Blair, 2026; based on Psalm 68:1-10, 32-35; theme inspired by Mental Health America’s 2026 theme of “More Good Days, Together”)

One: Let God arise, and let our anxieties be scattered.

Many: Let those who feel broken in spirit find refuge in God’s presence.

One: As smoke is driven away, let the weight of depression and despair be lifted.

Many: As wax melts before the fire, may our hearts melt into the healing love of God.

One: Sing to God, sing praises to God’s Name!

Many: We celebrate the Defender of the vulnerable, the Parent of the orphan, the Champion of the lonely.

One: God gives the lonely a home and brings prisoners into freedom.

Many: God sends a gracious rain, refreshing us when we are weary.

One: You, O God, provide for the needy.

Many: Praise be to God, who gives strength and power to all people.

All: Let us worship the God who cares for our minds, bodies, and souls. Amen.

***Song** *It Is Well With My Soul* | #492 NCH



1 When peace, like a riv - er, up - holds me each day, when
2 Though e - vil should tempt me, though tri - als should come, let
3 My sin— oh, the bliss of this glo - ri - ous thought— my
4 O God, speed the day that is filled with your light, when



sor - rows like sea bil - lows roll, What - ev - er my lot, you have
this blessed as - sur - ance con - trol, That Christ has re - gard - ed my
sin— not in part, but the whole— Is nailed to the cross and I
clouds are rolled back as a scroll; The trum - pet shall sound and the



taught me to say, "It is well, it is well with my soul."
help - less es - tate, and has paid life and blood for my soul: It is
bear it no more. Praise the Lord! Praise the Lord, O my soul!
Lord shall ap - pear, "e - ven so"— it is well with my soul.



well with my soul, it is well, it is well with my soul.
It is well with my soul.

***Opening Prayer**

Holy One, we are all seekers. No matter where we are in the world, no matter what our strengths or weaknesses, no matter what our language or our creed, you seek us out with the eternal parental love of the Creator. No matter that You are always present with and for us, no matter that we do not always recognize the form, no matter that we may have a dimness of sight as in a mirror, we continue to seek you with the unquenchable human desire to know You and to rest in You. In You we live and move and have our being. Guide us now to recognize that truth as we gather together with you in this hour. Amen.

Prayer of Confession

Let us cast all our anxiety on you, O Bearer of Burdens, as we seek to follow in your footsteps. Even when we are reviled, even when we feel abandoned, even when we suffer physically and mentally and emotionally, we ask that you will help us to remember that we are, no matter what, your children. Even when we pretend to hide from you, ashamed of our wandering, ashamed of our weakness, we know you will find us and forgive us when we ask. We want to resist evil, and to remain steadfast in our faith, because we know there are many who share in our suffering. Direct us toward them, o Healing God, that we might not shy away but instead deeply engage those who are in need of your love. AMEN.

Silence

Words of Assurance Inspired by Psalm 68

Beloved one, God has marched through the wilderness to find you. You belong with the flock. You are deserving of community and a place to dwell. Out of our Creator God's goodness, she has provided for you. You may not feel like singing praises in God's name or lifting up a song of joy, and that is okay. God still hears you; you are still a Beloved Child of God.

***Response** *Spirit of the Living God*

Spirit of the living God fall afresh on me;
Spirit of the living God fall afresh on me.
Melt me, mold me, fill me, use me!
Spirit of the living God fall afresh on me.

Children's Time For children under the age of 3, parents are invited to take them to Room 06 (upper level) where one of our teachers will meet them at the door. Children and youth will gather in Room 13 (lower level) for the Opening Session. Children from age 3 to 2nd grade will then go to Room 12, children from 3rd to 5th grade will stay in Room 13, and youth from 6th to 12th grade will go to Room 15. For children in Room 06, parents please pick them up after worship. Children and youth from age 3 thru high school can be met in the Gathering Space just outside the Sanctuary after worship, as the teachers will bring them back upstairs after class.

Blessing the Children *Song of Hope*



May the God of hope go with us ev - ery day, Fill-ing all our
lives with love and joy and peace. May the God of jus - tice speed us
on our way, Bring-ing light and hope to ev - ery land and race.
Refrain
Pray-ing, let us work for peace, Sing-ing, share our joy with all,
Work-ing for a world that's new, Faith-ful when we hear Christ's call.

Scripture 2 Corinthians 12:1-10 | NIV

I must go on boasting. Although there is nothing to be gained, I will go on to visions and revelations from the Lord. I know a man in Christ who fourteen years ago was caught up to the third heaven. Whether it was in the body or out of the body I do not know—God knows. And I know that this man—whether in the body or apart from the body I do not know, but God knows—was caught up to paradise and heard inexpressible things, things that no one is permitted to tell. I will boast about a man like that, but I will not boast about myself, except about my weaknesses. Even if I should choose to boast, I would not be a fool, because I would be speaking the truth. But I refrain, so no one will think more of me than is warranted by what I do or say, or because of these surpassingly great revelations. Therefore, in order to keep me from becoming conceited, I was given a thorn in my flesh, a messenger of the [Adversary], to torment me. Three times I pleaded with the Lord to take it away from me. But [she] said to me, “**My grace is sufficient for you, for my power is made perfect in weakness.**” Therefore, I will boast all the more gladly about my weaknesses, so that Christ’s power may rest on me. That is why, for Christ’s sake, I delight in weaknesses, in insults, in hardships, in persecutions, in difficulties. **For when I am weak, then I am strong.**

Moment of Silent Reflection

Sermon

A Time of Prayer *Like a Mother Who Has Borne Us* | #583 NCH

Unison



1 Like a moth - er who has borne us, held us
2 Like a fa - ther who has taught us, grasped our
3 Though as chil - dren we have wan - dered, placed our
4 When we of - fer food and com - fort, grasp our



close in her de - light, Fed us free - ly from her
hand and been our guide, Lift - ed us and healed our
trust in power and might, Left be - hind our broth - ers,
neigh - bor's hand in love, Tread the path of peace and



bod - y, God has called us in - to life.
sor - rows, God has walked with us in life.
sis - ters, God still calls us in - to life.
jus - tice, God still walks with us in life.

Pastoral Prayer & Prayers of the People

Lord's Prayer

Our [Creator/Mother/Father/Holy One] who art in Heaven, hallowed be thy name. Thy kingdom come, thy will be done on Earth as it is in Heaven. Give us this day our daily bread; and forgive us our debts as we forgive our debtors; and lead us not into temptation but deliver us from evil. For thine is the Kingdom and the power and the glory forever. Amen.

[A variety of names for God are welcome here – including in the Lord's Prayer.]

Mission Moment W.I.S.E Church | Jo Grove

Offering Our Gifts to God



If you have an offering today, please place it in the plate on the stand next to the communion table before the end of the closing hymn. There are offering plates in the Gathering Space outside the sanctuary too. Thank you for your generosity.

www.parkwayucc.org/giving

Offering Interlude *Abide with Me*

*Response *Great Is Your Faithfulness*



1 Great is your faith - ful - ness, O God, Cre - a - tor,*
2 Sum - mer and win - ter, and spring - time and har - vest,
3 Par - don for sin and a peace so en - dur - ing,



with you no shad - ow of turn - ing we see.
sun, moon, and stars in their cours - es a - bove,
your own dear pres - ence to cheer and to guide.



You do not change, your com - pas - sions they fail not;
Join with all na - ture in man - i - fold wit - ness
Strength for to - day and bright hope for to - mor - row,



all of your good - ness for - ev - er will be.
to your great faith - ful - ness, mer - cy, and love.
bless - ings all mine with ten thou - sand be - side.

Refrain



Great is your faith - ful - ness! Great is your faith - ful - ness! Morn - ing by



morn - ing new mer - cies I see; All I have need - ed your



hand has pro - vid - ed, Great is your faith - ful - ness, God, un - to me!

*Prayer of Dedication

W.I.S.E. God, may the Spirit never stop churning and turning our comfort into justice-seeking unrest. We come before you, drawn by the power of your breath, offering you our gifts and our very selves that you may continue to build your Body, one person at a time, until all know the joy of being your Beloved. Amen.

*Song of Parting *For the Healing of the Nations* | #576 NCH



1 For the heal - ing of the na - tions, God, we pray with
2 Lead us for - ward in - to free - dom; from de - spair your
3 All that kills a - bun - dant liv - ing, let it from the
4 You, Cre - a - tor God, have writ - ten your great name on



one ac - cord; for a just and e - qual shar - ing
world re - lease, that, re - deemed from war and ha - tred,
earth be banned; pride of sta - tus, race, or school - ing,
hu - man - kind; for our grow - ing in your like - ness



of the things that earth af - fords; to a life of
all may come and go in peace. Show us how through
dog - mas that ob - scure your plan. In our com - mon
bring the life of Christ to mind, that by our re -



love in ac - tion help us rise and pledge our word.
care and good - ness fear will die and hope in - crease.
quest for jus - tice may we hal - low life's brief span.
sponse and ser - vice earth its des - ti - ny may find.

*Benediction

*God's Light Goes Forth

*Music for Going Forth *Hope, the Anchor of the Soul* by Cyrus Hurlbut

WISE Team Inquiry: A United Church of Christ Ministry

Mental Health Sunday doesn't have to end here! Our church is looking at the possibility of becoming a WISE church. We're only at the start of this journey, but we're hopeful it can be a blessed one. If you are interested in being a part of the WISE Team that would play a formative role in making this possible, please scan or click the QR code, thanks!

(WISE = Welcoming, Inclusive, Supportive, Engaged)



Announcements

Please use the form at www.parkwayucc.org/communications for all announcements for our media. Bulletin and eNews deadline: noon Monday.

Our Communications Team is very active and is exploring all kinds of avenues. Please subscribe to our YouTube Channel today. Our YouTube Channel is [@parkwayuccstl](https://www.youtube.com/@parkwayuccstl). There is a subscribe button under the main heading and brief description of our church. Thank you! Questions? Please contact barbharris@charter.net or cynthianouri@gmail.com

Mental Health Sunday ~ Free Consultations

Staff from the *Center for Mindfulness and CBT* will be available **TODAY** after worship, 11am-12:30pm, in the Gathering Space with screeners for anxiety, depression and alcohol abuse. Private space in Kevin's office and Aria's office, just beyond the restrooms, will be used. These counselors will be available for brief one-on-one consultations for support and sharing of information about appropriate follow-up with community resources. They will also demystify therapy and help answer questions on how to seek and approach mental health care for yourself or a loved one. For more info, please contact Jo Grove jogrove08@gmail.com

Speaker Series Occasional opportunities after worship at 11:15am "Mental Health Sunday: Understanding the Journey Toward Wellness," by Dr. Jeremy Shuman.

TODAY | 11:15am | Heritage Room

Join us for a special Mental Health Sunday presentation as we fulfill the United Church of Christ's mission to provide education, compassion, and support for those navigating mental health challenges. We welcome Dr. Jeremy Shuman, a licensed psychologist and Clinical Director. With over a decade of experience in the field, Dr. Shuman will lead an informative session designed to demystify the complexities of mental healthcare, including debunking the mistaken trope that "everything happens for a reason," but reaffirming how faith can bolster resilience. During this program, Dr. Shuman will address several vital questions: What exactly are mental disorders? Roots and Risks: What causes these conditions, and who is most at risk? How are mental health disorders diagnosed? What evidence-based treatments are available today?

Questions? Richard Scherrer at 90fivetpr@gmail.com

Faith into Action in the Public Square: STL County, St. Peters

Signs, signs, everywhere a sign! Let's put our new library of signs to use at some of these weekly demonstrations in south and west St. Louis County, as well as St. Peters.

TODAY, people asking for healthy communication and accountability from elected officials meet from 1-3pm in Ballwin at the corner of Weidman and Manchester Road. For more information or to list a protest, visit [facebook.com/groups/speakupstl](https://www.facebook.com/groups/speakupstl) or contact Deb Reinhardt deborahreinhardt@att.net

Go AWOL this Spring—Adventurous Women Out Late TODAY @4pm St Louis County Community Choir Concert.

Enjoy one another's company and a great concert with our own Michelle Brueggemann in the STLCCC at the renovated Powell Hall! Ticket prices \$40 -- Carpool from church at 3pm. Concert at 4pm. Click or scan QR code to sign up. Questions? Contact Carmen Bumgarner cfbum@charter.net



Prayer Corner an opportunity to pray with someone

Monday, May 18 | 1-3pm | New Sanctuary

Drop-in Prayer Time. Kevin will be in the Prayer Corner in the Sanctuary. Come on by if you'd like to pray together.

If you see someone else there, simply wait a bit in the Gathering Space.

Upcoming dates:

Wednesday, June 17 from 9-11am

Monday, Aug 31 from 7-9pm

Saturday, Oct 10 from 8-10am

Monday, Dec 14 from 7-9pm

Friday, July 31 from 1-3pm

Friday, Sept 25 from 6:30-8:30am

Tuesday, Nov 17 from 3-5pm

Wednesday, Jan 13 from 10am-12pm

We can arrange a phone call or Zoom for another time if you'd like.

Just reach out to kevin@parkwayucc.org; 314-872-9330

Tuesday Afternoon Dialogue on Zoom

1st & 3rd Tuesday | 1:45pm fellowship | 2:00-3:00pm discussion

Zoom Link (312) 626-6799; Meeting ID: 836 7061 7428; Passcode: 480007

Please join with TAD as we read and discuss *The Henna Artist* in thirds, on **May 19, June 2, and June 16**. We'd love to have you! *The Henna Artist* is a tale of perseverance, history, self-worth, and forgiveness, highlighting the power of family. A young woman named Lakshmi makes her way from her 1950s rural village to the pink city of Jaipur, and becomes the henna artist in a society pivoting between the traditional and the modern. On May 19, we'll discuss the first 5 chapters.

Fellowship starts at 1:45pm, and book discussion is from 2-3pm. For more info, please contact Jackie Eiffert at jeiffert2@gmail.com

Choir and Music Ministry Invitation

Sunday, May 24 | 9am | Choir Loft in the Sanctuary

We are excited to share that a new chapter in music ministry has begun at Parkway UCC! Aria, our Music Director, warmly invites current singers, former choir members, and anyone who has ever been curious about singing to join us!

This invitation is extended to instrumentalists, too!

Whether you have years of experience or simply a desire to explore your voice, you are welcome! This is an open invitation to help shape a renewed vision for our music ministry as we discover new possibilities together.

All are welcome - come as you are and add your voice to something new as possibilities organically grow. Questions? aria@parkwayucc.org

Tuesday Evening Dialogue

2nd and 4th Tuesdays | 6-8pm | Heritage Room

Zoom Meeting ID: 849 4403 9731; Passcode: 792617

Please join us on **May 26** for our first session on our next book, *Lab Girl* by Hope Jahren. This book is a 2016 memoir by geobiologist Hope Jahren, blending her personal story with the science of plants, trees and soil, and exploring her career, her friendship with her lab partner Bill Hagopian and her struggles with bipolar disorder. This book is celebrated for its unique combination of scientific insight, candid personal narrative and for winning the National Book Critics Circle Award and becoming a best seller. We will be covering Part One "Roots and Leaves" for our first session on **May 26**.

Bring a dish to share for the potluck & join us for our next conversation!

Newcomers are always welcome!

Please join us in person at 6pm or on Zoom starting at 6:45pm. Contact Helen Race at raceh@att.net for questions.

PHOTO OP: Affordable Photos for Families, Couples, Individuals

We're excited to be hosting portrait photographer Tim Barrick in our community. He works with churches across North America, creating relaxed, welcoming photo experiences that focus on real connection.

On Saturday, May 30, he'll be offering Pay-What-You-Can outdoor mini sessions for individuals, couples, and families. These sessions are simple, meaningful, and tend to fill quickly, so sign up soon.

On Sunday, May 31, he'll also offer a limited number of simple headshots available after service (great for job searches, profiles, or anyone needing an updated photo).

Mini Sessions Saturday, May 30

9 am-7 pm

Drace Park--2310 Cedar Valley Rd.,

Town and Country, MO— just east of

Interstate 270 and south of Clayton Road.

(Art Museum in case of rain.)

To schedule a session, scan or click QR code to contact Tim.



Spread Kindness With Food | Lasagna Love

Lasagna Love is a global, volunteer-driven non-profit movement that delivers free, homemade lasagna to individuals and families in need. It is a neighbor-to-neighbor movement.

For our **Sunday, May 31** “Jesus has Left the Building” we plan to make 4 pans of lasagna and 4 batches of brownies to deliver to families. One way to participate is to donate non-perishable ingredients for the event. There will be a marked container in the gathering space for your donation. This is a list of needs:

- 4 boxes of oven-ready lasagna noodles (require no precooking). Dollar Tree carries these.
- 4 jars (approximately 28 oz) of pre-made marinara sauce (Plain)
- 4 cans (approximately 24 oz) of crushed tomatoes
- 4 cans of tomato paste
- 4 boxes of brownie mix
- 1 small jar of sweet basil

We will need about 6-7 volunteers to assemble the lasagnas on May 31.

For more info on how to help, contact Ruth Huebner ruthhuebner@hotmail.com

Bread for the World Offering of Letters

Sunday, May 31 | 9-11am | Gathering Space

We will hold our annual Bread for the World Offering of Letters event during the Sunday, 5/31 Jesus Has Left the Building (JHLTB) service project event. The Offering of Letters is our opportunity to join people of faith nationwide in a campaign to hand-write thousands of letters to members of Congress about nutrition programs in the U.S. and around the world. When we combine our stacks of letters from PUCG with other Missouri churches, our voices are amplified! There will be many ways to provide hands-on service for the JHLTB Sunday, so we encourage you to write your letters in one of the 5 following ways. Then, we can include your letters in our personal delivery to congressional offices!

1. Write Before Sunday: Hand-write letters from home and bring them to church on 5/31
2. Come early to write: Come to church early on 5/31 and write letters at the tables in the gathering space before worship and service projects
3. Write during the service: Write reasons why you care about fighting hunger on a pre-printed letter template provided at church and submit an online letter via smartphone during the offertory
4. Write for JHLTB project : Write after the service at the tables in the gathering space as your participation in JHLTB service
5. Write after Sunday: Bring in your handwritten letters on Sunday, June 7 and put them in the basket in the gathering space Online letters can be submitted by scanning or clicking the QR code.

For how to get more involved, contact Cindy Levin changyit@icloud.com



May Eco Stewards Newsletter

Now that our successful Saver's FUNDrive is over—guess what—we can still earn money. They have a referral program. If we refer to them a non-profit that completes their own FUNDrive, we receive another \$50. That's for each referral and there is no expiration, they just need to use the link provided here, to sign up.

Please send this to any of your nonprofit connections that you think may qualify and be interested. Any schools, clubs, sports teams, organizations, etc. that you may or may not belong, might be looking for a way to earn money and have the time and space to promote this fundraiser. It's easy since everyone needs to declutter from time to time. Reach out to Polly if you have any questions about how this works. Copy and share your personal link with friends:

<https://share.fundrive.savers.com/pollyrutherford>

Those of us who watched our Earth Day film presentation by Douglas Tallamy were inspired by his insights and motivated to “act” to “make a difference”.

Here are a few quotes by Doug for you to ponder:

“Our privately owned land and the ecosystems upon it are essential to everyone's well-being, not just our own. Abusing land anywhere has negative ramifications for people everywhere.”

“Your leaf litter can be home to a rich assortment of native plants while it is fertilizing, mulching, and watering your land.”

“The water from a 2-inch downpour, for example – more than 54,000 gallons per acre – is captured almost entirely by an oak forest's leaf litter and the organic humus it creates. Litter and humus don't hold this water indefinitely, but they do corral it on-site just long enough for it to seep into the ground, replenishing the water table on which so many of us depend. In areas with no leaf litter, the same 2-inch rainstorm causes a flood.” For more info about being a part of Eco Stewards, contact Polly Rutherford

pollyrutherford@gmail.com

Parkway Adventurers headed to National Museum of Transportation Planes, Trains, and Automobiles—and more!

Wednesday, June 3 | 9:30am-1:30pm | 2933 Barrett Station Road

Join us for Planes, Trains, and Automobiles, plus much more. The Parkway Adventurers are off to The National Museum of Transportation in a neighborhood near us. This unique museum was founded in 1944 with 42 acres of all types of transportation. Included in their collection are steam, diesel, and electric locomotives, passenger and freight cars, automobiles, streetcars, buses and aircraft. The adults ticket price is \$16 and for seniors is \$14, although a discount can be obtained with Groupon. There is free parking and we will be doing a self-guided tour. Lunch following will be about 11:30am at The Corner Grill and Pub. 13645 Big Bend Rd Valley Park, Missouri. We will leave from the church at 9:30am or you can meet us at the museum at 10am. Any questions and RSVP contact Carol Cobb, ccjacob@aol.com

Every Child's Hope: Hope Rising Black & White Gala

Saturday, June 13 | 5pm | Ameristar Casino, St. Charles

You are cordially invited to an uplifting evening that celebrates the hope ECH brings to every child, the healing we offer to every family, every day. Scan or click QR code to register! For more info, contact Ashley Milam aviehm@gmail.com



ALS Walk 2026 - Loving the Penicos and Eifferts

Saturday, June 27 | 10am | Forest Park

Too many of us have been touched by the tragedy of amyotrophic lateral sclerosis, or ALS. Join us to raise awareness and funds for ALS research and patient/family support at this walk honoring those impacted by ALS. The event is full of community spirit and hope.

Register now to join the ALS Walk by scanning or clicking the QR code. Choose "join a team" and search for **PUCC Loving the Penicos and Eifferts**. On June 27, check in begins at 8:30am; walk begins at 10am. **NOTE:** Children of all ages can participate in the walk. For more info, contact Lisa Mason lmason624@sbcglobal.net



Coffee and Conversation at Panera

Monday, June 29 | 7pm | Panera on Manchester Rd, Des Peres by 270

Join us for a beverage and sweet treat. Come connect! No need to RSVP - just show up!

Upcoming dates:

Wed, July 15 at 2pm	Fri, Aug 21 at 10am
Mon, Sept 21 at 2pm	Tues, Oct 20 at 2pm
Wed, Nov 11 at 10am	Mon, Dec 7 at 2pm
Wed, Jan 20 at 10am	

Questions? Contact kevin@parkwayucc.org; 314-872-9330

SAVE THE DATE Habitat for Humanity Workdays



On both of Parkway's UCC Habitat workdays, **July 11** and **August 1**, continue Parkway UCC's hands on support of 40 years of Habitat since our members were heavily involved in bringing it to St. Louis. Click or scan QR to register. You can also use this link: <https://tinyurl.com/3e4c6j5d>. For more info, reach out to Tom McKenzie at mckenzie1947@att.net

Prayer List

Wednesday, May 13, 2026

Celebrations

Dr. Emma Ross - DVM graduating from Mizzou CVM on May 15 and beginning her veterinary career at *Arch Animal Hospital* on June 1.

The Baptism of Estela Margarita Davila here on May 3 - parents Bethany and Enrique; grandmother Jackie Eiffert; g-grand Marion Pleis.

High school seniors & collegians - theses, finals, graduation, etc.

Emily and Madi - as they travel to Austria and Germany (Reinhardt).

Concerns

Pat Owens - hospitalized since the weekend; seeking strength.

Rick & Cheryl Schrenker - as they grieve/give thanks for his sister Jackie; memorial svc 5/13 - Jacklyn Toomey Obituary - Castle Rock, CO

Kris McKenzie - good results from her surgery; waiting for next steps.

Remmert Family - sudden death of Nancy on Mother's Day (Yakel).

Ongoing chaos in the Middle East - including for the people of Iran. **The continuing war with Ukraine and Russia.**

Our St Louis neighbors finding their way after May '25 tornado

All lawfully present non-permanent refugees who were legally resettled in the US prior to January 2025 who have lost their SNAP food benefits (May 1) and will lose their Medicaid benefits (October 1). They will also lose eligibility for ACA Marketplace subsidies (January 2027) because their Green Card applications have been paused (Livengood).

Continuing

Alex Wiseman - living with autoimmune challenges; new doctor appts.

Diane Doty - hospice care after cancer diagnosis (Grant's mom).

Carole Gwyn - ongoing health issues (David's mother).

Judy Brueggemann - continuing health challenges (Brad's mother).

Jonathan McPeak - head trauma during missile attack on his ship in Iran; home now in the US and doing better (nephew of Karla Beck).

Bob & Jan - health, wholeness, peace, joy (Laura Waite's grandparents).

Ed and Mary Calcaterra - as he receives hospice care (Litzinger).

Laura Gywauli - living with acute myeloma leukemia (Reinhardt).

Rita Holly - waiting for transplant match (Nouri).

Randy Cosby - healing as multiple myeloma has returned (Reinhardt).

Jeff Wentworth - nearing the end of his life; hospice care (Grove).

Derek - end stage alcoholism; grace for his father David (Akers).

Rebecca - continued healing after brain surgery (Bowermaster).

Phil & Amy, daughter B - loving one another thru his cancer journey.

Lori Connors - healing and strengthening.

Karla Beck - as her family seeks peace and her brother receives care.

Tina - complications of Legionaries' disease (Jones-Goldstein).

Mark McKenzie - for healing, clarity, refreshment (Tom's brother).

Emi - 5 year-old with Children's Hospital for chemo (McConnell).

Ron Mudica - receiving hospice care; stage 4 cancer (Akers).

Kenton & Teal Blacksten - K's many health challenges due to diabetes

John Ruiz's oldest brother and wife - healing in Cape Girardeau.
John & Nancy Tallyn - his heart condition; her recurring leukemia.
Renee Pellegrino & family - as she deals with multiple health issues.
Danny Venverlo - awaiting a kidney transplant (McDougall).
Haack's doctor and his wife Christine - her ongoing health crisis.
Rebecca Ray - that her book on suicide prevention will be published.
Bill & Nancy Darland - his ongoing health issues.
Gail, Bill and Christopher Haack - chronic health challenges.

Home-Centered/Care Facility/Rehab Center

Lewis Junior Burcham - *The Glenwood*; 1635 N. Baltimore Ave #25; Mt. Zion, IL 62549; 217-864-1757 [birthday: January 15]
John Nourse *The Village at Cape Albeon*; 3300 Lake Bend Dr, #166; Valley Park, MO 63088 [birthdate: October 26]
Pat Owens - *Mason Pointe* - 13190 South Outer Forty Rd, #2303; Town and Country, MO 63017; 314-323-7194 [birthdate: February 18]
Ruth Peace - 10379-D Forest Brooke Ln; StL MO 63146; 314-983-025 meadletter222@gmail.com [birthdate: August 8]
Naomi Runtz - 272 N Lindbergh Blvd; StL MO 63141; 314-993-0469 naomiruntz@sbcglobal.net [birthdate: August 30]
Gladys Sims - *Friendship Village - 15200 Village View Dr, #2418*; Chesterfield, MO 63017; 636-898-8873 [birthdate: July 4]
Ellie Svenson - *Mason Pointe* - 13190 South Outer Forty Rd, #2213; Town and Country, MO 63017; 314-323-7194 [birthdate: June 19]
Judy Waddell - 13510 Weston Park Dr; STL, MO 63131; 314-369-4885 [birthdate: August 13]

Other

US military and their families - including our own **Sera Watkins** deployed thru '26 and **Anthony Williams**, US marine involved in Iran.
Sera, Wyatt Watkins & family as she is deployed until end of 2026.
Pres Trump, VP Vance, Congress, all local, national, world leaders.
Our trans siblings as they deal with harmful state/federal policy plans.
All who depend on USAID programs that have been eliminated.
The "me too" Movement - shining a light on sexual abuse.
All people who live with mental illness & those dealing with meds.
Caregivers of all shapes and sizes.
PUCF Family struggling with employment; healthcare costs and limits.
Our Missouri Mid-South Conference and St Louis Assn UCC
Gun violence and other violence across the US and other lands.
Conversations about the Death Penalty in the United States.
Victims of Natural and Created Disasters around the world.
Healing of relationships between the public and the police.
Peace and Justice near and far.
US Military around the globe.
Prayer Chaplain Ministry here at Parkway UCC.

Daily Burden-Bearing (Psalm 68:1-10, 32-35)

We all have those times. Times when we are fatigued by life. Times when we can't find a way out of life's harsh places. Sometimes, the battle comes from outside us: we see pets without homes and people without basic securities. We witness people actively harming others through brutality or laws meant to diminish them or hurt them. We see billionaires getting richer while other people go without. Other times, the battle is inside our own minds. That feeling we don't measure up. That we can't get life right. The inner voice, at times dim, at times clanging, urges us to admit defeat, tells us we can't win this battle and, worse, are a burden to others. To whom do we reach out to for comfort and help? How do we scramble over the barrier of pain so thick we feel as if we are trying to walk through a vat of chest-deep molasses? We must try to reshape our thoughts, to find comfort from knowing where and to whom we belong and that "when God marched through the wilderness, the earth shook, the heavens poured down rain... God gave abundant showers, and refreshed our weary inheritance" (Psalm 68:7-9).

Dear God, When we are too tired to care for ourselves, let alone others, please fill us with your loving spirit and bring us peace and strength. Let your "abundant showers" revive us so we can absorb your mercies into our dry husks. Amen.

Wait Together, Hope Together (Acts 1:6-14)

When I was in high school, I worked in an office and felt happy and secure – until the company had to down-size, and I lost my job. I remember the visceral feeling of dismay. At 18, I did not think of change as a new beginning, only an end. I mourned not seeing the people I worked with as I grieved no longer being a part of that particular company. Then, I couldn't see my leaving that company opened a way to another position where I worked with people who encouraged me to attend college and supported my being the first person in my family to do so. Those steps led to many others, culminating scholastically in becoming a college English professor. We all experience change, of course. Sometimes, we initiate it; other times, it falls upon us, changing our lives in ways we hadn't imagined. Both types require faith. Being able to maintain equilibrium comes in part from holding on: to our supportive community, to our faith, to God.

Dear God, When our world feels topsy turvy, remind us we can turn to you for the stability and love you give us always. Amen.