



BREAKING
BREAD

Sunday, April 26, 2020

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Limitless Love | Courageous Action | Spirited Inquiry

Purpose Statement

Parkway United Church of Christ strives to be an inclusive community embracing: spiritual nourishment, open—minded inquiry, courageous action, and interfaith partnerships to fulfill God's calling to create a just world for all.

Congregational Statement

Parkway United Church of Christ, with God's grace, seeks to be a congregation that includes all persons, regardless of race, ethnic, or socio—economic background while respecting differences of gender, marital status, age, sexual orientation, and mental and physical ability. We aspire to act justly, to love mercy, and to walk humbly with our God. We invite all to share in the life and leadership, ministry, fellowship, worship, sacraments, responsibilities and blessings of participation in our open and affirming congregation.

PARKWAY UNITED CHURCH of CHRIST

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Welcome

Thank you for joining us this morning. Please let us know you are here by signing a friendship card in your pew. If you are looking for a church home, please speak with us today.

Welcome Children. We invite children to full participation in worship. There are “creation bags” [with paper, crayons, colored pencils, etc.] available in the Gathering Space for the children to use. Infant/toddler care is available in Room 1. Ask an usher for directions.

Bell Rung During Lord’s Prayer, a tradition begun when farmers working in surrounding fields would stop their work and join in prayer.

A Wheelchair & Walker [and crutches!] are located in the foyer and storage closet for Sunday use. To borrow them at other times, contact the office.

Hearing Assist Units available for use during worship. Ask an usher.

Please Recycle. If you are not taking your bulletin home or sharing it with a friend, please recycle it in the labeled basket in the sanctuary or in the blue container in the Gathering Space.

Photo and Personal Privacy Policy: Photos should generally not be taken of children in church except as part of organized activities and programs, and any requests of children or their parents or guardians should be respected. Please be respectful of privacy and mindful that this is a safe and sacred space for all who enter.

Subscribe to our email lists: Text your email address to 22828 or sign up at www.parkwayucc.org

Need a clip-on name tag? Sign the clipboard in the Gathering Space.

Guest WiFi: username: parkway-guest | password: parkway2841

Communications Requests: Please use the form at www.parkwayucc.org/communications for all announcements for the bulletin/eNews/website/social media/etc. Bulletin and eNews communications request deadline is noon Tuesday. Bulletin announcements will generally be run for three weeks prior to the event. However, all announcements will be posted via our various publications as fits in our communications strategy and as resources permit.

A Thank You Gift for Visitors: Please pick up a PUCC mug today or the next time you are here. They are located on the Welcome Table just inside the front doors.

3rd Sunday of EASTER

April 26, 2020 | 9:55am

Meditation *We are now faced with the fact that tomorrow is today. We are confronted with the fierce urgency of now. In this unfolding conundrum of life and history, there 'is' such a thing as being too late. This is no time for apathy or complacency. This is a time for vigorous and positive action.*

~Rev. Dr. Martin Luther King, Jr

Announcements Let us know you are here.

Pre-service Interludes Improvisations on various hymn tunes

*Passing the Peace of Christ

"May the peace of Christ be with you."

(We are intentional about bringing more peace into the world.)

Prelude *Invention in F* (for the organ)—Flor Peters (1957)

Lighting of the Candles & Ringing of the Bell

Welcome Song #2047—*Bring Many Names* v1-2 [blue songbook]

1 Bring man - y names, beau - ti - ful and good, cel - e - brate, in
2 Strong moth - er God, work - ing night and day. plan - ning all the

par - a - ble and sto - ry, ho - li - ness in glo - ry, liv - ing, lov - ing God.
won - ders of cre - a - tion, set - ting each e - qua - tion, gen - i - us at play:

Hail and Ho - san - na! bring man - y names!
Hail and Ho - san - na, strong moth - er God!

The image shows a musical score for the song 'Bring Many Names' in 2/4 time, key of B-flat major. It consists of three staves of music with lyrics underneath. The first staff has two lines of lyrics. The second staff has two lines of lyrics. The third staff has two lines of lyrics. The music is written for a single melodic line, likely for a voice or a simple instrument.

Scripture (An interpretation of Psalm 116:1-4, 12-19)

I love the Divine because she hears my request for mercy. I will call out to her as long as I live, because she listens closely to me. I was weighed down by the systems of the society, the grief of injustice found me—I became connected with suffering and heartache. So, I called on the Divines name: Sophie, please save me!

What can I give back to the Divine for all the good things she has done for me?
 I will lift of the communal cup of wholeness. I'll call on the Divines name. I'll
 continue in relationship with the Divine in relationship with all the Divine's
 body-selves.

The loss of the Divine's authentic selves are a dear loss in her soul.

Indeed, Divine one, I am committed to you! I follow in your ways as my
 ancestors did before me—you have liberated me from patriarchy and
 colonialism.

Therefore, I offer this ritual of gratitude to you, and I'll call on the Divine's
 name. I'll continue in relationship with the Divine in relationship with all the
 Divine's body-selves, in the garden of the Divine's home which is in the center
 of my very being.

***Call to Worship**

One:	From the dust of the earth, the Holy One breathed us into life.
Many:	Through the breath of God we are all connected.
One:	Shaped in the Divine's image, we have been formed with a purpose:
Many:	To create
One:	To serve
Many:	To tend
One:	To protect
Many:	To love
One:	May the Spirit of the Living God be manifest in us
All:	Let us worship our God together—Creator, Christ and Spirit.

***Song** #473—*For the Beauty of the Earth, v1-2, 4*

For the beau-ty of the earth, For the glo-ry of the skies,
 For the won-der of each hour Of the day and of the night,
 For the joy of hu-man love, Broth-er, sis-ter, par-ent, child,

For the love which from our birth O-ver and a-round us lies,
 Hill and vale, and tree and flower, Sun and moon, and stars of light,
 Friends on earth, and friends a-bove, For all gen-tle thoughts and mild,

Refrain

Lord of all, to Thee we raise This our hymn of grate-ful praise.

*Opening Prayer

God of holy chaos, you don't protect us from getting swept up into relationships and systems and experiences that are messy, but you do promise us that you will be found in the midst of them. Help us to remember that when the world was aching, you drew nearer, putting on flesh, it was through that enfleshed reality of love, that you transformed our world. Relationship with you is not an escape—it is the hope and courage we need to dive right into the mess of things. You, O God, are enfleshed in our beautiful but aching earth, in our work for a just society, and in our efforts to love and be loved. May our prayer life be invitations into that life with you. Thanks be.

Response *O God, We've Prayed in Wind and Rain*

ST. ANNE 8.6.8.6 (*Our God, Our Help in Ages Past*)



O God, we've prayed in wind and rain,
and now we pray once more
For those who felt the hurricane,
and heard the waters roar.

We thank you, God, for acts of love
not bound by race or creed,
For hands that reach across the flood
to all who are in need.

We pray that leaders of our land
will heed creation's cry,
And bravely care and take a stand
for earth and sea and sky.

Mission Moment *Give-A-Meal Sunday—May 3*

<https://i58ministries.org/april-2020-mission-moment/>

Children's Time Children and Youth have separate Zoom gatherings now.

Blessing the Children *Weave*

Weave, weave, weave us together
Weave us together in unity and love,
Weave, weave, weave us together
Weave us together, together in love.

Scripture Luke 24:13-35 (CEB)

On that same day, two disciples were traveling to a village called Emmaus, about seven miles from Jerusalem. They were talking to each other about everything that had happened. While they were discussing these things, Jesus himself arrived and joined them on their journey. They were prevented from recognizing him.

He said to them, “What are you talking about as you walk along?” They stopped, their faces downcast.

The one named Cleopas replied, “Are you the only visitor to Jerusalem who is unaware of the things that have taken place there over the last few days?”

He said to them, “What things?”

They said to him, “The things about Jesus of Nazareth. Because of his powerful deeds and words, he was recognized by God and all the people as a prophet. But our chief priests and our leaders handed him over to be sentenced to death, and they crucified him. We had hoped he was the one who would redeem Israel. All these things happened three days ago. But there’s more: Some women from our group have left us stunned. They went to the tomb early this morning and didn’t find his body. They came to us saying that they had even seen a vision of angels who told them he is alive. Some of those who were with us went to the tomb and found things just as the women said. They didn’t see him.”

Then Jesus said to them, “You foolish people! Your dull minds keep you from believing all that the prophets talked about. Wasn’t it necessary for the Christ to suffer these things and then enter into his glory?” Then he interpreted for them the things written about himself in all the scriptures, starting with Moses and going through all the Prophets.

When they came to Emmaus, he acted as if he was going on ahead. But they urged him, saying, “Stay with us. It’s nearly evening, and the day is almost over.” So he went in to stay with them. After he took his seat at the table with them, he took the bread, blessed and broke it, and gave it to them. Their eyes were opened and they recognized him, but he disappeared from their sight. They said to each other, “Weren’t our hearts on fire when he spoke to us along the road and when he explained the scriptures for us?”

They got up right then and returned to Jerusalem. They found the eleven and their companions gathered together. They were saying to each other, “The Lord really has risen! He appeared to Simon!” Then the two disciples described what had happened along the road and how Jesus was made known to them as he broke the bread.

Moment of Silent Reflection

Sermon *Haven’t You Heard?*

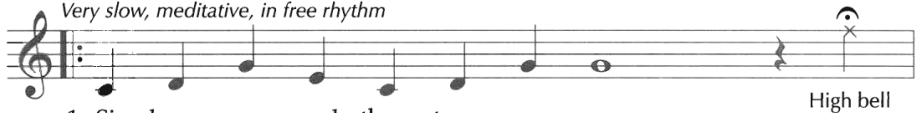
Pastoral Prayer & Prayers of the People

Lord's Prayer Enfleshed Liturgy

Mother of us all, who dwells within and beyond, Sacred is your name. May your holy vision for collective flourishing come to fruition among us. May your dreams of justice, love, compassion, and connection be enfleshed on earth. Provide us today with what we need to be nourished in body, soul, and heart. Forgive us for the harm we cause as we seek to forgive those who have harmed us. Lead us away from everything that destroys and liberate us from the hands of evil. For you are the ultimate source of hope. Your “power-with” exceeds all “power-over.” Your presence incites eternal wonder. All praise to you, our comfort and strength. Amen.

Song *Silence My Soul*

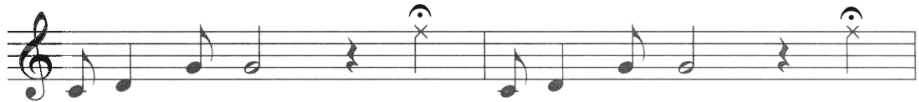
Very slow, meditative, in free rhythm



1 Si - lence my soul these trees are prayers
2 Si - lence my soul the sun is prayer
3 Si - lence my soul the moon is prayer
4 Si - lence my soul the earth is prayer



Si - lence my soul these trees are prayers
Si - lence my soul the sun is prayer
Si - lence my soul the moon is prayer
Si - lence my soul the earth is prayer



I asked the tree
I asked the sun
I asked the moon
I asked the earth

I asked the tree
I asked the sun
I asked the moon
I asked the earth



Tell me a-bout God
Tell me a-bout God
Tell me a-bout God
Tell me a-bout God

Tell me a-bout God
Tell me a-bout God
Tell me a-bout God
Tell me a-bout God



Then it blos - somed
Then it shined
Then it glowed
Then it gave life

Gong

Offering Our Gifts to God

Offering Interlude

People Need the Lord—arr. Phil McHugh and Greg Nelson

*Response #525—Here I Am Lord v.3 [red hymnal]

The musical score is written for a single melodic line in treble clef with a key signature of one sharp (F#). The tempo and mood are indicated by the notation style, which is typical of a hymn. The lyrics are written below the notes, with some words hyphenated across lines. The score includes a 'Refrain' section and ends with a 'Fine' marking.

I, the Lord of wind and flame, I will tend the poor and lame.
I will set a feast for them, My hand will save.
Fin-est bread I will pro-vide Till their hearts be sat - is - fied.
I will give My life to them. Whom shall I send?

Refrain
Here I am, Lord. Is it I, Lord? I have
heard You call-ing in the night I will
go, Lord, if You lead me. I will hold Your
peo - ple in my heart. *Fine*

*Prayer of Dedication

Beloved One, we give you thanks for all the prophets who bring truth to the surface. Help us to linger in their wisdom, even when we are uncomfortable. Give us the courage to listen with hearts open to transformation. Give us the strength to tell the story of us through the radical love of Christ. And give us the faith to live in solidarity with all who abide in the shadow of death. Amen.

***Song of Parting** *We Were Born Out of the Waters*

NETTLETON 8.7.8.7 D (Come, Thou Fount of Every Blessing)



We were born out of the waters that give life to all the earth.
We were made God's sons and daughters at the font of our rebirth.
Every day, God's waters bless us! We are nourished and renewed;
For the waters that surround us give us life and health and food.

Just as rivers join each other, all creation joins in song.
All of nature works together, bold and beautiful and strong.
Fish that fill a flowing river, springs of water from below
Daily point us to the Giver from whom blessings overflow.

God, we hear the troubling thunder of the shouts of "Profit first!"
Land and streams are torn asunder till creation cries in thirst. God,
we thirst for healthy waters and for justice for the land,
As your faithful sons and daughters, may we rise to take a stand.

God who made the whole creation, with its rivers, fields and
streams, You have given us a vision of what caring for them means.
May we care for all your waters, for your land, for sky above; May
we serve you as protectors of this world that you so love.

***Benediction**

God who feels, God who pays attention, God who formed webs of
life entangled, Help me to notice today...To notice my body—what
it's telling me it needs and wants. To notice my neighbors—who
they are and how they are. To notice the creatures and creations
around me—each as a valuable life of their own.

You know my limitations—what is enough or too much. To be
aware of at once. To connect with. To feel. To hold.

Do not allow me to rush pass what needs or deserves my attention.
Neither let me be overwhelmed by trying to bear more than my
share.

Just help me to be alive to what is, alive to you within and around.

***God's Light Goes Forth**

***Music for Going Forth** *Sound the Trumpet!*—Humphrey Turner

Announcements

Contribution Statements for the 1st quarter of 2020 were sent this past week. Please check your email for this information. If you are not set up for email communications, the statement will be sent to you via USPS. Please consider sending your email address to Kathy@parkwayucc.org to receive statements through email, and to save the cost of mailing.

Alzheimer's News There is much new research to report. One such study is looking at the Glia cells in our brain which can remove amyloid-beta and tau tangles, but sometimes cause damage and inflammation. In Australia, ultra sound has been used to clear amyloid plaque. There has also been auditory/visual stimulation in MIT research to clear amyloid. Some drugs improve symptoms. Cholinesterase Inhibitors known as Exelon and Razadyne can help with symptoms for people with mild to moderate Alzheimer's. Aricept can help with all stage symptoms. Namenda can help with moderate to severe stage symptoms, as can Namzaric which is a combination of Aricept and Namenda. The large U.S. Pointer 2-year clinical trial currently underway is evaluating whether lifestyle interventions (eating a nutritionally balanced diet, not smoking, getting regular exercise and cognitive stimulation) can protect cognitive function. And, a new study is evaluating how amyloid beta is regulated by our sleep cycle and the circadian rhythm.

Petition for Alex Garcia

Some of you know Alex Garcia and his family here in St Louis. Some of you have met him and/or attended fundraisers for him, purchased gifts for him and his family or have written letters on his behalf. He continues in Sanctuary at Christ UCC, Maplewood.

Alex Garcia has been living in sanctuary for over 900 days. People in power continue to tell this family to wait. They have waited long enough. This family—like all families—belong together!

If you aren't familiar with the Garcias and/or want to refresh your memory, please visit the 'LEARN ABOUT ALEX and/or SIGN THE LETTER' link below.

Alex's Team is asking for help in reaching 1,000 signatures on a letter to ICE (U.S. Immigration and Customs Enforcement) in the next 3 days!

Please contact Jan Roddy, Christ Church Immigration Justice Team jroddy@siu.edu, 314-703-4203 for a link to the letter or more information.

Letter sent to congregation: <https://conta.cc/2wYtitm>

Prayer List

as of April 22, 2020

Celebrations

Laura & Phil Waite... big brothers Henry, Oscar and Felix.

Ramadan Mubarak to our Muslim family and friends!

All the acts of kindness that are happening near and far!

Concerns

Cherie Stolze - ongoing health issues; navigating medications/fatigue.

Olivia Landowski - WI firefighter, positive for Covid-19 (Emma's sis).

Randal Barnes - receiving hospice care (Steve's brother).

Ken and Rose - as they await nursing home placement for him (Peace).

Family/Friends of **Peggy Gundlach** - grieving/giving thanks (Svenson).

Bill McMahon - cancer; removal of lung later this month (Svenson).

Janet Regan - near death with the corona virus (McKenzie).

Healthcare workers, homeless and many others at risk right now.

Social Distancing... if anyone needs groceries, medicine and/or other support, please reach out to kevin@parkwayucc.org; 314-330-0629

[If you'd like to be on the **Spring Care Team 2020**, please say so.]

People who are struggling with their mental health.

E-Learning for students, educators and parents.

People who aren't feeling safe at home but are remaining there.

The people of Nova Scotia as they grieve after a mass shooting.

Individuals in all levels of leadership as they make decisions today.

Continuing

Dwight & Charlotte Smith - he's in skilled nursing facility right now.

Mike Mohl - several broken ribs after fall; multiple myeloma struggles.

Paul/Sue Stohr - healing after his stroke; making progress at home.

Lori Connors - for strength, stamina through some health challenges.

Ruth Peace, Mary Whitney, Pinky Wilcoxon - health challenges.

Bill Darland - ongoing health issues.

Sister Mary Kay McKenzie - for health/wholeness (Tom's sister).

Nelson Spencer - began chemo treatments on March 30 (Svenson).

Pat Purdy - healing of unknown illness... not COVID-19 (Connors).

Chuck Miller and family - as he lives with cancer (William Tharp).

Alan Nichols - treatments for multiple myeloma; less pain (Pleis).

Tina - undergoing tests for cancer; crafting a treatment plan (Scharf).

Anthony - multiple challenges as he lives his post-incarceration life.

Martha - receiving treatment for leukemia (sister of Mary Lynn Dario).

Gary - risky behaviors; seeking balance and stability (McKenzie).

Grateful Tran - in prison; struggles w/schizophrenia (Evelyn Buretta)

Bob - still struggling with Parkinson's (McKenzie).

Christopher, Gail & Bill Haack - chronic health challenges.

The extended Eggebrecht Family - healing and wholeness.

More Anti-LGBTQIA legislation being considered/debated in MO.

The United Methodist Church and our LGBTQIA siblings there.

Pregnancy

Rosanna & Kevin Hogarty will be first time grandparents mid-May.
Laura & Phil Waite... pending big brothers Henry, Oscar and Felix.

Home/Care Facility/Rehab Center

Millicent Guerri - living with cancer... 14300 Conway Meadows Ct E, Chesterfield, MO 63017 [birthdate: December 5]

Georgia Herpel - *Cedarhurst*: 12826 Daylight Cir, St. Louis, MO 63131

Marv Herpel - *Brookdale West County*; 785 Henry Ave, #217;

Ballwin, MO 63021; 636-227-5838 [birthdate: March 3]

Ruth Murray - *Villages of St Peters Memory Care*:

5300 Executive Centre Pkwy, #107; St. Peters, MO 63376; 636-477-6955.

[birthdate: September 11] Best times to visit – before 11am or after 2pm.

Pearl Sellenriek - *Friendship Village Care Center*; #725-2

15201 Olive Blvd, Chesterfield, MO 63017 [birthdate: March 31]

Dwight Smith - *Manor Grove*; 711 S Kirkwood Rd; Kirkwood, MO 63122;

314-965-0864 [birthdate: September 6]

Ellen Surber - *Delmar Gardens*: 14855 N Outer 40 Road, #508;

Chesterfield, MO 63017 (Lisa Davidson's mom) [birthdate: November 3]

Sue Houser - *Bethany Ctr for Rehab & Healing*; 421 Ocala Dr - #209B;

Nashville, TN 37211; 615-577-2049. [birthdate: July 8]

Other

Dan Connors - completed writing a novel... taking next steps.

President Trump, Congress, all local, national, world leaders.

The “me too” Movement - shining a light on sexual abuse.

Healing of relationships between police and the public.

All people who live with mental illness.

PUCC Family (and others) struggling with healthcare costs and limits.

Our Missouri Mid-South Conference and St Louis Assn UCC

Variety of Parkway members/friends - employment issues.

Victims of Natural and Created Disasters around the world.

Peace and Justice near and far.

US Military around the globe.

St Louis Assn UCC Covenant Partner

Week ending April 19 - **First Congregational UCC**, Memphis;
firstcongo.com

Week ending April 26 - **Grace UCC**, St Louis; graceuccstl.org

Anniversaries

4/25 WAITE, Phil & Laura (11)

4/30 SCHRENKER, Rick & Cheryl (37)

5/2 STOHR, Sue & Paul (49)

Birthdays

4/29 DOWNING, Meredith

4/29 REED, Atticus

4/29 WATSON, Julia (17)

5/1 WADDELL, Amber

5/2 CRAWFORD, Amanda

THIRD SUNDAY OF EASTER

April 26, 2020

Luke 24:13-35

Breaking Bread

Pacific Islander and Asian American Ministries Sunday

"My name is Cleopas. I'm like lots of other disciples whose names are mostly forgotten. But, just like the more memorable followers, we believed in Jesus. He healed us and loved us. And then, just when we thought everything was going as well as it could go, something terrible happened. We were heartbroken. And with loss and that grief came fear for us, too, so we knew we had to get out of town.

As we were on the road, walking and talking and trying to make sense of it, a man came up to us and asked what we were talking about. I don't know about you, but when I'm afraid, and when I'm sad, it seems like my loss is all there is in the world. But we told him the story about how our friend Jesus had died, how his body had gone missing, and how very sad we were. The stranger looked at us so gently that we should have known him right then, but we didn't. And he spoke so kindly, saying, "Don't you remember what it said in the scriptures?" Then the stranger reminded us of the old, old stories because we had forgotten, because our grief had made our world so small, because our fear had made it so hard to remember or look back.

As he spoke, it was like my heart, which was hard and covered with some strong thing, burst open just a little bit. I don't know what to call it, but it felt a little bit like hope. So, we continued on the road. As it began to get dark as we got near the place where we lived, Emmaus. We invited him in and sat around the table and after a time, that stranger took up the bread and he blessed it. That's when we saw him. That's when we realized he had been with us all the time, but our fear had kept us from seeing. It was really him all right! It was Jesus!

And just like that, he was gone. But not exactly. He's still here, because I don't forget the time that we walked on the road. I don't forget that in the time when I thought there was no hope left, a man came and spoke some words to me that cracked my heart open and lit a fire inside.

Why didn't we recognize him at first? Well, he had changed. He changed and we had too. We had changed and gotten smaller. We thought that because he had touched us, had healed us, had spoken with us, had loved us, that he belonged just to us. But we were wrong.

Jesus came wearing a face and a shape we didn't expect and so we didn't recognize him. And you know what? He hasn't stopped doing that for any of us! Listen. If there's anything I want you to know from that day, where we walked on the road and we met a stranger, and that stranger was Christ, it's this: Jesus doesn't belong to any of us, not to our time, not to our place, not to our beliefs, not to our people. He's so much bigger than that. Someday, when the world seems dark, and all you can see are the shadows and all you can feel is the fear, that's the day to open your door to a stranger and say, 'Come in. Come in, and eat with me.'"



8 1/2" x 11" UCC SUNDAY BULLETIN SERVICE

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