



www.parkwayucc.org

Sunday, July 5, 2020

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Limitless Love | Courageous Action | Spirited Inquiry

Purpose Statement

Parkway United Church of Christ strives to be an inclusive community embracing: spiritual nourishment, open—minded inquiry, courageous action, and interfaith partnerships to fulfill God's calling to create a just world for all.

Congregational Statement

Parkway United Church of Christ, with God's grace, seeks to be a congregation that includes all persons, regardless of race, ethnic, or socio—economic background while respecting differences of gender, marital status, age, sexual orientation, and mental and physical ability. We aspire to act justly, to love mercy, and to walk humbly with our God. We invite all to share in the life and leadership, ministry, fellowship, worship, sacraments, responsibilities and blessings of participation in our open and affirming congregation.

PARKWAY UNITED CHURCH of CHRIST

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John Nourse, Pastor Emeritus

Welcome

Thank you for joining us this morning. Please let us know you are here by commenting in the chat.

Welcome Children. We invite children to full participation in worship.

Bell Rung During Lord's Prayer. A tradition begun when farmers working in surrounding fields would stop their work and join in prayer.

Subscribe to our email lists: Text your email address to 22828 or sign up at www.parkwayucc.org

Communications Requests: Please use the form at **www.parkwayucc.org/communications** for all announcements for the bulletin/eNews/website/social media/etc. Bulletin and eNews communications request deadline is noon Tuesday. Bulletin announcements will generally be run for three weeks prior to the event. However, all announcements will be posted via our various publications as fits in our communications strategy and as resources permit.

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Anniversaries

7/6 ENGEL, Gayle & Donna (52)

Birthdays

7/6	HENKE, Kai	7/8	HOUSER, Sue
7/7	SCHOWALTER, T.J.	7/8	MASON, lan
7/7	WOLFF, Quin	7/8	SIEBER, Jack

7/8 COBB, Harold 7/9 BOWMAN, Jeremy

Give-A-Meal Anytime this Summer!

Make a financial contribution and/or share non-perishable food items with Isaiah 58 or Circle of Concern. They are doing critically important work these days. Monetary support can be sent to them directly. Food can be dropped there (note their restricted hours) or here on the table just inside the main doors. https://i58ministries.org/ and http://www.circleofconcern.org/

5th Sunday after Pentecost

July 5, 2020 | 9:55am

Meditation The Empty Bowl—Ella Wheeler Wilcox

I held the golden vessel of my soul
And prayed that God would fill it from on high.
Day after day the importuning cry
Grew stronger-grew, a heaven-accusing dole
Because no sacred waters laved my bowl.
"So full the fountain, Lord, wouldst Thou deny
The little needed for a soul's supply?
I ask but this small portion of Thy whole."
Then from the vast invisible Somewhere,
A voice, as one love-authorized by God
Spake, and the tumult of my heart was stilled.
"Who wants the waters must the bowl prepare;
Pour out the self, that chokes it to the brim,
For emptied vessels, from the source are filled."

Welcome

Prayer for Peace Based on a Navajo prayer

Peace before us, Peace behind us, Peace under our feet. Peace within us, Peace over us, Let all around us be peace. Christ before us, Christ behind us, Christ under our feet. Christ within us, Christ over us, Let all around us be Christ.

Passing the Peace of Christ

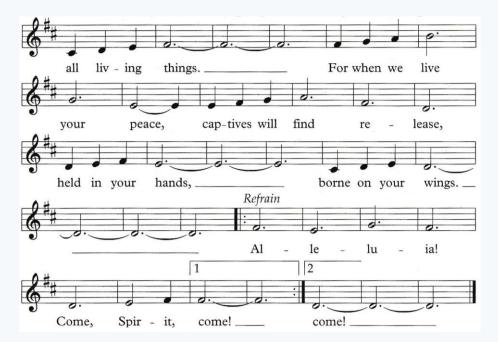
"May the peace of Christ be with you."
(We are intentional about bringing more peace into the world.)

Prelude Prelude on *America*—Flor Peters (1960)

Lighting of the Candles & Ringing of the Bell

Welcome Song Spirit of God





Hebrew Lesson

Psalm 23 - New Revised Standard Version (NRSV) – Laurie Jacob The Lord is my shepherd, I shall not want. He makes me lie down in green pastures; he leads me beside still waters; he restores my soul.

He leads me in right paths for his name's sake. Even though I walk through the darkest valley. I fear no evil; for you are with me;

your rod and your staff—they comfort me. You prepare a table before me in the presence of my enemies; you anoint my head with oil; my cup overflows. Surely goodness and mercy shall follow me all the days of my life, and I shall dwell in the house of the Lord my whole life long.

Psalm 23 - The Message (MSG) – Margaret Philip

God, my shepherd! I don't need a thing. You have bedded me down in lush meadows, you find me quiet pools to drink from. True to your word, you let me catch my breath and send me in the right direction. Even when the way goes through Death Valley, I'm not afraid when you walk at my side. Your trusty shepherd's crook makes me feel secure. You serve me a six-course dinner right in front of my enemies. You revive my drooping head; my cup brims with blessing. Your beauty and love chase after me every day of my life. I'm back home in the house of God for the rest of my life.

Gathering Words Adapted from Byran Jeffrey Leech

We gather here in Jesus' name. His love is burning in our hearts like living flame. For thru God's loving son the Spirit makes us one. Come take the bread, Come drink the wine, Come share our God.

No one is a stranger here; everyone belongs. Finding our forgiveness here, we in turn forgive all wrongs. God joins us here, and brings the bread.

It is Christ who pours the cup, who's risen from the dead. The One we love the most, is now our gracious host. Come take the bread, Come drink the wine, Come share our God.

We are now a family of which the Holy is head. The Unseen meets us here, in the breaking of the bread. We'll gather soon where angels sing. We'll see God's glory and everything. Now we anticipate the feast for which we wait. Come take the bread, Come drink the wine, Come share our God. Amen.

Children's Time Children and Youth are invited to separate Zoom classrooms immediately following this Children's Time.

Blessing the Children Weave

Weave, weave, weave us together Weave us together in unity and love, Weave, weave, weave us together Weave us together, together in love.

Invitation to Generosity

Offertory Improvisations on Holy Manna—attr. William Moore, 1825

Hebrew Scripture Lesson

Psalm 23 - King James Version (KJV) – Emma Landowski

The Lord is my shepherd; I shall not want. He maketh me to lie down in green pastures: he leadeth me beside the still waters. He restoreth my soul: he leadeth me in the paths of righteousness for his name's sake. Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me; thy rod and thy staff they comfort me. Thou preparest a table before me in the presence of mine enemies: thou anointest my head with oil; my cup runneth over. Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the Lord for ever.

Psalm 23 - Common English Bible (CEB) - Rick Oberle

The Lord is my shepherd. I lack nothing. The Lord lets me rest in grassy meadows; leads me to restful waters; keeps me alive. The Lord guides me in proper paths for the sake of God's good name. Even when I walk through the darkest valley, I fear no danger because you are with me. Your rod and your staff - they protect me. You set a table for me right in front of my enemies. You bathe my head in oil; my cup is so full it spills over! Yes, goodness and faithful love will pursue me all the days of my life, and I will live in the Lord's house as long as I live.

Song Come and Find the Quiet Center



Gospel Lesson Matthew 11:28-30 (NRSV)

Jesus said, "Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light."

Sermon Where is the Rest?

Choral Response Be Still and Know

Be still and know that I am God. Be still and know that I am God. **Invitation to the Communion Table** We invite all to this **open table**. All accepted—no exceptions—as we commit ourselves to limitless love, courageous action and spirited inquiry.

Communion Song For the Bread Which You Have Broken, vs 1-3

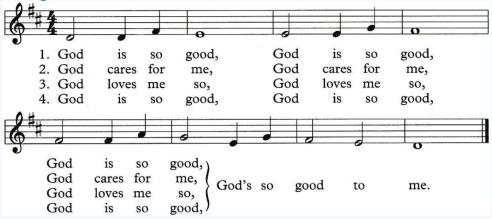


- 1. For the bread which You have bro ken, For the wine which You have poured,
- 2. By this prom ise that You love us, By Your gift of peace re stored,
- 3. With the saints who now a dore You Seat-ed at the heaven-ly board
- 4. In Your ser vice, Lord, de fend us; In our hearts keep watch and ward;



For the words which You have spo-ken, Now we give You thanks, O
By Your call to heaven a - bove us, Hal - low all our lives, O
Lord.
May the church still wait - ing for You Keep love's tie un - bro - ken,
In the world to which You send us Let Your king-dom come, O
Lord.
Lord.

Prayers at the Table God is So Good



Lord's Prayer

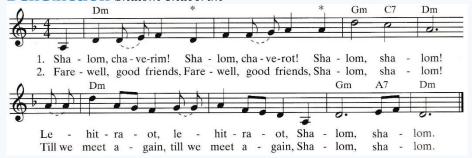
Our [Creator/Mother/Father/Holy One] who art in Heaven, hallowed be thy name. Thy kingdom come, thy will be done on Earth as it is in Heaven. Give us this day our daily bread; and forgive us our debts as we forgive our debtors; and lead us not into temptation but deliver us from evil. For thine is the Kingdom and the power and the glory forever. Amen.

[A variety of names for God are welcome here – including in the Lord's Prayer.]

Sharing the Bread & Wine

Echo Prayer of Thanksgiving

Benediction Shalom Chaverim



God's Light Goes Forth

Music for Going Forth

God of the Ages, Whose Almighty Hand (National Hymn)—George William Warren, 1892

Empty Your Bowl

Empty your bowl of expectation and assumption.

Throw your food from it and onto the ground

Rinse that bowl in honest tears and let it bake dry in some open sunlight.

Yes, friend,
Only when your bowl
Is totally empty
May it hold all of the Love and Light
That you truly desire.

Announcements

TED Continues Discussion: The Line Becomes a River

Tuesday, July 14 | 7:00pm | via ZOOM

More info: https://parkwayucc.org/2020/book-discussion-the-line-becomes-

a-river/ or contact Helen Race: raceh@att.net

Join Zoom Meeting at 7:00pm July 24

https://us02web.zoom.us/j/83274633538

Meeting ID: 832 7463 3538 By phone: 1 312 626 6799



MAD Camp Goes to the Circus ONLINE

Monday. July 27-Thursday, July 31

Join us online for a fun-filled week as we put together a video circus! We will get together online daily on Zoom to sing songs, learn tricks, play games, listen to stories, and share our amazing talents and creations in a giant circus! It's an exciting week of learning, playing, and using the gifts God has given us! Ages 3 — entering 5th grade (We need 6th graders and up as circus leaders!) Cost: FREE (donations are appreciated; all funds raised will go to Every Child's Hope children's home)

Register online:

https://docs.google.com/forms/d/e/1FAIpQLSccTLKm8mxIxvjXsI57U1YUenR2xxt-nbjyc8qEGtabydBHA/viewform Questions? Email us at madcamp@parkwayucc.org

St Louis Metro Area Crop Walk 2020 Sunday, October 25

Please visit www.crophungerwalk.org/saintlouismo for all details. Enter the name of our walk, Parkway UCC and it will take you to our donation page.



Summer Matinee Season

& **Beyond** featuring educational and entertaining topics, with a mix of history, literature, music, maritime, the military, the law, and science. Stay tuned for more specifics as the date nears for each presentation. We'll let you know whether we will zoom it or prerecord it.

Sunday, July 12: *You're in the Army Now*— Evelyn Buretta Veteran Evelyn Buretta had a distinguished career in the United States Army. Her tales of her experiences will inspire our admiration and awe.

Sunday, July 19: *The Law of Protests*—Mark Sableman Mark explores how courts sort out the First Amendment rights of protesting Americans verses protecting the safety and welfare of the citizens and their neighborhoods.

Sunday, July 26: *The Science of Covid-19*—John Russell Who knows best, Dr. Fauci or President Trump or Dr. Russell?

Sunday, August 9: *Confessions of a Book Disciple*—Harold Cobb Harold has a passion for books, which, in turn, gives him strong credentials to know what's a good read and what's not. Expect his Top Ten List.

Sunday, August 23: Music's Written Language: Understanding Music for Non-Musicians—Barry Luedloff

Back again for another musical offering is Parkway's Music Director, Barry Luedloff. This time he delves into the strange world of reading music for non-musicians...what those little lines and number and symbols and dots and squiggles really mean.

Sunday, September 13 My Time as a Country Lawyer—Phil Smith

Sunday, October 11: The Oracle of Omaha; Reflections on My Friend, Warren Buffett—Gene Toombs

Sunday, October 18: Defender of the Poor and Oppressed—Nina Sykora

Dates to be determined:

The Oklahoma City Bombing: a Beat Reporter's View of Tragedy and Terrorism—Brad Lyons

A Tale of the Sea-John Dwyer

About 75% of the world is covered in water. Maritimers, like John, himself a merchant seaman, will tell you that there is a story for every wave that ever washed upon the shoreline. John describes the mystery of the sinking of the SS Edmund Fitzgerald, claimed by the wind and waters of Lake Superior on November 10, 1975. There were no survivors. John was not aboard.

PUCC Prayer List as of July 1, 2020

Celebrations

All the acts of kindness that are happening near and far! The momentum toward justice and equity.

Rosanna and Kevin Hogarty - her mom is now negative for Covid-19

Concerns

Friends of Ruth Murray - remembering her with deep affection. Doty-Owens Family - grieving and giving thanks for Grant's father. https://www.doughertyfuneralduluth.com/obituary/Ralph-Doty Andrea Barnes — healing after a couple of days in the hospital. Jack & Peggy Sieber - getting accustomed to his pacemaker on 6-19. Kathleen Tarr - issues with her retina.

Marv Herpel & family as they grieve and give thanks for Georgia.

Marty & Sharon - amidst challenges of Marty's total paralysis (Akers).

David Haack - hospitalized with COVID-19 (Bill's dad).

Dave Silverman - suffering a recurrence of life-threatening cancer.

Tom Gaffuri - heart trouble is flaring up again.

Healthcare workers, homeless and many others at risk right now. **Social Distancing...** if anyone needs groceries, medicine and/or other support, please reach out to kevin@parkwayucc.org; 314-330-0629 **People who are struggling with their mental health.**

People who aren't feeling safe at home but are remaining there. Individuals in all levels of leadership as they make decisions today. Healing of relationships between the public and the police.

Continuing

Cherie Stolze - ongoing health issues; navigating medications/fatigue.

Randal Barnes - receiving hospice care (Steve's brother).

Rod and Linda - his bone cancer treatments and broken bones; her grief over her father who died from COVID-19 (Tarr).

Lori Connors - for strength, stamina through some health challenges. **Ruth Peace & Pinky Wilcoxen** - PUCC sisters with health challenges. **Bill Darland** - ongoing health issues.

Sister Mary Kay McKenzie - for health/wholeness (Tom's sister). **Ken and Rose** - as they await nursing home placement for him (Peace).

Nelson Spencer - chemotherapy treatments (Svenson).

Alan Nichols - cancer in remission after chemo; some pain still (Pleis).

Tina - undergoing tests for cancer; crafting a treatment plan (Scharf).

Anthony - multiple challenges as he lives his post-incarceration life.

Gary - risky behaviors; seeking balance and stability (McKenzie).

Grateful Tran - in prison; struggles w/schizophrenia (Evelyn Buretta) **Bob** - still struggling with Parkinson's (McKenzie).

Christopher, Gail & Bill Haack - chronic health challenges.

The extended Eggebrecht Family - healing and wholeness.

Pregnancy

Laura & Phil Waite... pending big brothers Henry, Oscar and Felix.

Home/Care Facility/Rehab Center

Millicent Guerri - living with cancer... 14300 Conway Meadows Ct E, Chesterfield, MO 63017 [birthdate: December 5]

Marv Herpel - Brookdale West County; 785 Henry Ave, #217;

Ballwin, MO 63021; 636-227-5838 [birthdate: March 3]

Pearl Sellenriek - *Friendship Village Care Center*; #725-2 15201 Olive Blvd, Chesterfield, MO 63017 [birthdate: March 31]

Dwight Smith - Manor Grove; 711 S Kirkwood Rd; Kirkwood, MO 63122;

314-965-0864 [birthdate: September 6]

Ellen Surber - Delmar Gardens: 14855 N Outer 40 Road, #508;

Chesterfield, MO 63017 (Lisa Davidson's mom) [birthdate: November 3]

Sue Houser - Bethany Ctr for Rehab & Healing; 421 Ocala Dr - #209B;

Nashville, TN 37211; 615-577-2049. [birthdate: July 8]

Other

 ${\bf Dan\ Connors}$ - completed writing a novel... taking next steps.

President Trump, Congress, all local, national, world leaders.

The "me too" Movement - shining a light on sexual abuse.

All people who live with mental illness.

PUCC Family (and others) struggling with healthcare costs and limits.

Our Missouri Mid-South Conference and St Louis Assn UCC

Variety of Parkway members/friends - employment issues.

Victims of Natural and Created Disasters around the world.

Peace and Justice near and far.

US Military around the globe.

St Louis Association UCC Covenant Partner

Week ending July 5 - Parkway UCC, St Louis! parkwayucc.org Week ending July 12 - Pilgrim Congregational UCC, St Louis; pilgrimucc-stl.org

Thank You from Dwight and Charlotte Smith

Thank you for all your phone calls, cards, & notes. We appreciate them greatly. You never know how much you miss church and your church friends until you can't see them anymore.

Listen Lavishly

Several of you asked for this list that was shared last Sunday. It encourages us to getting "unstuck," to know that we don't know it all, to listen lavishly, to mature and grow in our understanding and ability to build community. If these statements aren't in your vocabulary, you may want to add them.

In light of that new information, I have changed my mind.

Oh, I didn't know that before. I guess I was wrong.

From the evidence provided, it appears that I need to rethink things.

You make a strong argument. I'll consider what you've said.

I can't support my opinion. I don't know why I think that.

I never thought of it that way. Thank you. Now I will.

Give Us a Sign!

We are always eager to receive your suggestions for our sign out front! Here is a sampling of what has been out there and what is yet to come:

Nothing changes if Nothing changes

Do unto others

Wake up -The Spirit taps your shoulder whispers, shouts.

Listen to Jesus The radical Non-violent Revolutionary

Becoming More like Jesus Day by day Is our work We are Knit together In amazing ways

Are your hands clenched, open weary, generous hurt, embracing?

Give time to one another The most Precious gift

Toss tea
Fair trade coffee
Do your part
To free and be free

Do you have Bulwarks Ramparts Moats

Give a cup Of cool water To anyone Who needs it

God hems us in Behind and before

> We eat From a common bowl - the earth

In the plush grass By still waters in dark valley All the way

FIFTH SUNDAY AFTER PENTECOST

July 5, 2020

Matthew 11:16-19, 25-30

Chosen Journeys

On this day after Independence Day, we remember that as God's people, we are called to community and covenant. In short, we are called to INTERdependence over independence. One of our responsibilities and our joys as a covenant people is to face the problems in our world head on.

According to the UCC initiative "Our Faith, Our Vote" (https://www.ucc.org/ourfaithourvote), *"The problems in our world often seem too big to confront. We see injustice every day and feel that change can't or won't happen. But our faith is infused with hope and built on a foundation of action. By serving the vulnerable, feeding the hungry, and standing in solidarity with the oppressed, we serve as God's hands.

Voting is a natural extension of faithful action. The decisions made by our representatives have a wide-reaching impact. We have enormous potential to make positive change. We must engage our legislators, vote, and encourage everyone in our communities to do the same.

Our faithful voice is needed. It is tempting to disengage from the political process. As people dedicated to creating a just world for all, we know we must be involved.

Visit https://www.ucc.org/ourfaithourvote to join the Our Faith, Our Vote campaign. Discover how your congregation can participate in the electoral process through faithful, nonpartisan engagement. You can find out more about how your congregation can be legally involved in elections at: https://www.ucc.org/ourfaithourvote be-active. In addition, the United Church of Christ can help with resources on civic engagement, voter registration information, issue education, and voter mobilization.

This election season it is essential that people raise their voices and vote."

*Accessed January 2020. https://www.ucc.org/ourfaithourvote

