



www.parkwayucc.org Sunday, July 24, 2022

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Limitless Love | Courageous Action | Spirited Inquiry

Purpose Statement

Parkway United Church of Christ strives to be an inclusive community embracing: spiritual nourishment, open—minded inquiry, courageous action, and interfaith partnerships to fulfill God's calling to create a just world for all.

Congregational Statement

Parkway United Church of Christ, with God's grace, seeks to be a congregation that includes all persons, regardless of race, ethnic, or socio—economic background while respecting differences of gender, marital status, age, sexual orientation, and mental and physical ability. We aspire to act justly, to love mercy, and to walk humbly with our God. We invite all to share in the life and leadership, ministry, fellowship, worship, sacraments, responsibilities and blessings of participation in our open and affirming congregation.

PARKWAY UNITED CHURCH of CHRIST

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Welcome to Parkway

Thank you for joining us this morning. If you are with us virtually, please let us know you are here by commenting in the chat.

Welcome Children. We invite children to full participation in worship.

Today's scripture reader: Linda Tossing

Today's flowers: In appreciation for our Sunday School teachers – past, present and future.

Bell Rung During Lord's Prayer. A tradition begun when farmers working in surrounding fields would stop work and join in prayer.

Subscribe to our email lists: Text your email address to 22828 or sign up at www.parkwayucc.org

Communications Requests: Please use the form at **www.parkwayucc.org/communications** for all announcements for all our media. Bulletin and eNews deadline is noon Monday.

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Mental Health Support

988 (new nationwide 3-digit number similar to 911... call or text)

24/7 Crisis Hotline 800-273-8255 (TALK)

800-SUICIDE: 800-784-2433

24/7 Missouri Department of Mental Health 800-811-4760

Text 741741 and someone will text right back... www.crisistextline.org

Behavioral Health Network of Greater St Louis 314-449-6713

Anniversaries

7/25 DISCHINGER, Doug & Sally (52)

Birthdays

7/25	SCHARF, Caitlin	7/27	WILSON, Anna
7/25	SCHATZ, Jill	7/27	WILSON, Emily
7/27	HOGARTY, Kevin	7/28	WADDELL, Chase
7/27	LOWENTHAL, Andy	7/29	STOLZE, Sarah
7/27	TALLYN, Diane	7/30	PLEIS, Marion

7th Sunday after Pentecost

Sunday, July 24, 2022 | 10:00am | Sanctuary & Facebook Live

Meditation Look into your own heart, discover what it is that gives you pain and then refuse, under any circumstances whatsoever, to inflict that pain on anybody else. ~Karen Armstrong

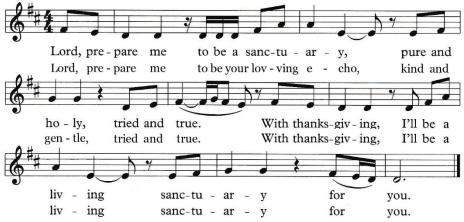
Welcome Let us know you are here!

Passing the Peace "May the peace of Christ be with you."

Prelude Fantasia—Johann Pachelbel (1653-1706)

Lighting of the Candles & Ringing of the Bell

Welcome Song Sanctuary #2164



Scripture Psalm 85 (CEB – Common English Bible)

Lord, you've been kind to your land; you've changed Jacob's circumstances for the better. You've forgiven your people's wrongdoing; you've covered all their sins. You've stopped being furious; you've turned away from your burning anger. You, the God who can save us, restore us! Stop being angry with us! Will you be mad at us forever? Will you prolong your anger from one generation to the next? Won't you bring us back to life again so that your people can rejoice in you? Show us your faithful love, Lord! Give us your salvation! Let me hear what the Lord God says, because God speaks peace to the people and to God's faithful ones. Don't let them return to foolish ways. God's salvation is very close to those who honor God so that God's glory can live in our land.

Faithful love and truth have met; righteousness and peace have kissed. Truth springs up from the ground; righteousness gazes down from heaven. Yes, the Lord gives what is good, and our land yields its produce. Righteousness walks before God, making a road for God's steps.

*Call to Worship

One: We are invited here because this is a safe place.

Many: We can rest, refresh, rejuvenate here.

One: We can ponder, pray and power up here.

Many: We are here at the Holy's invitation.

One: It is good that we have answered this call.

Many: We open all of our senses that we might be fully present and receptive.

One: We let the rest of the world go on while we do what we do here.

Many: It is important and impactful that we spend this time here now.

One: All things are ready. Come.

All: Let us worship our God together—Creator, Christ and Spirit.

***Song** Sweet Hour of Prayer #505



- 1 Sweet hour of prayer! Sweet hour of prayer! that calls me from a world of care,
- 2 Sweet hour of prayer! Sweet hour of prayer! the joys I feel, the bliss I share
- 3 Sweet hour of prayer! Sweet hour of prayer! whose wings shall my pe ti tion bear



and bids me at my Ma-ker's throne let all my needs and wants be known. of those whose anx-ious spir-its burn with strong de-sires for your re-turn! to One whose truth and faith-ful - ness en - gage the wait - ing soul to bless.



In sea-sons of dis-tress and grief, my soul has of - ten found re - lief, With them I has-ten to the place where I would know my Sav-ior's face, And since I'm bid to seek God's face, be-lieve God's word, and trust God's grace,



and oft es-caped the tempt-er's snare by your re-turn, sweet hour of prayer!

And glad-ly take my sta-tion there, and wait for you, sweet hour of prayer!

I'll cast a-way my ev-ery care, and wait for you, sweet hour of prayer!

*Opening Prayer

God, you are closer than our own breath. You know everything about us. You visit us in the waking hours and in the sleeping hours. You give us gifts of calm, encouragement, power. You weave us together with the past, this moment and the future... though it is a mystery to us. Continue to be patient with us as we learn to trust you more. Amen.

*Response Spirit of the Living God

Spirit of the living God fall afresh on me; Spirit of the living God fall afresh on me. Melt me, mold me, fill me, use me! Spirit of the living God fall afresh on me.

Children's Time Children are invited to Room 12 (Lower Level) and Youth to Room 15 (Lower Level) following this Children's Time.

Blessing the Children Lord, Listen to Your Children Praying #2193



Scripture Luke 11:1-13 (CEB – Common English Bible)

Jesus was praying in a certain place. When he finished, one of his disciples said, "Lord, teach us to pray, just as John taught his disciples."

Jesus told them, "When you pray, say: 'God, uphold the holiness of your name. Bring in your kingdom. Give us the bread we need for today. Forgive everyone who has wronged us. And don't lead us into temptation."

He also said to them, "Imagine that one of you has a friend and you go to that friend in the middle of the night. Imagine saying, 'Friend, loan me three loaves of bread because a friend of mine on a journey has arrived and I have nothing to set before him.' Imagine further that he answers from within the house, 'Don't bother me. The door is already locked, and my children and I are in bed. I can't get up to give you anything.'

I assure you, even if he wouldn't get up and help because of his friendship, he will get up and give his friend whatever he needs because of his friend's brashness. And I tell you: Ask and you will receive. Seek and you will find. Knock and the door will be opened to you. Everyone who asks, receives. Whoever seeks, finds. To everyone who knocks, the door is opened.

"Which parent among you would give a snake to your child if the child asked for a fish? If a child asked for an egg, what father would give the child a scorpion? If you who are evil know how to give good gifts to your children, how much more will the God give the Holy Spirit to those who ask?"

Moment of Silent Reflection

Sermon

Invitation to Prayer Standing in the Need of Prayer #519, v1, 4 Refrain: **It's me**, **it's me O Lord**, **Standing in the need of prayer It's me**, **it's me O Lord**, **Standing in the need of prayer**.

Not my mother or my father, but it's me, O Lord, standing in the need of prayer; not my mother or my father, but it's me, O Lord, standing in the need of prayer. [Refrain]

Not my brother or my sister, but it's me, O Lord, standing in the need of prayer; not my brother or my sister, but it's me, O Lord, standing in the need of prayer. [Refrain]

Pastoral Prayer & Prayers of the People

Lord's Prayer sung to the tune by Nate Stout

Our [Creator/Mother/Father/Holy One] who art in Heaven, hallowed be thy name. Thy kingdom come, thy will be done on Earth as it is in Heaven. Give us this day our daily bread; and forgive us our debts as we forgive our debtors; and lead us not into temptation but deliver us from evil. For thine is the Kingdom and the power and the glory forever. Amen.

[A variety of names for God are welcome here – including in the Lord's Prayer.]

Offering Our Gifts to God

If you have an offering today, please place it in the plate on the communion table before the end of the closing hymn. There are also offering plates in the Gathering Space just outside the sanctuary. Thank you for your generosity.

Offering Interlude Prayer Interlude—James Denton



*Prayer of Dedication

Holy One, we are your grateful people. Help us to become generous too. We want to loosen the tight grip we have on our possessions and our resources. We want to let things flow through our hands to others. Work in our minds, hearts, bodies and spirits that we might be less attached to things and more committed and compassionate with one another. Amen.

***Song of Parting** Be Thou My Vision #451-NCH



*Benediction

*God's Light Goes Forth

*Music for Going Forth Postlude in C—Felix Mendelssohn

Versions of the Lord's Prayer

Eternal Spirit, Earth-maker, Pain-bearer, Life-giver, Source of all that is and that shall be, Father and Mother of us all, Loving God, in whom is heaven: The hallowing of your name echo through the universe! The way of your justice be followed by the peoples of the world! Your heavenly will be done by all created beings! Your commonwealth of peace and freedom sustain our hope and come on earth. With the bread we need for today, feed us. In the hurts we absorb from one another, forgive us. In times of temptation and test, strengthen us. From trials too great to endure, spare us. From the grip of all that is evil, free us. For you reign in the glory of the power that is love, now and for ever. Amen. (New Zealand)

Dear One, closer to us than our own hearts, farther from us than the most distant star, you are beyond naming. May your powerful presence become obvious not only in the undeniable glory of the sky, but also in the seemingly base and common processes of the earth. Give us what we need, day by day, to keep body and soul together, because clever as you have made us, we still owe our existence to you. We recognize that to be reconciled with you, we must live peaceably and justly with other human beings, putting hate and bitterness behind us. We are torn between our faith in your goodness and our awareness of the evil in your creation, so deliver us from the temptation to despair. Yours alone is the universe and all its majesty and beauty. Amen. (Jim Burklo)

Great Love; root and sap of our evolving fullness, nudge us forward in our creative potential so we may flourish for the common good. In each mindful moment, help us recognize that we free ourselves from the ghosts of our past in the release we grant those who have harmed us. Keep us focused on what is right. Make us thirsty for what is just. It is love, that knows the way, shows the way, becomes the way, to fulfilment of our eternal call. Amen. (Stephen Best)

Eternal God, we invite your spirit to come into this room and guide our actions. We are not here to ask you to bless what we have designed. We are here to ask you to transform us: to make us better. Make us courageous. Make us tireless in seeking a more just nation for all who live in this land. We know that we will only be a great nation when we are a good nation – when every citizen is fully vested in the promises of citizenship and fully shares in the opportunities of this great land. Eternal God, hope of all who call out to you, may we each be one pivot point where the world swings from what it is to what it can be. We may call you by different names, we may pray in different languages, we may come from a multitude of perspectives – but right now we share this moment in history – as we live together on this fragile planet. Give us grace, give us courage, give us compassion, and give us hope. Amen. (Steven Bailey)

Most Compassionate Life-giver, may we honor and-praise you; may we work with you to establish your new order of justice, peace and love. Give us what we need for growth, and help us, through forgiving others, to accept forgiveness. Strengthen us in the time of testing, that we may resist all evil for all the tenderness, strength and love are yours, now and forever. Amen. (unknown)

Announcements

Speaker Series: Annie's Hope—The Center for Grieving Kids

Sunday, July 24 | 11:15am in the Heritage Room and on Zoom We have invited Annie's Hope to be with us after worship and Sunday School to gather with anyone who would like to continue grieving the death and celebrating the life of Barb Kuhlmann ... and/or anyone who wants to know more about grief and how you can be a more non-anxious, supportive presence to others in your life who are grieving. All ages are welcome! Annie's Hope (formerly The St. Louis Bereavement Center for Young People) provides comprehensive support services to children, teens and their families who are grieving a death. Annie's Hope serves humanity in a non-judgmental atmosphere filled with compassion and gratitude.

Attend All/Any Speaker Series on Zoom:

https://us02web.zoom.us/j/84691476997?pwd=aEM2ZURYWURLNmkwd0EzV0VHV1IyQT09

Meeting ID: 8469147 6997 | Passcode: 181565 | Dial (312) 626-6799

Neighbors Helping Neighbors

School is out, many supplies are used up, and children will be taller by the end of summer. Let's help school children be ready for next fall. Parkway UCC is asked to provide 300 2-pocket folders for the Isaiah 58 Back-to-School event on July 30. Underwear and socks for any ages, small children through adult sizes would be most appreciated. We are also invited to host a game, activity booth, or resource table.

Isaiah 58 serves our neighbors in the Choteau, Jefferson, Cherokee, and S. Kingshighway boundaries. As you are able, please consider donating 2-pocket folders, socks, and underwear and place in the designated box in the church lobby by July 29. Contact Evelyn Buretta: burettaevelyn@gmail.com

We love Special Olympics! Saturday, August 6 | 12:00 - 3:00pm
Affton Athletic Association Fields, 10300 Gravois Road, Affton, Mo., 63123
We are looking for 3 more PUCCers to join Kevin and Dexter Cameron and Lauren Schneider for the 12-3pm afternoon volunteer shift at SOMO's East Regional Softball Tournament on Saturday, August 6, 2022. This event will be held at the Affton Athletic Association Fields, 10300 Gravois Road, Affton Mo. 63123. Upon arrival, please locate the volunteer check-in table where you be given a volunteer t-shirt and volunteer assignment. Thank you for helping make this day possible for our athletes and their families. Remember sunblock, a hat and a water bottle! kevin@parkwayucc.org

TED is on summer break until August 9. Even though we are not meeting until then, start reading *Ordinary Grace* by William Kent Krueger. It's a story about a boy, a small town and a murder in the summer of 1961. It has been described as an unforgettable novel about discovering the terrible price of wisdom and the enduring grace of God.

Please read the first 150 pages for our next TED gathering/potluck on Aug 9.

TAD on Summer Break until August 16

Tuesday Afternoon Dialogue is taking a break for the summer, but will resume on Zoom on Tuesday, August 16th, at 2:00pm. We'll begin discussing *One Long River of Song: Notes on Wonder*, by Brian Doyle. Borrowing from Amazon: From a "born storyteller" (Seattle Times), this playful and moving bestselling book of essays invites us into the miraculous and transcendent moments of everyday life." And, "Doyle often used his Catholicism to explore the human and natural worlds, but this is perhaps the most generous, universal 'religious writing' you'll ever read." Please join us in August.

Outdoor Free Summer Concert Friday, August 12 | Des Peres Park 7pm Enjoy the super fun band Fatpocket on Friday night, August 12 Bring your blankets, lawn chairs, and coolers with your favorite snacks and beverages (alcohol is allowed). Glass bottles are not permitted for safety. No concessions will be sold. Limited parking is available inside the park. Ridesharing is encouraged and overflow parking is available at the Edward Jones Building, 12555 Manchester Road, 63131. In case of inclement weather, please visit www.desperesmo.org/weather after 4 p.m. on the day of the event. FREE (no registration required) | All Ages

We are looking for a host that would arrive at the park early and stake out some space for us.

FatPocket—https://fatpocketband.com/home

FatPocket is the Midwest's highest energy party band featuring the hottest horns, powerhouse vocalists and a setlist that keeps you on your feet. This band will move your guests to the dance floor for a nonstop dance party until the house lights turn on.

No backing tracks, no sheet music and no "standing still" on stage, FatPocket is a band that brings back the LIVE energy of the 6os-8os to the Top 4o Chart Toppers of today. Unlike a traditional wedding band, the FatPocket horns and singers are up front partying with you and strutting their moves for a one-of-a-kind experience that will leave your guests in awe.

Pearl Harbor Experience Shared Sunday, August 14 | 2:00-3:00pm Tappmeyer Homestead, 2 Barnes West Drive, Millennium Park in Creve Coeur Dorinda Makanaonalani Nicholson was 6 years old and living in Pearl Harbor on December 7, 1941. She and her parents fled to nearby sugar cane fields and witnessed the bombing. When the American Girl doll Nanea was created, Dorinda served as a consultant in her development. Her personal experiences have been the basis for her books about the history and culture of Hawaii and how the attack affected civilians. Dorinda has since settled in Missouri and will share her thoughts at the Tappmeyer Homestead, 2 Barnes West Drive in Creve Coeur's Millennium Park at 2 p.m. August 14. Doll exhibits will be featured noon – 4 p.m. August 14 and 28. Reservations are requested for Dorinda's talk; email TappmeyerHomestead@gmail.com. And learn more about Tappmeyer at TappmeyerHomestead.org

Grizzlies Baseball Game Sunday, August 21 | Gametime is 5:45pm Take me out to the ballgame! Cheer on our Gateway Grizzlies with a dozen or more PUCCers as they face the Windy City ThunderBolts!

The Gateway Grizzlies are a professional baseball team based in the St. Louis suburb of Sauget, Illinois, in the United States. The Grizzlies are a member of the West Division of the Frontier League, which is a partner league of Major League Baseball.

This is a much more manageable excursion than going to a Cardinals game... so if you enjoy baseball and/or want an 'easier' adventure, this is the opportunity for you.

Please reserve your ticket(s) by contacting PUCCer Blake Lyons via phone/text 314-681-0620.

Tickets are \$16 each. Please make checks to PUCC with Grizzlies in memo. We can also work out carpooling a few days ahead.

Festival of Nations Sat & Sun August 27-28 | festivalofnationsstl.org/ We are a diverse, inclusive and thriving community in St Louis!

An inclusive community is a cultural experience. An immersion to diverse cultures that will enrich our lives. It is achieved when we bridge cultures and inspire action. It is not accidental, it is deliberate, in words and deeds.

An inclusive society is a festival! The FESTIVAL OF NATIONS! It is a time to enjoy amazing foods, toe tap to a musical spectacle, listen deeply to a story told, and support the thriving entrepreneurial spirit of this diverse community.

This is one of the best annual events in St Louis. We will let you know when the full schedule of events is available so we might arrange carpools.

Festival of Nations is again brought to you by the International Institute of St. Louis. For more than 100 years, IISTL has been building a more connected and productive society to benefit immigrants, their families, and the wider community. Our vision is for a diverse, inclusive and thriving community.

Today, IISTL provides a whole host of services annually to more than 5,000 immigrants and refugees, including English classes, citizenship preparation, job services, counselling, and small business development. We are also working to help immigrants and the wider community to build connections by promoting cross-cultural understanding. Join us at www.iistl.org

THIS IS ONE OF THE BEST ANNUAL EVENTS IN ST LOUIS!

YOU REALLY DON'T WANT TO MISS THIS!

You can also help make it a huge success by volunteering. This isn't possible without lots of volunteers like you...

Volunteer Opportunities: iistl.volunteerlocal.com/volunteer/?id=63243

Prayer List as of Wednesday, July 20, 2022

Celebrations

All the acts of kindness, justice and equity near and far.

Alison Yakel - moved to Seattle over weekend to begin RN Residency.

Don Luedloff - celebrating his 90th Birthday today (Barry's father).

Concerns

Kari Borgmann's 98 year old mother - nearing the end of her life. Jim Winkelmann - at DePaul Rehab Hospital after a recent stroke. Grieving/giving thanks for Barb Kuhlmann - Memorial Service 3pm on Sat, July 30. https://www.boppchapel.com/obituaries/Barbara--Kuhlmann-?obId=25220626#/obituaryInfo

Bill and Pat Owens - as Bill seeks healing after recent back surgery. **Bart Coleman** - some complications as he preps for heart procedure. **Joan Biest** - radiation treatments will begin on July 21.

Peter Shelton - surgery July 29... due to gallbladder surgery in 2021. **Jennifer** (John Nourse's daughter) - diagnosis of rare form of cancer **Josh** - starting chemo; will need a bone marrow transplant (Tarr).

Sharon - variety of health challenges (Rogers).

Sue Linson - just diagnosed with leukemia (McKenzie).

All impacted by Covid-19 - individuals, families, healthcare workers; If anyone needs help getting vax/booster or if anyone vaccinated would like to be on the Care Team, please reach out to kevin@parkwayucc.org

Family of Jayland Walker, police and public in Akron, Ohio. The war in Ukraine.

Women's Justice issues.

Continuing

Kathy Ferrell - healing for her broken wrist.

Jackie - special needs adult battling Parkinson's, cancer, and dementia. **Dusty & Lindsay; Matt & Kim** - expecting babies with complications. **Sharon** - struggling with many health issues (Gerry Rogers' cousin). **The Haack's neighbor** - stage 4 cancer... single parent of a 2.5 yr old. **Janet Schoedinger** - chemotherapy for 3rd cancer battle (Litzinger). **Lynda Ruby** - living with cancer (Lindner).

Val - strength and patience (Jim Winkelmann's 101 year-old mother). **Christopher, Gail & Bill Haack** - chronic health challenges.

Cherie & Mike Stolze - her health; her father's kidney disease.

Ruth Peace & Pinky Wilcoxen - PUCC sisters with health challenges. Bill Darland - ongoing health issues.

Lizzie - awaiting liver transplant (niece of Barb Kuhlmann).

Anthony - multiple challenges as he lives his post-incarceration life.

Gary - risky behaviors; seeking balance and stability.

Intertwine Interfaith Welcome Circle - Afghan family in St Louis.

St Louis Association UCC Covenant Partner

Week ending July 24 - **Samuel UCC**, Clayton; samuelucc.org Week ending July 31 - **Second Congregational UCC**, Memphis.

Home/Care Facility/Rehab Center

Marv Herpel - Brookdale West County; 785 Henry Ave, #217;

Ballwin, MO 63021; 636-227-5838 [birthdate: March 3]

Sue Houser - Bethany Ctr for Rehab & Healing; 421 Ocala Dr - #209B;

Nashville, TN 37211; 615-577-2049. [birthdate: July 8]

Pat Klein - Anthology Senior Living of Wildwood; 251 Plaza Dr,

#325; Wildwood, MO 63040 [birthdate: September 21]

Bill Klein - Anthology Senior Living of Wildwood; 251 Plaza Dr,

#104; Wildwood, MO 63040 [birthdate: March 8]

John Nourse *The Village at Cape Albeon;* 3300 Lake Bend Dr, #103; Valley Park, MO 63088 [birthdate: October 26]

Ruth Peace - 10379-D Forest Brooke Ln; StL MO 63146; 314-983-0253;

meadletter222@gmail.com [birthdate: August 8]

Naomi Runtz - 272 N Lindbergh Blvd; StL MO 63141; 34-993-0469

naomiruntz@sbcglobal.net [birthdate: August 30]

Glady Sims - Friendship Village - 15200 Village View Dr, #2418;

Chesterfield, MO 63017; 636-898-8873 [birthdate: July 4]

Pinky Wilcoxen - 10379-D Forest Brooke Ln; StL MO 63146; 314-983-

0253; meadletter222@gmail.com [birthdate: April 7]

Dick Witte - Meramec Bluffs Assisted Living; 40 Meramec Trails Dr; Apt

#104; Ballwin, MO 63021; 636-368-7324 [birthdate: March 25]

Other

Lucia McKenzie and John Bieg - engaged to be married.

The Shelton Family - as Killian prepares to welcome a baby sister.

Brussee/Dario/Race Family as Skyler and Justin prep to be parents.

Pres Biden, VP Harris, Congress, all local, national, world leaders.

The "me too" Movement - shining a light on sexual abuse.

All people who live with mental illness.

Caregivers of all shapes and sizes.

PUCC Family struggling with employment; healthcare costs and limits.

Our Missouri Mid-South Conference and St Louis Assn UCC

Gun violence and other violence across the US and other lands.

Conversations about the Death Penalty in the United States.

Victims of Natural and Created Disasters around the world.

Healing of relationships between the public and the police.

Peace and Justice near and far... **US Military** around the globe.

Thank you from Naomi Runtz

I want to thank all for the loving cards I received after Joe's passing. It's really wonderful to have so many caring friends and I really appreciate that. Special thanks to Kevin for his meaningful service, which was so well received by all. Blessings, Naomi Hoch Runtz

7th Sunday after Pentecost

July 24, 2022

Luke 11:1-13 Shaped By Prayer The Lord's Prayer

The disciples pleaded with Jesus to teach them how to pray. And in response, he gave them the prayer we find at the beginning of Luke 11. The disciples said the words aloud and to themselves, over and over, until they memorized them and could say them anywhere and anytime.

We usually think of the prayer we call *The Lord's Prayer* or *The Prayer of our Savior* as words we say together, in worship. Many of us in the United Church of Christ have said this prayer so often and for so long, that it may be the only prayer we know by heart. The good news is that the prayer Jesus gave us does not have to stay within the walls of the church building. We can carry it in our hearts and minds out into the world, wherever we may go.

As you go about your week, try this. Try making this a portable prayer. How does it change the prayer for you, to recite these words under a tree, at the sideline of a sporting event, before eating a meal at a restaurant, when you make a decision large or small, as you sit down to pay your monthly bills, while going to sleep, or while waking up?

The prayer of our Savior does not merely have to be a Sunday prayer, reserved for the one hour we sit together in pews and speak these words together almost without thinking. This prayer can be a hymn of gratitude, a shout of delight, a murmur for help, a plea for forgiveness, and a way to bring the Holy One close in any situation.

Make The Lord's Prayer your companion, and you may find that you are able to recognize the kin-dom that is always arriving and is always already right here, wherever you may be.