





www.parkwayucc.org Sunday, October 10, 2021

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Limitless Love | Courageous Action | Spirited Inquiry

Purpose Statement

Parkway United Church of Christ strives to be an inclusive community embracing: spiritual nourishment, open—minded inquiry, courageous action, and interfaith partnerships to fulfill God's calling to create a just world for all.

Congregational Statement

Parkway United Church of Christ, with God's grace, seeks to be a congregation that includes all persons, regardless of race, ethnic, or socio—economic background while respecting differences of gender, marital status, age, sexual orientation, and mental and physical ability. We aspire to act justly, to love mercy, and to walk humbly with our God. We invite all to share in the life and leadership, ministry, fellowship, worship, sacraments, responsibilities and blessings of participation in our open and affirming congregation.

PARKWAY UNITED CHURCH of CHRIST

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 $\label{local-composition} Joyce Ruiz, Alzheimer's Assn Faith Outreach Ambassador \ [JoyceRuiz7@gmail.com] \\ Polly Rutherford, \textit{Environmental Justice/Sustainability Seekers} \ [pollyrutherford@gmail.com] \\ John Nourse, \textit{Pastor Emeritus} \\$

Welcome to Parkway

Thank you for joining us this morning. Please let us know you are here by commenting in the chat.

Today's flowers are given by Doris Hanson McCarter in honor of her niece Lauryn McCarter and Jared Lai on their wedding day

in honor of her niece Lauryn McCarter and Jared Lai on their wedding day today and her mother Doris Owens Hanson on her birthday tomorrow.

Welcome Children. We invite children to full participation in worship.

Bell Rung During Lord's Prayer. A tradition begun when farmers working in surrounding fields would stop their work and join in prayer.

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Cover Art: Mona Herberg

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Anniversaries

10/12 PEEK, David & Marsha (30)

10/14 OEHLER, Kurt & Barbara (32)

10/14 SIMONSON, Andrew & Julie (26)

Birthdays

10/10 MUCHNICK, Melanie 10/15 WILLIAMS, Marina

10/10 PEEK, David 10/16 CAMERON, Maya

10/10 SCHULENBURG, Bill

20th Sunday after Pentecost

Sunday, October 10, 2021 | 10:00am | Sanctuary & Facebook Live

Meditation

Ultimately, we can trust the leading of the Holy Spirit as it guides us toward mutual care and love of God, neighbors, and creation. ~Barbara Holmes

Welcome Let us know you are here!

Passing the Peace of Christ

"May the peace of Christ be with you."

Prelude

Lighting of the Candles & Ringing of the Bell

Welcome Song You Are Welcome Here



Scripture Psalm 31:1-5, 9-17a (CEB – Common English Bible) Evelyn Buretta I take refuge in you, Lord. Please never let me be put to shame. Rescue me by your righteousness! Listen closely to me! Deliver me quickly; be a rock that protects me; be a strong fortress that saves me! You are definitely my rock and my fortress. Guide me and lead me for the sake of your good name! Get me out of this net that's been set for me because you are my protective fortress. I entrust my spirit into your hands; you, Lord, God of faithfulness—you have saved me.

Have mercy on me, Lord, because I'm depressed. My vision fails because of my grief, as do my spirit and my body. My life is consumed with sadness; my years are consumed with groaning. Strength fails me because of my suffering; my bones dry up. I'm a joke to all my enemies, still worse to my neighbors. I scare my friends, and whoever sees me in the street runs away! I am forgotten, like I'm dead, completely out of mind; I am like a piece of pottery, destroyed. Yes, I've heard all the gossiping, terror all around; so many gang up together against me, they plan to take my life!

But me? I trust you, Lord! I affirm, "You are my God." My future is in your hands. Don't hand me over to my enemies, to all who are out to get me! Shine your face on your servant; save me by your faithful love! Lord, don't let me be put to shame because I have cried out to you.

*Call to Worship based on words of Carol Penner

One:	God of the open road,
Many:	God of the twisting path,
One:	God of the narrow and upward way,
Many:	We your people are gathered for worship.
One:	In this hour, give us sustenance and solidarity for the journey,
Many:	Courage, faith and compassion,
One:	Laughter, lightness and gentleness.
Many:	Endurance to face any hardship.
One:	Willingness to choose joy along the way.
All:	Let us worship our God together—Creator, Christ and Spirit.

***Song** Lord, You Have Come to the Lakeshore





- You need my hands, full of caring through my labors to give others rest, and constant love that keeps on loving. Refrain
- You, who have fished other oceans, ever longed for by souls who are waiting, my loving friend, as thus you call me. *Refrain*

***Opening Prayer**

Holy One, open our hearts to these realities: your love for all people, your presence in the community, your call to justice and peace. Stir in us that same love for all people as for those with whom we worship now.

Help us to imitate Christ's example: healing the sick, welcoming the stranger, assisting the poor and vulnerable. May we be reminded of your love and self-giving, which we strive to imitate. Make visible to our eyes what is invisible: your call to your people, your summons to live our faith daily as witnesses of justice and peace. Move us to engage in love-inspired action that transforms us and the world. Amen.

*Response Spirit of the Living God

Spirit of the living God fall afresh on me; Spirit of the living God fall afresh on me. Melt me, mold me, fill me, use me! Spirit of the living God fall afresh on me. **Children's Time** Children and Youth are invited to separate Zoom classrooms immediately following this Children's Time.

Blessing the Children Jesus Loves Me

Jesus loves me, this I know, as he loved so long ago, taking children on his knee, saying, "Let them come to me." Yes, Jesus loves me! Yes, Jesus loves me! Yes, Jesus loves me! The Bible tells me so.

Reception of New Members

Invitation

Our church family is constantly changing. People come and go. Babies are born. Children grow up. People commit themselves to one another. Loved ones and friends among us come to the end of their lives. Individuals move into our community and church life. Others leave us, moving away to new places, new experiences, new opportunities.

It is with joy and gratitude that we welcome new members into our worship, work and witness today!

Questions of the Candidates

Parkway UCC Purpose Statement

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Question About Participation

Welcome and Reception

One:	Let us, the members of Parkway United Church of Christ, express our welcome and affirm our mutual ministry in Christ.
All:	We welcome you with joy into the common life of this church. We promise you our friendship and prayers as we share the hopes and labors of the church of Jesus Christ. By the power of the Holy Spirit may we continue to grow together in God's knowledge and love and be witnesses of Jesus.

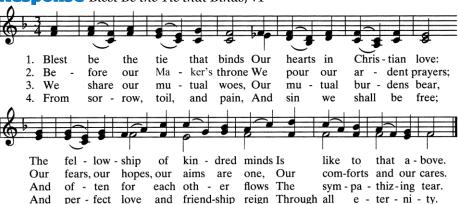
Greeting of Christian Love

Sponsors:

In the name of Jesus Christ, and on behalf of Parkway United Church of Christ, we extend to you the hand of Christian love, welcoming you into the family of this local church.

Prayer

Response Blest Be the Tie that Binds, v1



Scripture Mark 10:17-31 (NRSV – New Revised Standard Version)

As Jesus was setting out on a journey, a man ran up and knelt before him, and asked him, 'Good Teacher, what must I do to inherit eternal life?' Jesus said to him, 'Why do you call me good? No one is good but God alone. You know the commandments: "You shall not murder; You shall not commit adultery; You shall not steal; You shall not bear false witness; You shall not defraud; Honor your father and mother." 'He said to him, 'Teacher, I have kept all these since my youth.' Jesus, looking at him, loved him and said, 'You lack one thing; go, sell what you own, and give the money to the poor, and you will have treasure in heaven; then come, follow me.' When he heard this, he was shocked and went away grieving, for he had many possessions.

Then Jesus looked around and said to his disciples, 'How hard it will be for those who have wealth to enter the kingdom of God!' And the disciples were perplexed at these words. But Jesus said to them again, 'Children, how hard it is to enter the kingdom of God! It is easier for a camel to go through the eye of a needle than for someone who is rich to enter the kingdom of God.' They were greatly astounded and said to one another, 'Then who can be saved?' Jesus looked at them and said, 'For mortals it is impossible, but not for God; for God all things are possible.'

Peter began to say to him, 'Look, we have left everything and followed you.' Jesus said, 'Truly I tell you, there is no one who has left house or brothers or sisters or mother or father or children or fields, for my sake and for the sake of the good news, who will not receive a hundredfold now in this age—houses, brothers and sisters, mothers and children, and fields, with persecutions—and in the age to come eternal life. But many who are first will be last, and the last will be first.'

Sermon

Call to Prayer Make Me A Channel of Your Peace #2171 [blue book]



Pastoral Prayer & Prayers of the People

Lord's Prayer

Our [Creator/Mother/Father/Holy One] who art in Heaven, hallowed be thy name. Thy kingdom come, thy will be done on Earth as it is in Heaven. Give us this day our daily bread; and forgive us our debts as we forgive our debtors; and lead us not into temptation but deliver us from evil. For thine is the Kingdom and the power and the glory forever. Amen.

[A variety of names for God are welcome here—including in the Lord's Prayer.]

Mission Moment Neighbors in Need

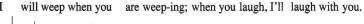
Offering Our Gifts to God

Offering Interlude

Response Won't You Let Me Be Your Servant? #539-NCH, v.



Won't you let your ser - vant, let me be as Christ to you? me be are pil - grims on a jour-ney, we are trav-elers on will hold the Christ-light for you in the shad - ow Ι





Pray that I may have the grace to let vou mv be ser-vant, too. We are here to help each oth - er go the mile and bear the load.

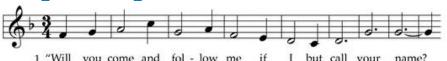
I will hold my hand out to you, speak the peace you long to hear.

I will share your joy and sor-row till we've seen this jour-nev through.

*Praver of Dedication

Holy One, open us to seeking your way of love, justice and equality, despite the personal cost it might require from us. Lead us into places where we can serve others as Jesus did. Help us to move with the generosity and grace of the Spirit. Amen.

***Song of Parting** Will You Come and Follow Me? #2130 [blue book]



- 1 "Will you come and fol low me if but call your name?
- 2 "Will you leave your-self be-hind if but call your name?
- 3 "Will you let the blind ed see if but call your name?
- 4 "Will you love the 'you' you hide if but call your name? 5 Lord, your sum-mons ech - oes true when you but call my name.



Will you go where you don't know and nev - er be the same? the Will you care for cruel and kind and nev - er same? Will you set the pris-oners free and nev - er be the same? Will you quell the fear in - side and nev - er be the same? Let me turn and fol - low you and nev - er the be same.



Will you let my love be shown; will you let my name be known; Will you risk the hos - tile stare should your life at-tract or scare? Will you kiss the lep - er clean, and do such as this un-seen, Will you use the faith you've found to re-shape the world a - round, In your com - pa - ny I'll go where your love and foot-steps show.



will you let my life be grown in you and you me?" in Will you let me an - swer prayer in you and you in me?" ad - mit to what I mean in you and you me?" in through my sight and touch and sound in you and you in me?" I'll move and live and grow in you and you in me.

*Benediction

*God's Light Goes Forth

***Music for Going Forth**

Announcements

Welcoming New Members Today

Our church family is constantly changing. People come and go. Babies are born. Children grow up. People commit themselves to one another. Loved ones and friends among us come to the end of their lives. Individuals move into our community and church life. Others leave us, moving away to new places, new experiences, new opportunities.

It is with joy and gratitude that we will welcome new members into our worship, work and witness today!

Tuesday Afternoon Dialogue October 19

1st & 3rd Tuesdays | 1:45 Fellowship | 2:00pm book discussion | via ZOOM Please join us as we begin a new book, *The Beekeeper of Aleppo*, a novel by Christy Lefteri. It is a story about the refugee experience, full of hope and very timely as we welcome immigrants into our city and nation. We will meet and discuss on October 5th, 19th, and November 2nd. Each meeting will cover about 100 pages, first through page 100, next pages 101-206, and lastly page 207 until the end. Fellowship starts at 1:45, and book discussion starts at 2. **Video:** https://us02web.zoom.us/j/83670617428?pwd=bUxPZEdDMIU4ay9oNndTWW4yZUYwUT09

Join by phone: 312 626 6799 | Meeting ID: 836 7061 7428 | Passcode: 480007

Tuesday Evening Dialogue October 12

2nd & 4th Tuesdays | 6:45pm social time | 7:00pm Book discussion | via Zoom *Jesus and John Wayne* has been reviewed as a sweeping, revisionist history of the last seventy-five years of white evangelicalism, revealing how evangelicals have worked to replace the Jesus of the Gospels with an idol of rugged masculinity and Christian nationalism. A reexamination of perhaps the most influential subculture in this country, this author discusses how far from adhering to biblical principles, modern white evangelicals have remade their faith, with enduring consequences for all Americans.

Video: https://us02web.zoom.us/j/86172300024?pwd=bFdGQ0xKRHFGTnZXM0kyRC9FdDZGQT09;

Meeting ID: 861 7230 0024 | (312) 626 6799 US | Passcode: BookClub

Loving our Neighbors at Thanksgiving

We look forward to sharing Thanksgiving with loved ones near and far. We will provide 200 1-pound bags/boxes of sugar for **Isaiah 58** families. Please consider donating one or two or more bags/boxes through 7 November. Place your sugar in the marked box in the church entryway.

Circle of Concern is also gearing up for their big Thanksgiving Basket Program for 700 families. Just like last year, we are committing to supplying 150 boxes of food items that will go alongside a turkey, frozen pie, fresh fruit, vegetables and a gift card from Aldi's. It would be helpful if your donation contained all eight items for the box, but all donations are appreciated.

Items in each box: canned pumpkin, cranberry sauce, canned fruit, chicken broth, boxed stuffing mix, jar of turkey or chicken gravy, cornbread muffin mix, boxed mashed potatoes.

Many thanks for your kindness and generosity!

Candy! Candy!

Help us send Halloween treats to our college students! We like to let them know we are thinking about them. There is a container marked Halloween Candy inside the front door of the church!

Also, we are planning an event in place of our Annual Trunk or Treat this year. It will be a community Outside Halloween Adventure. Families will move with social distance and masks on around the church grounds. They will meet superheroes that will tell the children what their powers are and how they help people. We are asking for candy for this event as well. With all the uncertainty for kids again this year, we thought it was important to offer something for them at Halloween.

This event will be held on Sunday, October 24 from 5-6pm. Thanks! Questions? Contact barbk@parkwayucc.org (314-872-9330)

The Parkway Speakers Series Presentations for Fall

Sundays | 11:15am | Heritage Room and ZOOM October 10 and 17

The Twists and Turns of the Law of Divorce in Missouri by Judge Tom Frawley. Divorce is the death of a dream you thought was going to last. If you have some insights into the law and the process, you may be more helpful and effective in offering care and empathy.

November 14 and 21

Critical Race Theory by David Spener, Professor of Sociology at Trinity University in San Antonio, Texas and an adjunct professor in the LBJ School of Public Affairs at the University of Texas in Austin. He teaches Critical Race Theory, a body of scholarship and an academic movement that seeks to critically examine the intersection of race and US law. (Youth are encouraged to attend too).

December 5

The Fall of County Executive Steve Stenger by Winston Calvert. Winston is a senior member of the current St. Louis County Executive's office. He observed the downfall of Stenger as it unfolded, and will share his views and observations, some of which may not generally be known by the public.

These presentations are currently scheduled in the Heritage Room following worship, as well as on Zoom. Some are live, others are prerecorded. Prerecorded presentations will be televised in the Heritage Room and on Parkway's YouTube channel. Watch for changes as our season moves along.

Zoom Link:

https://us02web.zoom.us/j/84691476997?pwd=aEM2ZURYWURLNmkwd0EzV0VH V1lyQT09 **Meeting ID:** 846 9147 6997 | **Passcode:** 181565 | **Dial** (312) 626-6799

Welcoming Afghans to St. Louis

The International Institute is grateful for the contributions from communities around St. Louis. They are overwhelmed by this generosity and currently need volunteers to help sort recent gifts from everyone. The Institute asks that future donations of goods not be dropped off at their location until September 9 to allow for sorting, organizing, and assessing future items most needed.

You can help by:

- Signing up to volunteer for sorting current items. Shift times are listed on a link at www.iistl.org. Click on the Afghan SIVs banner for further information. The volunteer slots can be found at https://iistl.volunteerlocal.com/volunteer/
- Donating: Visa gift cards, gas cards, gift cars for Aldi's, Target, Schnucks, Walmart, Jay's International, and monetary gifts to the International Institute.
- 3. Continue saving items household items as International Institute gears up for current and arriving Afghans. Items can be placed in the church lobby and marked for later delivery to the Institute.

Your support will be greatly appreciated.

Crop Walk 2021

Sunday, October 24 | 4:30 check in | | 5:00pm walk | Eden Seminary: 475 E Lockwood Ave, Webster Groves MO 63119

The 2021 CROP HUNGER WALK will be a hybrid event. For those who feel safe gathering in person to walk together, we shall gather at Eden - check in 4:30PM and Walk at 5:00PM. However, participants may also register for the Walk, and they may choose to walk wherever and whenever they wants or in small groups. For more details and to register, raise funds, and/or donate:

https://events.crophungerwalk.org/2021/event/saintlouismo

Type in Parkway UCC where you may join the team or make a donation The CROP CONCERT will follow the CROP Walk at 7:00PM in the Wehrli Chapel at Eden Seminary Covid Precautions will be in place.

Contact Sue Moellering: susieqslp@sbcglobal.net

Walk to End Alzheimer's

Saturday, October 23 | 9:00am | The Enterprise Center The Walk to End Alzheimer's is scheduled for Sat. Oct. 23, 2021. The Greater Missouri Chapter is moving forward with plans to host the walk in-person downtown outside the Enterprise Center. (Everything is outside.) The "Parkway Team" decided to meet at church at 10:00AM Saturday Oct. 23rd to walk on sidewalks to about Principia and back for our "Walk To End Alzheimer's." If you haven't already, please let Joyce Ruiz know you plan to walk with us, so we know who to expect here at church at 10:00AM. The Parkway team page:

https://act.alz.org/site/Donation2?df_id=47035&PROXY_ID=667857&PROXY_TYPE=22&FR_ID=14598

You can learn more by going to www.alz.org/help-support/resources or the Alzheimer's Helpline which is accessible 24/7 via 800-272-3900 and staffed by master's level clinicians to assist with crisis situations, decision making, and disease information. You can find virtual dementia caregiver resources online at alz.org/covid19help. Tools and support are also available in Spanish. Want to learn more about the Alzheimer's Association and what they do here in St. Louis? Visit alz.org and/or contact PUCC's Faith Outreach Ambassador with the Alzheimer's Association, Joyce Ruiz at joyceruiz7@gmail.com.

Habitat for Humanity Volunteers Wanted

Sat, Nov 20 | 8:00am | 3400 Park Ave

The PUCC workday is scheduled. HFH is asking for 4 volunteers from our church. RSVP Tom McKenzie: mckenzie1947@att.net or 314-567-0429. The work site is the 3400 block of Park Ave, just East of Cardinal Glennon Hospital. Please make any financial contributions to: Habitat for Humanity Saint Louis | 3830 South Grand Blvd., St. Louis, MO 63118

Halloween Yoga

Sunday, October 31 | 11:15am

Angela Lamb is a certified Yoga instructor. She has been teaching yoga to children since 2017. She recently published a yoga lesson plan book so families could do her lessons at home to bond, relax and have fun. Her new book is called *Bonding with My Bunnies: Yoga Lesson Plans for Families & Children*. Here is the Barnes & Noble link for the book: https://m.barnesandnoble.com/w/bonding-with-my-bunnies-angela-lamb/1140007338

On Halloween after service, she will be leading children in the Halloween Yoga lesson in her book which includes: a share circle, a kid friendly yoga practice and breathing exercise, yoga games and a final relaxation mindfulness exercise.

The whole family can join us for this fun, mindful, relaxing time. Please bring your yoga mat if you have one (or a beach towel works too).

Outdoor Halloween Adventure

Sunday, October 24, 5:00-6:00pm

Travel around Parkway United Church grounds to meet masked Superheroes that will tell you their stories. Families stay together, physically distanced and also wearing masks. Candy will be dropped into the children's bags with tongs. Costumes are welcome! Come and enjoy a Halloween Outside Adventure!

Alzheimer's News October 2021

Gum disease and dementia risk:

Ignoring your gums might have serious repercussions beyond oral Health: Extreme gum disease that leads to tooth loss may be associated with mild cognitive impairment and dementia later in life, Reports Neurology Magazine. Researchers followed more than 8,000 adults, with an average age of 63 and no dementia, for about 20 years. At the beginning of the study, participants underwent a periodontal exam including measures of gum bleeding and

recession, and then were divided into groups based on the severity of their gum disease. About 4.500 participants were assessed at the study conclusion.

Of those diagnosed with severe gum disease at the start, 22 percent developed dementia, even if they kept some teeth. Only 14 percent of those with healthy gums and teeth developed dementia. Researchers caution that their results show an association- not proof- that poor oral health causes dementia, saying that more studies are needed to establish a definitive causal link.

You can learn more by going to www.alz.org/help-support/resources or the Alzheimer's Helpline which is accessible 24/7 via 800-272-3900 and staffed by master's level clinicians to assist with crisis situations, decision making, and disease information. You can find virtual dementia caregiver resources online at alz.org/covid19help. Tools and support are also available in Spanish. Want to learn more about the Alzheimer's Association and what they do here in St. Louis? Visit alz.org and/or contact PUCC's Faith Outreach Ambassador with the Alzheimer's Association, Joyce Ruiz at joyceruiz7@gmail.com.

PUCC Mental Health Training – Bridges to Care

In honor and memory of Tyler Wessel and Gloria Wandless, we have applied and been accepted to participate in some mental health training with other churches in St Louis. The program is called *Bridges to Care and Recovery* hosted by The Behavioral Health Network of Greater St. Louis. The goals of the training are to reduce the stigma of mental illness in faith-based communities by equipping congregations to talk about behavioral health issues and increasing congregation participants' understanding and acceptance of behavioral health through training and education; establish partnerships between area mental health professionals that enable congregations to better access care and treatment; and equip congregations with tools needed to develop wellness ministries and volunteer companions for long-term sustainability.

We are looking for 5-7 PUCCers who would commit to this free training. This training is all virtual and runs from October - May... most months it is from 6-8pm on the third Thursday of the month beginning on October 21.

If you would like to know more about this important opportunity/responsibility, please reach out to kevin@parkwayucc.org

The Behavioral Health Network of Greater St. Louis is a collaborative effort of providers, advocacy organizations, government leaders and community members dedicated to developing an accessible and coordinated system of behavioral healthcare throughout the eastern region of Missouri.

http://bhnstl.org/bridges-to-care-and-recovery

Prayer List as of Wednesday, October 6, 2021

Celebrations

All the acts of kindness, justice and equity near and far!

Concerns

Family and friends of Carol Aston - grieving and giving thanks. *Visitation* - Friday, October 8th, 4-8pm at Schrader Funeral Home; *Memorial Service* - Saturday, October 9th, 10am here at church; *Interment* - Immediately at St. John UCC Cemetery, Manchester.

Marsha and David Peek - as her mother died last weekend; plans TBA Mike and Lisa Mason - as they celebrate the life of Mike's father...

https://www.meierhoffer.com/obituaries/Glenn-A-

Mason?obId=22531786&fbclid=IwAR2SPfjXZJ1Grfn2LKZeSeqDqu2iEmZ_T M-DrMSEhkW1dkymADA03Fg8J1I#/obituaryInfo

Jim and Polly Winkelmann - healing for her spinal stress fracture and his shoulder after surgery.... Jim is at Ascension Living Sherbrooke Village for now – in the Lodge #310...

4005 Ripa Ave, St. Louis, MO 63125.

Dan & Kim, Ben/Henry/Davis Weas - Dan's cancer treatment.

Mona Herberg - kidney stone/stent removal, then plan to treat cancer.

John Pavlovitz - recovering from surgery to remove a brain tumor.

All impacted by Covid-19 - individuals, families, healthcare workers; If anyone needs support or if anyone vaccinated would like to be on the Care Team, please reach out to kevin@parkwayucc.org

Continuing

Pat & Janet - his cancer diagnosis; radiation/chemo (Skip Larson SIL). Cindy & Ralf and Andrew Wessel - grieving Tyler.

Skip Larson, Karen Nolte, Janet Prendergast - remembering Ellie.

Mary Maxeiner - healing after knee replacement surgery.

Ruth Murray Memorial Service - https://youtu.be/aZli-n7Omno

Joan and Larry Brannigan - continuing health concerns for Larry.

Sr. Mary Kay McKenzie - living with stage 4 cancer (Tom's sis).

Val - healing of fractures in her back (Jim Winkelmann's mom).

Bob - continues to struggle with Parkinson's.

Christopher, Gail & Bill Haack - chronic health challenges.

Cherie & Mike Stolze - her health; her father's kidney disease.

Lori Connors - for strength, stamina through health challenges.

Ruth Peace & Pinky Wilcoxen - PUCC sisters with health challenges. Bill Darland - ongoing health issues.

Anthony - multiple challenges as he lives his post-incarceration life.

Gary - risky behaviors; seeking balance and stability.

Grateful Tran - half-way house, new skills, schizophrenia (Buretta).

Home/Care Facility/Rehab Center

Millicent Guerri - living with cancer... 14300 Conway Meadows Ct E, Chesterfield, MO 63017 [birthdate: December 5]

Mary Herpel - Brookdale West County; 785 Henry Ave, #217;

Ballwin, MO 63021; 636-227-5838 [birthdate: March 3]

Sue Houser - Bethany Ctr for Rehab & Healing; 421 Ocala Dr - #209B;

Nashville, TN 37211; 615-577-2049. [birthdate: July 8]

Pat Klein - Anthology Senior Living of Wildwood; 251 Plaza Dr,

#325; Wildwood, MO 63040 [birthdate: September 21]

Bill Klein - Anthology Senior Living of Wildwood; 251 Plaza Dr,

#104; Wildwood, MO 63040 [birthdate: March 8]

Ruth Peace - 10379-D Forest Brooke Ln; StL MO 63146; 314-983-0253;

meadletter222@gmail.com [birthdate: August 8]

Pearl Sellenriek - *Friendship Village Memory Care Division* #1001; 15250 Olive Blvd, Chesterfield, MO 63017 [birthdate: March 31]

Pinky Wilcoxen - 10379-D Forest Brooke Ln; StL MO 63146; 314-983-0253; meadletter222@gmail.com [birthdate: April 7]

Other

Pres Biden, VP Harris, Congress, all local, national, world leaders.

The "me too" Movement - shining a light on sexual abuse.

All people who live with mental illness.

Caregivers of all shapes and sizes.

Individuals in all levels of leadership as they make decisions today.

PUCC Family (and others) struggling with healthcare costs and limits.

Our Missouri Mid-South Conference and St Louis Assn UCC

Variety of Parkway members/friends - employment issues.

Gun violence and other violence across the US and other lands.

Conversations about the Death Penalty in the United States.

Victims of Natural and Created Disasters around the world.

Peace and Justice near and far.

Healing of relationships between the public and the police.

US Military around the globe.

The people of politically unstable countries across the globe.

Peace in the Mid-East.

St Louis Assn UCC Covenant Partner

Week ending October 10 - St. Paul UCC (Giles), St. Louis; stpauluccstl.org Week ending October 17 - Emmaus Homes; emmaushomes.org

Emmaus Homes supports people with intellectual and developmental disabilities to reclaim their place in the community and live with independence in their own homes — nearly 100 group homes across the area.

Together we have the power to shape public policy and improve all our lives!

Autumn Leaf

William Livingstone Wallace

This autumn shall be for me the most glorious of them all for I shall no longer struggle possessively to clutch life but instead like a leaf let myself be blown by God's spirit and whenever I touch the earth sing the song of the universe, dance in the power of God's grace and with tenderness offer myself to all.

Autumn

William Livingstone Wallace

One Autumn day as I gazed in wonder at the cascades of golden leaves and the fire-bright trees, I saw that just as Autumn can be more glorious than spring, retirement need not be a time of barrenness of soul. but can provide iridescent opportunities for observation reflection and friendship for those who prepare for its coming.

Ponder

What aspect of my life should I let go of in order that my spirituality might gain more focus and have less clutter?

What steps could I take to increase the amount of love and gentleness in my mind?

What mantras could I develop that would begin replacing negative energies with more positive energies, e.g. on breathing in say "I accept God's love" and on breathing out "I share God's love"?

20th Sunday after Pentecost

Sunday, October 10, 2021

Mark 10:17-31 **What Must I Do?**

Access Sunday and Disabilities Awareness Week

Many years ago, ordained United Church of Christ disability rights activist Harold Wilke (1915–2003) wrote, "The festivals of the religious year show forth new meanings for access and liberation: In the glory of Easter – the stone rolled away – we see the barrier removed. In the wonder of Pentecost, the message is heard, understood, and seen by all. In the liberating act of Passover, the message is: "Let My People Go!" and the parting of the Red Sea. In the joy of Advent, God embodies divinity in human form."

Yet, for many persons today...the barriers still remain; The stone is still in place; The waters are not parted, the way not opened; The words cannot be heard; The flame of the Spirit's tongues cannot be seen, the message not understood.

Proclaiming the message in all languages for today means using Braille or larger print for people with visual disabilities, signing or special sound systems for persons with hearing disabilities; image, color and drama for people with cognitive disabilities; architectural access for people with physical disabilities or who are getting older.

Let the stone be rolled away! Let the glorious message be proclaimed truly, in all languages so all may hear and understand!"

Wilke's stirring words begin the guidebook entitled, "Anybody, Everybody, Christ's body: A Guide for Congregations, Associations and Conferences in Becoming Accessible To All (A2A)". This guide is invaluable to those congregations that fear that becoming truly physically accessible in their church buildings is fiscally out of reach. After all, the idea of putting in a new elevator or enhanced sound system might seem daunting.

The A2A guidebook is a reminder that just as important as physical and fiscal shifts, are changes in habits and attitudes. While these may take time and spiritual effort, the effect on the church budget may be less than is feared. The process of becoming accessible to all (A2A) begins with an audit of your space, which you can find, along with the A2A guidebook, at the website for the United Church of Christ Disabilities Ministry (uccdm.org).